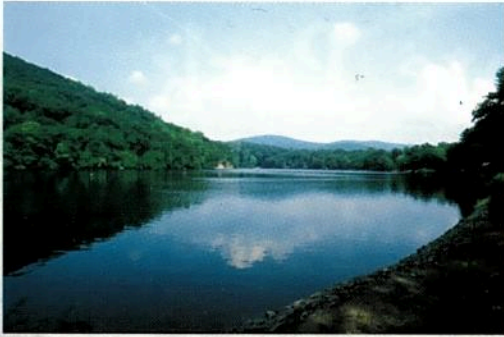


SUGGESTED HIKES

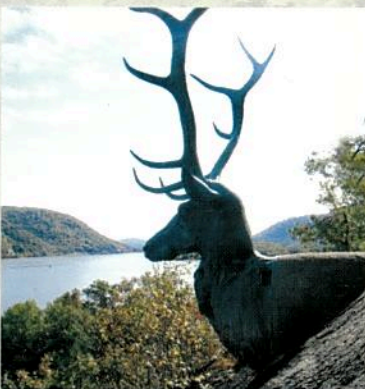
A HESSIAN LAKE LOOP (Easy) Those looking for an easy stroll can walk the **1.5 mile** paved path around Hessian Lake beginning and ending adjacent to the Bear Mountain Inn (the "Inn").



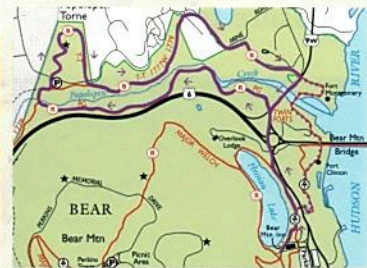
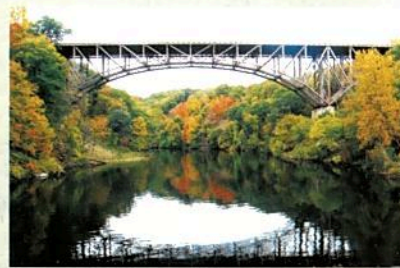
B FORT MONTGOMERY (Difficult) This scenic and historic hike begins on the Appalachian Trail (AT) (white) on a paved road behind the Inn and follows the road past Hessian Lake until it turns right joining with the 1777E Trail (red) to go through a tunnel beneath Route 9W, past the Pool, and left through the entrance to the Triltside Museums and Zoo. Continue on the Trails past the majestic statue of Walt Whitman, animal cages, the Museum buildings, and the remains of the Fort Clinton redoubt. The 1777E Trail ends in the Zoo and the AT leaves at the History Museum building. The Popolopen Creek Trail (blue stripes on grey) begins around the right side of this building down a flight of natural stone stairs leading to a "steep and rugged" route and over a footbridge spanning the mouth of Popolopen Creek. Continuing up a rise on the Trail leads to the remains of Fort Montgomery. Returning to the Inn by reversing the route is a r/t **3.5 mile** hike or **2.4 miles** via the shoulder of Route 9W south through the traffic circle and along the east side of Hessian Lake.



C BEAR MOUNTAIN DOCK (Easy) A right turn at the Zoo entrance (see below) and a short **1 mile** r/t walk down the path past the beautiful Elk's Head Statue ends at the Bear Mountain Dock. This area provides picnicking, fishing, and views of the Hudson River vista, and Iona Island.

