

THINGS TO DO, PLACES TO GO! New York's Hudson Valley, East of the River

MAY 2024

Clarence Fahnestock
Memorial State Park



New York State
Parks, Recreation and
Historic Preservation

parks.ny.gov

I LOVE
MY PARK
days



Pinkster Festival, Philipse Manor Hall



John Jay Homestead

FARM MARKET
OPENING DAY SATURDAY MAY 4



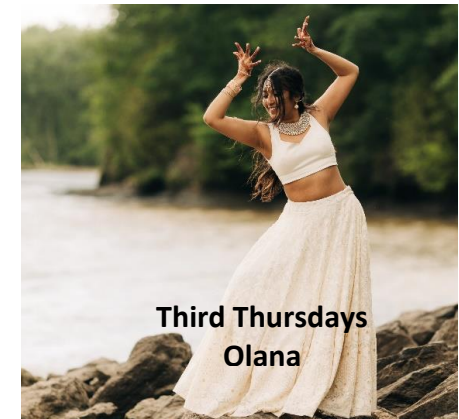
Peony Celebration
Rockefeller



Tales of the Titanic, Staatsburgh SHS



Bannerman Island Tours



Third Thursdays
Olana

TACONIC REGION; COLUMBIA, DUTCHESS, PUTNAM AND WESTCHESTER COUNTIES

PUTNAM COUNTY

HUDSON HIGHLANDS STATE PARK PRESERVE

NATURE

I LOVE
MY PARK
days

I Love My Park Day at Little Stony Point
Saturday, May 4 @ 9:00 am – 12:00pm

Little Stony Point Citizens Association is a proud participant in I Love My Park Day. Help make this Hudson River Coast Line the most pristine and welcoming in the lower Hudson Valley. We will be picking up litter on the beaches and

doing trail maintenance around Little Stony Point. T-shirts will be available to volunteers. Ideal event for teens, families, corporate volunteers and scout groups. FREE & OPEN TO THE PUBLIC


CLARENCE FAHNESTOCK MEMORIAL STATE PARK

NATURE
**I Love My Park Day at Hubbard Lodge****Saturday, May 4 @ 9:00 am – 12:00pm**

Meet at the patio overlooking the Hubbard Lodge Butterfly Garden at 2920 US RT. 9 in Cold Spring to clean up and prepare for replanting the native perennial beds. Bring garden forks, rakes, hoes and spades. Wear long sleeves, sun hat, garden gloves and sturdy work boots. Appropriate for ages 13 and up.


DUTCHESS COUNTY

WALKWAY OVER THE HUDSON STATE HISTORIC PARK // 845.834.2867

NATURE

HERITAGE
**I Love My Park Day****Saturday, May 4 – 9 a.m. – 12 p.m.****Walkway Over the Hudson – Either Entrance**

On I Love My Park Day – Saturday, May 4 – folks from around the community are invited to volunteer in Walkway Over the Hudson State Historic Park and make a difference! Our friends with the New York State Office of Parks, Recreation, and Historic Preservation are seeking help with general beautification around the Walkway. All are welcome.

**Hudson Valley Marathon at Walkway Over the Hudson****Sunday, May 5 – 5 a.m. – 1 p.m.**

Walkway Over the Hudson West (Highland) Entrance Alpha Win is proud to present the Hudson Valley Marathon at the Walkway Over the Hudson! With a breathtaking run over the Hudson River, you'll get to see beautiful views of

the scenic and historic area from the Catskills all the way to the Hudson Highlands. Just a short walk from the Metro North train station in Poughkeepsie, the Hudson Valley Marathon is the perfect weekend getaway, and now a Boston Marathon qualifier!

For complete information and to register, visit hudsonvalleymarathon.com

**Pride In The Sky****Friday, May 17 – 6-10 p.m.**

Walkway Over the Hudson – Either Entrance The Friends of the Walkway nonprofit organization, in partnership with Big Gay Hudson Valley, will host Pride In The Sky, the first-ever nighttime LGBTQ+ pride celebration on Walkway Over the Hudson State Historic Park on Friday, May 17 from 6-10

p.m. Rain date is Saturday, May 18. Free Admission. For complete information and to register, visit BigGayHudsonValley.com

**Walkway Talks: Fire On The Bridge – 50 Years Later****Sunday, May 19 – 2:30-3:30 p.m.****Walkway Over the Hudson – East Gate Plaza (Poughkeepsie)**

This “Fire on the Bridge” presentation looks at the origins of the Poughkeepsie-Highland Railroad Bridge and continues exploring its history until the fire of May 8th, 1974. We will venture to share the “Fire on the Bridge” experience through the eyes of some of the firefighters who attended the fire and locals who were at the scene. Without these historical events, perhaps we would not have our beautiful Walkway Over the Hudson. This event is free to attend and open to all.



Yoga At The Walkway

Wednesday, May 22 – 4-5 p.m.

Walkway Over the Hudson – Ulster Welcome Center Plaza (Highland)

All are invited to enjoy an hour-long yoga and meditation session adjacent to Walkway Over the Hudson at the Ulster Welcome Center Plaza in Highland (87 Haviland Road) from 4-5 p.m. Led by Stephany Conte of Mars & Moon LLC, this event is free to attend and open to all skill levels and abilities. No RSVP required. Wear appropriate clothing, and feel free to bring your own yoga mat. For questions, contact Denise Murtagh at 845-834-2867.