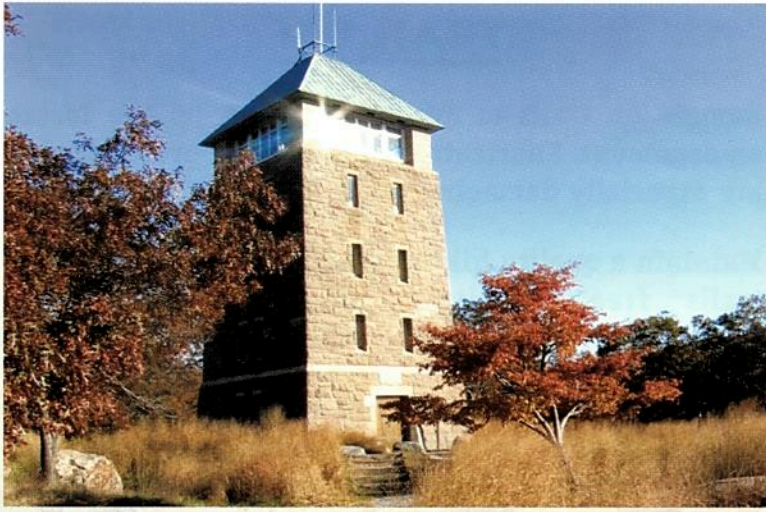


D POPOLOPEN TORNE (Challenging) A more demanding hike can be achieved either as a continuation of the Fort Montgomery hike across Route 9W or directly from the Inn north along Hessian Lake through the traffic circle and along the west side of Route 9W, accessing the Popolopen Gorge (PG) Trail (red dot on White) just south of the Viaduct. The Trail offers outstanding views of the Gorge, while ascending to and following the Bear Mountain Aqueduct until it joins the Timp-Torne (T-T) (blue) and the two Revolutionary Trails. Turning right, follow the T-T Trail, leaving the Revolutionary Trails, as it climbs 500 feet to the summit of the Popolopen Torne for panoramic views to the southeast and the north. The T-T descends and rejoins the Revolutionary Trails with the combined Trails continuing to the left along the West Point Aqueduct to the junction with Route 9W at the north end of the Viaduct. Return to the Inn via the direct roadway route. A hike incorporating the Fort Montgomery route is **6.3 miles** r/t, while one via the roadways both ways is **4.8 miles** r/t.



E POPOLOPEN GORGE/QUEENSBORO LAKE (Challenging) Following the route described above along the Popolopen Gorge (PG) Trail (red dot on white) via the direct roadway access provides the opportunity to enjoy a **6.5 mile** loop that covers a variety of terrain and scenery. From the junction of the PG with the Timp-Torne (T-T)(blue) (and the 1777W and 1779 Trails) bear left on the combined Trails to a split to the right for a short walk along the PG/1779 Trail where a number of spots are available for lunch. Return to the dividing point and continue on the T-T/1777W Trail to the right, cross the Palisades Interstate Parkway, and stay to the left on the 1777W Trail (red) as the T-T leaves to the right. Follow the 1777W Trail, crossing the Appalachian Trail (AT) (white), make a left turn on the Suffern-Bear Mountain Trail (S-BM)(yellow), and go back to the Inn to complete the loop.



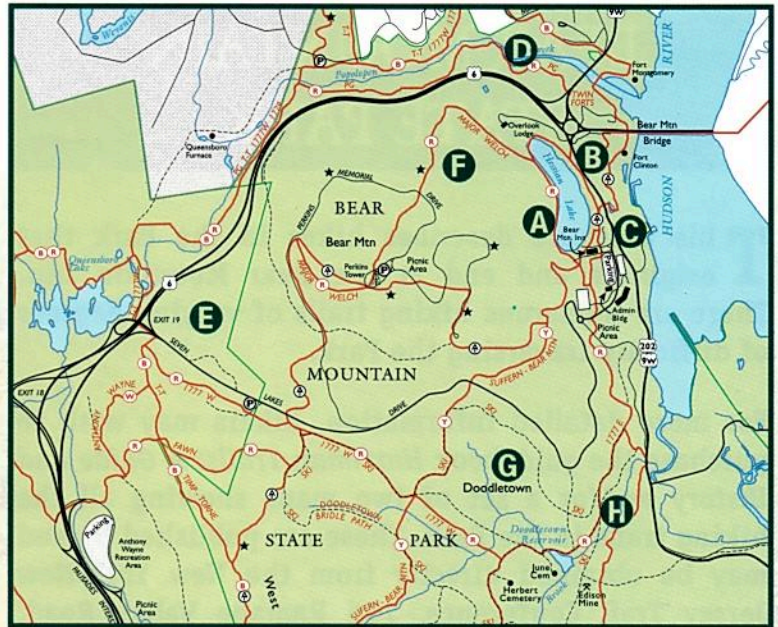
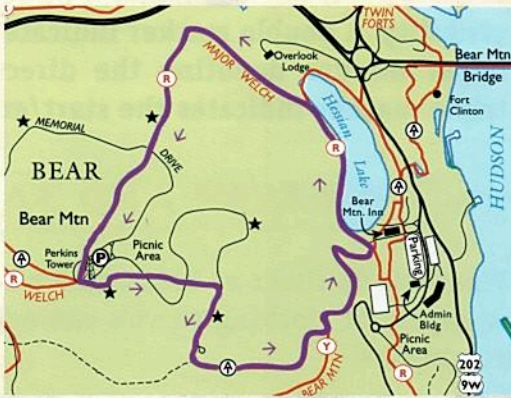