Mayfest Farmers and Makers Market

Friday, May 25, Saturday, May 26 – 12-5 p.m.

Monday, May 27 – 11-4 p.m.

Walkway Over the Hudson West (Highland) Entrance

The Mayfest Farmers and Makers Market brings a curated selection of the Hudson Valley's finest producers – farms, distilleries, breweries, wineries, restaurants, artists, artisans, and more – to the Hudson Valley Rail Trail and west approach to Walkway Over the Hudson State Historic Park. More than 180 vendors will exhibit their wares for purchase, with many agribusinesses offering free samples or tastings. Tickets cost \$5 per day. Walkway members receive complimentary admission. For complete information; walkway.org/mayfest



Memorial Day Sunset Flag Changing Ceremony

Monday, May 27 – 7:30-8 p.m.

Ulster Welcome Center Plaza (Highland)

The American Legion Post 739 organize and present monthly Flag Changing Ceremonies on the Walkway to honor our region's veterans and their service to our country. These events are open to all who wish to attend. The most special flag changing ceremony takes place on Sunday, May 27 in honor of Memorial Day. Dutchess County Executive Sue Serino and Ulster County Executive Jen Metzger join with veterans affairs leaders and local VFW members for a moving sunset ceremony that also includes a four-gun salute, the playing of Taps, local artists performing God Bless America, and a carnation toss into the Hudson River. This special sunset ceremony begins promptly at 7:30 p.m. and lasts approximately 30 minutes.



FREE CONCERTS Walkway West (Highland side).

Tuesdays and Thursdays, 6-7pm

Back for our 3rd season, Twilight Music in the Parks brings Hudson Valley musicians every Tuesday and Thursday nights beginning May 28. Bring friends, family and lawn chairs for a fun, musical evening.

MILLS-NORRIE STATE PARK // 845.889.4646

MARINA OPENS MAY 1

CAMPING OPENS 4/28

GOLF COURSE IS OPEN



Saturday, May 4 @ 10:00 am - 1:00 pm

I Love My Park Day

Join the Calvert Vaux Preservation Alliance for "I Love My Park Day" on Saturday, May 4 and help us clean up and beautify the area around Hoyt House and Hoyt bridge approaches at Mills-Norrie State Park. All ages welcome, appropriate for ages 13 and up. Meet at the 4-way intersection at Mills, follow signs for parking. Bring bug spray, sunblock, gloves and clippers/pruners. To RSVP: ptny.org/events/i-love-my-park-day



**May 2 – 31 Thursday through Sunday
and Memorial Day, Monday May 27**

Mansion Tours

Mansion tours by advance reservation only. See the magnificent Gilded Age home of Ruth Livingston Mills, decorated with its original furnishings.

Reservations required: <https://Bookeo.com/StaatsburghSHS>

Cost: \$10/Adults, \$8/Seniors & Students, Children 12 & under are free



May 4 & 18: 10am

Guided Hike: History Hidden in the Woods

Have you ever wondered what some of the ruins within Mills-Norrie State Park might be? The beautiful park land was once the setting for grand Hudson Riverfront estates. This 90-minute guided hike will lead visitors through the park, exploring the history of three historic estates: from Staatsburgh's founding as a gentleman's farm in the 1700s to the development of The Point and Stonehurst

estates in the 19th century. The hike is approximately 1.5 miles of uneven terrain, requiring sturdy footwear.

Cost: free. Reservations required: <https://Bookeo.com/StaatsburghSHS>



May 4, 5, 11, 25: 2pm and May 18: 11am

Tales of the Titanic

Mark the 112th anniversary of the sinking by touring the home of Titanic ticket holders, Ogden and Ruth Mills. Hear tales of the Titanic's tragic voyage as a costumed interpreter points out the remarkable similarities between the Titanic's

interiors and Staatsburgh's rooms. **Cost: \$12/Adults, \$10/Seniors & Students, Children 12 & under are free.**

Reservations required: <https://Bookeo.com/StaatsburghSHS>



May 4: 10am – 1pm

I Love My Park Day

Volunteer to help with an outdoor project in the mansion's beautiful historic landscape. Lunch will be provided for volunteers, courtesy of The Friends of Mills at Staatsburgh For ages 13 and up. For more information call (845) 889-

8851; to register: www.ptny.org/ilovemypark **Cost: free**



May 5, 19, 26: 9am

Birding Walk at Staatsburgh

Staatsburgh State Historic Site and the surrounding Mills-Norrie State Park possess a great variety of environments in close proximity, an ideal setting for birding. Experienced birders will enjoy a walk through several interesting environments, inexperienced birders will find encouragement and a helping hand, and newbies will be able to discuss equipment, apps, and techniques. We will also be on the lookout for the many wildflowers that bloom in the park.

Volunteer walk leader David Lund has been birding Mills-Norrie State Park daily for the last 35 years.

Cost: free. Reservations required: <https://Bookeo.com/StaatsburghSHS>



May 11 & 25: 10am

Staatsburgh Village Walking Tour

This 90-minute walk in the village of Staatsburgh will explore the estate's close relationship with the nearby village and its connection to the Mills family. A guide will discuss historic buildings and highlight hidden locations in the village that demonstrate Staatsburgh's vibrant past and the lasting legacy of Ruth and Ogden Mills beyond the estate walls. **Cost: free.**

Reservations required: <https://Bookeo.com/StaatsburghSHS>



May 12, 19, 26: 2pm

The REAL Gilded Age: America's Elite in the Downton Abbey Era

This tour highlights the real-life characters and themes at Staatsburgh that parallel *Downton Abbey* and HBO's *The Gilded Age*. Led by a costumed interpreter, the tour shows how the Mills family and their servants conducted a busy weekend of high society entertaining, comparing Staatsburgh to what viewers saw on TV.

Reservations required: <https://Bookeo.com/StaatsburghSHS>

Cost: \$12/Adults, \$10/Seniors & Students, Children 12 & under are free



May 18: 2pm and May 25: 11am

A Closer Look: A Curator-Guided Exploration of the Hidden & Hard-to-See

In this special 90-minute tour, Staatsburgh's curator, Maria Reynolds, will focus on a selection of objects that are not easily seen on tour, or which tell a special story. This version of the tour will focus on all things France including the French objects, furniture, and architecture in the house.

Reservations required: <https://Bookeo.com/StaatsburghSHS>

Cost: \$12/Adults, \$10/Seniors & Students, Children 12 & under are free



Explore Staatsburgh's beautiful grounds along the Hudson River self-guided walking tour

BANNERMAN CASTLE TRUST // 845.831.6346

ARTS

FAMILY

HERITAGE

NATURE



May 1st

Book a Hudson River Tour to Bannerman Island in May 2024!

Book a magnificent Spring cruise in the Hudson River Highlands to

Bannerman's Island on the Estuary Steward Tour Boat from the Beacon

Institute Dock on the Beacon waterfront across from the Train Station at 2 Red

Flynn Drive, Beacon, NY. Enjoy a guided, or self-guided tour of the island. Visit the historic Bannerman Castle ruins and gardens and explore the original Bannerman residence, now a museum. For tickets visit: <https://bannermancastle.org/tours-events/bannerman-island-tour/>

May 1 – June 2, Art Exhibitions at Bannerman Island Gallery, 150 Main Street, Beacon, NY.

Main Gallery - JOHN FLEMING GOULD (1906-1996) Artist and Illustrator, Historic Hudson River Valley

Paintings, Watercolors, Pastels, Drawings and Prints. Mr. Gould's famous drawing of Bannerman Island and

Castle inspired Bannerman Castle Trust Executive Director Neil Caplan to start preservation efforts on Bannerman Island. **West Wall Exhibition - Virginia Donovan (Paintings), Mary Ann Glass (Photo- Mixed Media)**. Ongoing show featuring Hudson Valley Paintings & Photography. Proceeds support preservation projects on Bannerman's Island! Gallery Hours: Saturdays & Sundays, Noon – 5:00pm, weekdays by chance and appointment. Contact: bannermangallery150@aol.com.



Friday, May 17

Movie Night on Bannerman's Island! Take a sunset cruise and tour to Bannerman's Island and join us for the 1942 classic romantic thriller **CASABLANCA**.

For tickets visit: <https://bannermancastle.org/tours-events/bannerman-island-tour/>



Sunday, May 19th

Bannerman Castle Trust's Third Sunday Music Concert Series presents Singer/Songwriter **Paul Spring** on Bannerman's Island. Concert is FREE for visitors taking the 11:00am and 12:30pm tours! For tickets

visit: <https://bannermancastle.org/tours-events/bannerman-island-tour/>



Saturday, May 25th

The BCT's presents their Annual Titanic First Class Dinner Event. Designed by Chef Noah Sheetz, this dinner replicates the final **11 course meal** that took place on the **RMS Titanic** on that fateful night - a wonderful event for folks who have a "history bent" or for foodies looking to experience a unique and fabulous meal. For tickets visit: <https://bannermancastle.org/tours-events/bannerman-island-tour/>

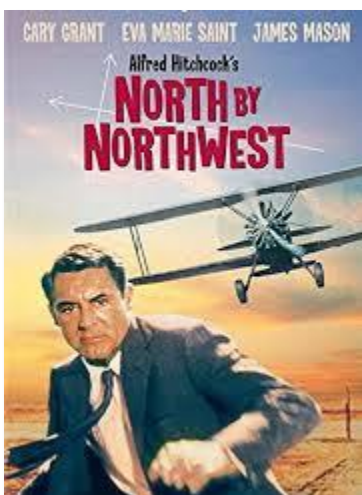


Friday, May 31st

Bannerman Island Paint-Out!

40 Professional Artists paint the Sunset on Bannerman's Island. Artists work Friday afternoon - evening. An art exhibition featuring the newly created works of art will be on view at the Bannerman Island Gallery located at 150 Main Street in Beacon, NY from June 8 - August 4. All works of art will be for

sale. Proceeds help restoration projects on Bannerman's Island. Contact: bannermangallery150@aol.com for more information.



Friday, May 31st

Movie Night on Bannerman's Island!