F PERKINS MEMORIAL TOWER

(Challenging)

This 3.9 mile loop hike begins on the Major Welch (MW) Trail (red on white), named for the first General Manager of PIPC, behind the Inn and follows the paved path north along the west side of Hessian Lake. The Trail turns left near the north end of

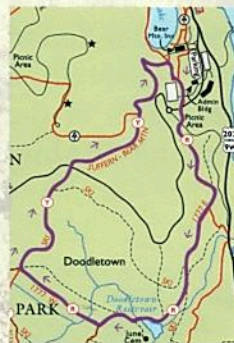
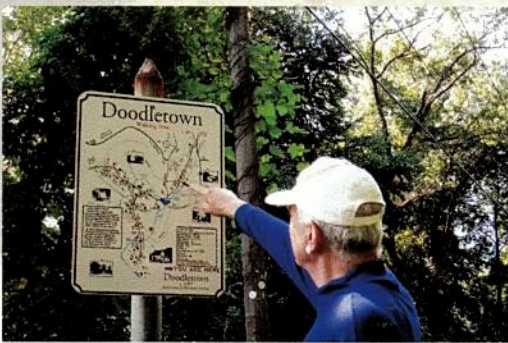
the Lake and goes uphill passing the covered Bear Mountain Reservoir on the hillside to the left. At about 1 mile from the Inn the MW turns sharply left and climbs steeply 900 feet to the 1305 foot summit of Bear Mountain, providing good views of the Hudson River enroute, and passing Perkins Memorial Tower at the summit before crossing the Appalachian Trail (AT)(white). Turn left on to the AT, go downhill, cross Memorial Drive twice until the AT turns right on to the Drive for a short distance and then left off the Drive. The AT then joins the Suffern-Bear Mountain Trail (S-BM)(yellow) and the two run together back to the Inn.



H BALD MOUNTAIN

(Challenging)

This 6.8 mile loop hike starts on the Cornell Mine (CM) Trail (blue) at the rear of the Inn going to the left in combination with the 1777E Trail (red) until it goes sharply left, descends to Route 9W, and then climbs nearly 1000 feet to reach the summit of Bald Mountain. A broad expanse of the Hudson River Valley and the Bear Mountain region are visible from the summit. Turn right at the junction with the Ramapo-Dunderberg (R-D) Trail (red on white) on Bald Mountain, passing the Cornell Mine to the right, and enjoying unparalleled views while descending to the junction with the 1777 Trail (red on white) (continuing for 0.5 miles on the R-D) will take the hiker to the summit of the Timp). Go north on the 1777 Trail through the remains of Doodletown, bearing right at the Y onto the 1777E Trail (red) following the route of the British troops that attacked Fort Clinton. Take the 1777E Trail north to the CM Trail and back to the Inn.



G DOODLETOWN

(Difficult)

The picturesque valley housing the remains of the hamlet of Doodletown can be reached via the 1777E Trail (red) starting at the rear of the Inn and going left on the paved path past the Merry-Go-Round, Ice Skating Rink, south parking lot, and then through two tunnels. It briefly joins the Doodletown Bridle Path and then Doodletown Road before reaching the Y-junction with the 1777 and 1777W Trails. A 0.5 mile walk on the 1777W Trail (red) reaches the Suffern-Bear Mountain (S-BM) Trail (yellow). Make a right turn on to the S-BM and follow it as it climbs the shoulder of Bear Mountain. The Appalachian Trail (AT) (white) joins the S-BM from the left and the combined Trail descends to the Inn, in part following a path that goes under the old ski jump. This loop hike is 3.8 miles long without side trips along the roadways that traverse Doodletown.