Take a sunset cruise and tour to Bannerman's Island and join us for Alfred Hitchcock's 1959 film **NORTH BY NORTHWEST**. For tickets visit: [Bannerman Island Cruise & Walking Tour - Beacon, NY | Bannerman Castle](#)

COLUMBIA COUNTY

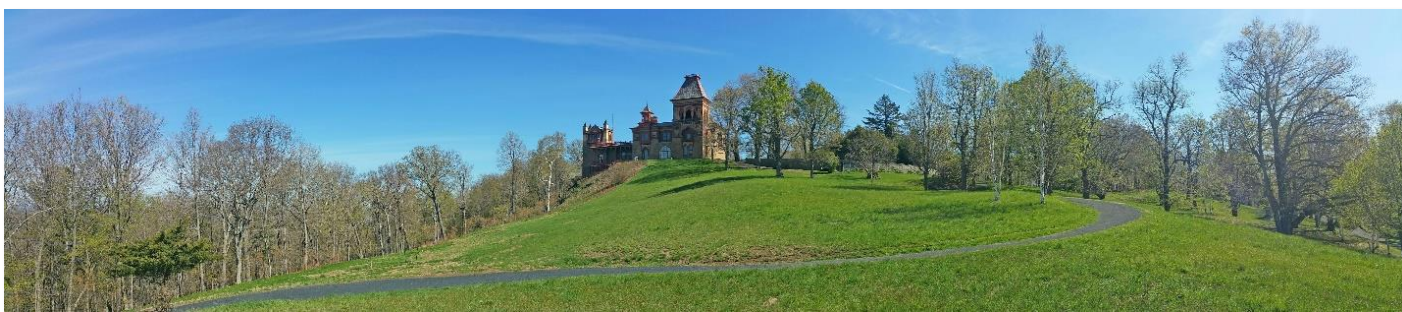
OLANA STATE HISTORIC SITE // 518.751.0344

HERITAGE

ARTS

FAMILY

NATURE



ONGOING

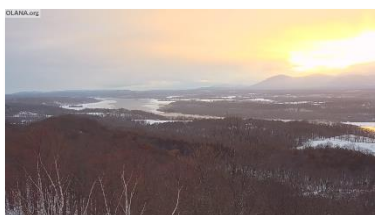
Photo: The Olana Partnership

OLANA OUTDOOR + INDOOR TOURS

Olana State Historic Site's 250-acre landscape is free and open to all, every day from 8:00 AM to sunset. Tours of the historic landscape and main house are offered Friday-Sunday from 10:30 AM - 3:45 PM.

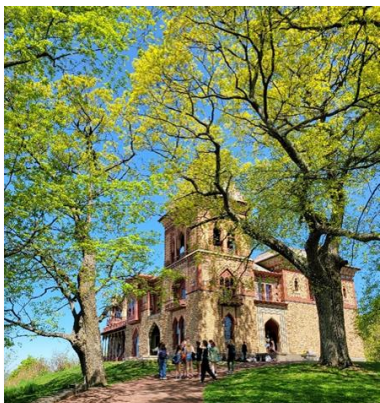
The Museum Store is open Friday – Sunday, 10 AM – 5 PM.

See tour listings at [OLANA.org](https://www.olana.org) for more details.



OLANA EYE SKYCAM

Virtual visitors can experience the iconic view from Olana's Studio Tower at any time and from around the world at [OLANA.org/OLANAEYE](https://www.olana.org/OLANAEYE). Use the hashtag #OLANAEYE on social media to share your amazing screen captures. Follow us @OlanaFredericChurch.



VIRTUAL TOURS

Learn about Frederic Church's Olana and explore the 250-acre landscape from the comfort of your own home. Virtual tours are available on the Olana website at <https://www.olana.org/virtual-olana/>

K-12 FIELD TRIPS AND VIRTUAL TOURS - ACCEPTING RESERVATIONS! Explore Frederic Church's masterwork, Olana, through a field trip or virtual tour in any season! During onsite field trips and virtual tours, students learn more about the art, culture, and history of Olana and the Hudson River Valley through place-based learning activities and lessons. For grades PreK-12 and education groups; \$5-\$15 per student | FREE for schools in Columbia and Greene counties. Transportation reimbursement available for Title 1 Schools through the New York State Parks Connect Kids Grant. Learn more by visiting <https://www.olana.org/tour-category/school/>



PANORAMA: SUMMER ART + NATURE PROGRAM

Dive into Olana this summer during PANORAMA Summer Art + Nature Program. Back for its 15th annual season, The Olana Partnership will offer four weeks of hands-on exploration for children ages 6-11 from

July to August at Olana State Historic Site. Experience art, science, and nature through sketching, lake exploration, hiking, painting, play, and more, all while meeting new friends and learning from the experts. The whole summer focuses on art and nature with special guest visits and activities each week. You don't want to miss this unforgettable summer adventure! The program runs Monday-Friday, 9 am to 3 pm. Secure your space! Registration will close on June 1, 2024.

<https://www.olana.org/learn/panorama/>



I Love My Parks Day

Saturday, May 4, 2024, 1:00-4:00pm

Join us for a day of stewardship and service at Olana State Historic Site and help make sure Frederic Church's artist-designed landscape is ready for another great season! This state-wide event brings together OLANA

Volunteers, The Olana Partnership's Staff, and our New York State Parks Team to help get our public lands and Frederic Church's vision ready for the Spring.

1:30-2:30pm – FREE Special Tours

Kick off your day with optional free tours about Olana's history or how New York State's stewardship team manages invasive plants. Questions email: education@olana.org.

2:30-4:00pm - Volunteer Activities Led by Olana Staff

Join fellow volunteers to get Olana State Historic Site ready for the spring season. Sign up for activities by emailing lmiller@olana.org.

- Park Cleanup & trash removal
- Removing Invasives
- Planting Flowers at Cosy Cottage
- Indoor Classroom Cleanup at the Wagon House Clean-up



Alan Devoe Bird Club Spring Migration Bird Walk

Saturday, May 4, 8:00-10:00am

Get your binoculars ready for this special spring migration bird walk at Olana State Historic Site! Join the Alan Devoe Bird Club and The Olana Partnership on an exploration of Olana's artist-designed landscape and learn more about visiting birds and the species that call this region home. FREE, advanced registration required. This program will meet outside the Olana Wagon House

Education Center. For more information, contact education@olana.org.



Peter Aaron/OTTO

Restoring a Landscape Masterpiece:

The Rediscovery of Frederic Church's Olana

by Thomas L. Woltz, FASLA, CLARB - Nelson Byrd Woltz Landscape Architects
Introduced by acclaimed author Victoria Johnson

Tuesday, May 7 | 5:30 PM Reception, 6:30 PM Presentation

Scandinavia House, 58 Park Avenue, NYC

Over the past decade, Thomas Woltz and his firm have led the renewal and restoration of Frederic Church's 250-acre designed landscape at Olana, a NY State Historic Site and National Historic Landmark. Woltz will focus on the vision within the award-winning Olana Strategic Landscape Design Plan, which includes the siting of the soon-to-be-completed Frederic Church Center for Art & Landscape.

Tickets: \$15 Members of The Olana Partnership and \$25 Non-members. [TICKETS](#)



Guided Forest Bathing with Mother Earth

Saturday, May 11, 1:00-3:00pm

Get outside and show yourself and Mother Earth some love through a special guided walk inspired by *After Glow: Frederic Church and the Landscape and Memory*. Fru Molnar, trained and certified forest bathing guide, will lead the way through Olana's landscape, helping you connect with nature through a

slow-paced, easeful sensory exploration. Based on the Japanese practice of Shinrin-yoku ("forest bathing"), this program will offer optional invitations to connect with nature and yourself. This program is part of *Living through Landscape*, a series of workshops that examine how new conceptions of life and death can be gained by spending time in our regional environment.

[REGISTER](#)



OLANA
THIRD THURSDAYS
TERCER JUEVES



Third Thursday: 3D Artbook Workshop

Thursday, May 16, 1:00-4:00pm

Join artist Wennie Huang to make your own paper books using images from Olana. These 19th century 3D books were popular crafts that use layers of images to create the illusion of depth on a small scale. Make your own during this free, drop-in program at the Wagon House Education Center.

Visit OLANA.org/ThirdThursday

Third Thursday: Bollywood Dancing Workshop and Performance

Thursday, May 16, 5:00-7:00pm

Explore Bollywood dancing during a free class and performance with instructor, Arobi! Learn moves to trendy and iconic Bollywood songs during this fun, beginner-friendly outdoor class at Olana and stick around for a special performance on the East Lawn. For ages 12 and up; space is limited. Email education@olana.org to learn more.

Visit OLANA.org/ThirdThursday



Create and Cook: Family Cooking & Art Workshop

Saturday, May 18, 11:00am-1:00pm

Explore your creativity in the kitchen and art studio during this program led by The Sylvia Center Chefs and The Olana Partnership educators! In this class, we will make a delicious pasta salad inspired by scrumptious seasonal vegetables, explore Olana State Historic Site's historic kitchen garden, and draw new life and shapes in the meadow.

This program is FREE (suggested donation \$12) and advance registration is required. Registration includes all art-making supplies, a free lunch for each participant, and a voucher to participate in future cooking classes hosted by The Sylvia Center. Children 18 and under must be accompanied by an adult.

This is the first in a series of three classes – register for one or all three!

For more information, please contact education@olana.org or call (518) 751-6938.



Artmaking in the Afternoon

Saturday, May 18, 1:00-5:00pm

Inspired by your time at Olana? Join The Olana Partnership educators for hands-on artmaking using professional materials and a series of prompts to get your creativity flowing.

Drop-in program; FREE. All materials provided. Located in the Wagon House Education Center.



Planting with Pollinators in Mind: A Guided Walk through Olana’s Legacy Landscape A Digging Deeper Program with the Garden Conservancy
Saturday, May 25, 3:00-5:00pm

Over the course of forty years, the artist Frederic Church worked to create, build, and design Olana’s 250-acre landscape. With over 5 miles of carriage roads, scenic views, a man-made lake, and native plantings, the site is both a living landscape painting and a vibrant and diverse ecosystem for native pollinators. Join The Olana Partnership, master gardener and environmental educator Nordica Holochuck, and beekeeper Chris Layman from Fox Farm Apiary for a special walk and workshop to learn more about how to create pathways for pollinators in your own garden inspired by the legacy of Church’s garden design at Olana. Register at OLANA.org



LAKE TAGHKANIC STATE PARK // 518.851.3631

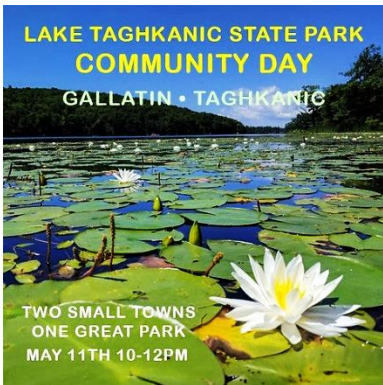
NATURE

FAMILY



Fri., May 3: Mid-Hudson Astronomical Association
Monthly Star Party, 8:00 PM

The Mid-Hudson Astronomical Association hosts a monthly stargazing party in the West Beach parking lot. Bring your own telescopes and binoculars or use those provided by our members. You will be asked to provide your license plate number and make/model car, so Park Management and Police have a record of who will be in park after hours. More info at <https://www.meetup.com/mhastro/events/275468188/>
Registration: RSVP is required at least one day beforehand.



Lake Taghkanic State Park
Saturday, May 11

Lake trail clean-up, tree and pollinator garden planting.

Join us for a day of trail restoration and clean up, or help us plant a native pollinator garden and trees to welcome visitors to the park and restore the native ecosystem. Bring sturdy shoes, hats, gloves, shovels, clippers and a smile. We’ll provide drinks, snacks, sunscreen and more smiles.

Sponsored by Gallatin CAC and Taghkanic CSC. RSVP@taghkanic.org



CLERMONT STATE HISTORIC SITE // 518.537.4240

NATURE

ART

FAMILY

HERITAGE

Ongoing: Thursdays, Fridays, Saturdays, Sundays, and Memorial Day Monday

Mansion Tours: On the hour, 11:00am through 4:00pm

Come celebrate Preservation Month with a guided tour of the historic Clermont mansion! Explore the legacies of the illustrious Livingston family, who called the river-side mansion home for seven generations, and the untold histories of the enslaved and paid staff whose labor made life at the mansion possible. Dive further into the histories of the people of Clermont with our Visitor Center exhibit, “Spero Meliora: Life in The Land of Livingston.” A special exhibit, “The Matriarch of Clermont: Margaret Beekman at 300,” is on view this season as well. After your tour, take a stroll through our gardens, go on a leisurely hike on our trails, or enjoy a picnic overlooking the river. Please note: Tour tickets for the mansion must be purchased at the Visitor Center.

Saturday May 4, 2024

2:00pm

Visitor Center: What’s a museum? Kids Tour and Story Hour!

Calling all curious kids! Clermont State Historic Site is offering a unique tour of the mansion for families with young children.

Our tour will begin in the Visitor Center with a museum themed story time. After that, we’ll take a special 30-minute first floor tour of the mansion. Children will see how people lived over 100 years ago, identify animals

and objects, and practice museum etiquette. This event will run for about an hour and is best suited for children ages 4 to 8 years old.

Please note: The cost of the event is \$5 per person, please be prepared to pay at the door. This is a children's program; all children must be accompanied by an adult and all adults must be accompanied by a child. Space is limited. Visitors must register in advance at bookeo.com/Clermont

Saturday May 11, 2024

2:00 pm

History of the Art Tour

Visitor Center

Join Clermont's Educator, Emily Robinson, on a special art tour of the mansion. Focusing on key pieces in the museum's art collection and the people they belonged to. This is a great tour for those with an interest in art and a fascination with family stories.

Please note: The cost of the event is \$5 per person, please be prepared to pay at the door. Space is limited. Visitors must register in advance at bookeo.com/Clermont



Saturday May 25, 2024

2:00 pm

Clermont Grounds and Gardens Tour

Visitor Center

Join us for a springtime tour of Clermont's formal gardens. Walk with one of our experienced tour guides and learn the history of the land. From woods to farmland to manicured lawns, Clermont's landscape has changed with each generation.

This tour includes gentle inclines on uneven surfaces. Please wear comfortable footwear and dress for the weather.

Please note: The cost of the event is \$5 per person, please be prepared to pay at the door. Space is limited. Visitors must register in advance at bookeo.com/Clermont

WESTCHESTER COUNTY

PHILIPSE MANOR HALL STATE HISTORIC SITE // 914.965.4027

HERITAGE

FAMILY

ARTS



Philipse Manor Hall Tours

10:30 AM, 12:00 PM, 1:30 PM, 3:00 PM

Self-guided and guided tours of Philipse Manor Hall are offered Wednesdays through Sundays, 10:00 am to 5:00 PM. Tours led by our knowledgeable museum interpreters are available at 10:30 AM, 12:00 PM, 1:30 PM, and 3:00 PM each day. Reservations recommended for guided tours, but not required.

Call 914-965-4027 to reserve. Special scavenger hunt available for kids, free! Admission is \$6 for adults, \$3 for seniors and students (13+), kids 12 & under get in free.



Philipse Manor Hall Virtual Wing

Visitors from around the world can experience the history of Philipse Manor Hall via our Virtual Wing. Explore our 360° Virtual Tour, read interesting articles about Philipse Manor Hall, check out our blog, or peruse our bibliography of historical books. Open 24/7 to anyone with an internet connection. Visit us at www.philipsemanorhall.com.



Every Sunday

Morning Hatha Yoga

10:30 AM | in-person at Philipse Manor Hall State Historic Site | \$18 (\$15 for Friends of Philipse Manor Hall)

Join us for this new Sunday morning Hatha yoga series at Philipse Manor Hall State Historic Site! The beautiful sunlit Gothic Chamber is the perfect place for a morning yoga class. Open to all levels and abilities! All proceeds benefit the

Friends of Philipse Manor Hall. Register at www.philipsemanorhall.com/programs-and-events.



Saturday, May 4, 2024

Yonkers Arts Weekend at Philipse Manor Hall

10:00 AM – 5:00 PM | FREE

Philipse Manor Hall State Historic Site joins in Yonkers Arts Weekend with free admission to the museum all day, plus free Waterfront Walking Tours at 10:30 a.m. and 1:30 p.m. and free Historical Games from 12:00 p.m. to 3:00 p.m.

Sponsored by the City of Yonkers. For more details and the full schedule, visit www.philipsemanorhall.com/programs-and-events.

Sunday, May 5, 2024

Yonkers Arts Weekend at Philipse Manor Hall

10:00 AM – 5:00 PM | FREE

Philipse Manor Hall State Historic Site joins in Yonkers Arts Weekend with free admission to the museum all day, plus free Waterfront Walking Tours at 10:30 a.m. and 1:30 p.m. and a free Cinco De Mayo Flower Making Workshop at 1:00 p.m. Sponsored by the City of Yonkers. For more details and the full schedule, visit

www.philipsemanorhall.com/programs-and-events.



Wednesday, May 8, 2024

Lecture: Opening the Way – New Research and Other Items in New York's Black Colonial History

7:00 PM | online via WebEx | FREE

Over the last few years there have been significant advancements in the research and sharing of information on the early years of the establishment of slavery in New York. Along with that work, there has also been a growing wave of information long held within archaeology that is now finding its way into the larger narrative, bringing the presence of African cultural traditions

forward as never before. Join NYS Parks Interpreter of African American History Lavada Nahon for a highlights tour of this work as we move towards 2027 and the commemorating of both the legal end of slavery and the arrival of the first men enslaved in New Netherland/New York. This virtual program is free, but registration is required. Register at www.philipsemanorhall.com/programs-and-events.



Saturday, May 11, 2024

Pinkster Festival

11:00 AM to 5:00 PM | in-person at Philipse Manor Hall State Historic Site

Join us for this FREE, family-friendly festival. Pinkster is the Dutch word for Pentecost. Pinkster is an Afro-Dutch celebration that started in the colony of New Netherland (now New York, New Jersey, and Connecticut). It is considered by many to be the first truly African-American holiday. Today, as in the past, we celebrate with music, dance, games, food, and drink. Schedule, directions, and more at [www.philipsemanorhall.com/programs-and-](http://www.philipsemanorhall.com/programs-and-events/pinkster-festival-2024)

[events/pinkster-festival-2024](http://www.philipsemanorhall.com/programs-and-events/pinkster-festival-2024).



Saturday, May 25, 2024

Yonkers Waterfront Walking Tour

10:30 AM to 12:00 PM | in-person at Philipse Manor Hall State Historic Site

Why was Philipse Manor Hall built where it was? Why did the Munsee have a village in downtown Yonkers for thousands of years? How did the Yonkers waterfront change over time? Learn the answers to these questions and more as you explore the daylighted Saw Mill River and Yonkers' Hudson River

waterfront. \$6 for adults, \$3 for seniors and students. Tickets include museum admission. Register at www.philipsemanorhall.com/programs-and-events

JOHN JAY HOMESTEAD STATE HISTORIC SITE // 914.232.5651

FAMILY

NATURE

HERITAGE



Every Saturday in May 9:00 AM- 2:00 PM

The 2024 Farm Market season begins at John Jay Homestead on Saturday, May 4. This weekly outdoor, certified market provides the finest New York-grown, fresh and seasonal fruits and vegetables, seafood, breads, specialty items and more on a historic farm setting. Every Saturday, from May through October, customers can expect to find certified organic and biodynamic produce, ethically-raised, organic meat and eggs, as well as a wide variety of artisan food items with dozens of weekly vendors.

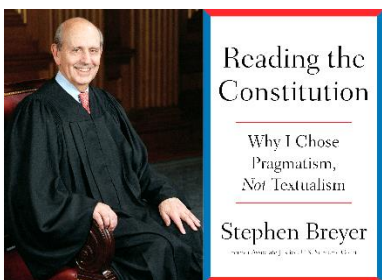
Farm Market is open from 9:30am to 2:00pm for the general public, while members of Friends of John Jay Homestead are offered the Members Only First Pick from 9:00am to 9:30am



Living History: Algonkian Life

Saturday, May 4, 11am – 1pm

Join us on Saturday, May 4th, for a hands-on presentation about Algonkian life in the Northeast during the 18th Century with Drew Shuptar-Rayvis (Pekatawas MakataweU "Black Corn"). Drew will take us on a journey that will examine changes in Algonkian life during the early-1700s, including daily living, customs of war, adoption/captivity, alliances, and friendships and marriages between Natives, Europeans and Africans. He will also bring several traditional items and artifacts to examine.



Lecture: *Reading the Constitution: Why I Chose Pragmatism, Not Textualism*

Tuesday, May 7, 6:30 PM

Friends of John Jay Homestead present a lecture with The Hon. Stephen G. Breyer on his book *Reading the Constitution: Why I Chose Pragmatism, Not Textualism* on Tuesday, May 7 at 6:30pm at Bedford Playhouse in Bedford, NY.

Nominated by President Clinton, Justice Breyer served on the Supreme Court from 1994 until his retirement in 2022. He was preceded by Justice Harry Blackmun and succeeded by Justice Ketanji Brown Jackson; he wrote 551 opinions during that 28-year career. Before the Supreme Court, he served on the US Court of Appeals for the First Circuit (1980-1994) including four years as Chief Judge; before that he held many government positions, including assistant special prosecutor on the Watergate Special Prosecution Force. He is currently the Byrne Professor of Administrative Law and Process at Harvard Law School. Virtually all discussions of his career mention that he was an Eagle Scout.

Purchase tickets for this event at <http://johnjayhomestead.org/events-calendar/lecture-with-justice-breyer/>



On the Farm Dinner

Saturday, June 1, Tickets on sale now

Friends of John Jay Homestead invite you to their annual On the Farm Dinner on Saturday, June 1. Guests will enjoy seasonal cocktails and farm fresh hors d'oeuvres before sitting down to dinner under the stars at one of Bedford's oldest farms. Purdy's Farmer and the Fish will cater the evening; dinner will be

served family style with live music. Rain date of June 2nd. Purchase tickets now at

<http://johnjayhomestead.org/events-calendar/on-the-farm-2024/>



Self-Guided Historic Landscape Tours

John Jay began to inherit his land near Bedford, New York, in 1785, three years after his father died. He began developing the land as an income-producing farm in 1787, strictly as an investment at first. He developed it further in the late-1790s to become his home in retirement. His descendants lived into the 1950s, and as you walk around the property, you will see many

features developed by the different generations of the Jay family.

Self-guided historic landscape tour booklets are available at the Carriage Barn Education & Visitor Center. The grounds of John Jay Homestead are open daily from sunrise to sunset. Free admission.

Image: herb garden

OLD CROTON AQUEDUCT // 914.693.5259

NATURE

HERITAGE



May 3, Friday at 12 noon – The Aqueduct along Amsterdam Avenue Walk.

Most of the Old Croton Aqueduct in Manhattan ran under Amsterdam Avenue. Walk along this route and learn why that avenue was chosen, see vestiges of the aqueduct today, and immerse yourself in the historic and present-day activities of this part of Manhattan. Meet in front of the Highbridge Recreation Center at 173rd St. and Amsterdam Ave. We will end the walk in front of the gatehouse at 135th St. Public restrooms are available at the beginning and end of the walk. For this two-hour walk, wear comfortable shoes and bring water. The walk begins with the descent of a five-story staircase. Walk may be rescheduled if weather does not cooperate. Required: pre-registration:

<https://aqueduct.org/civicrm/event/register?reset=1&id=208>

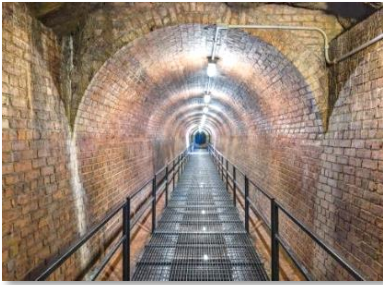
**I LOVE
MY PARK
days**

Saturday, May 4th. 10:00. I Love My Parks Day

The Friends of the Old Croton Aqueduct are hosting four I Love My Park Day events in collaboration with Parks & Trails NY on the Aqueduct Trail, all on May 4th with rain dates of May 5th.

The four locations are: Croton-on-Hudson, Northern Irvington, Central Irvington, and Yonkers. They are all designed to tend the Aqueduct Trail and all will involve removal of invasive species to make room for native plants, and in addition will include trash removal. The Irvington groups will also do some restoration planting with native plants and the Croton one will include restoration of an historic stone wall, as is traditional for this site. Registration is recommended and is now live so volunteers can register for their chosen event via the website of the Friends of the OCA using this easily accessible link:

<https://aqueduct.org/ILMPD>.



May 4, Saturday at 10 am –Weir Tour.

Free, easy, 2-hour tour. Meet at the front (upper level/south side) of the Joseph Caputo Center, which is located at 95 Broadway, Ossining, NY 10562, just west of Rte. 9/Highland Ave. at the junction of Croton Ave., Rte. 133 (from Metro-North Ossining Train Station by taxi or 15-minute uphill walk - parking lots nearby). After a brief walk, descend into the Weir in Ossining and explore the original 1842 brick water tunnel and learn its history. Walk

may be rescheduled if weather does not cooperate. Required: pre-registration:

<https://aqueduct.org/civicrm/event/register?reset=1&id=209>



May 6, Monday at 12 noon – The Aqueduct along Amsterdam Avenue Walk.

Most of the Old Croton Aqueduct in Manhattan ran under Amsterdam Avenue. Walk along this route and learn why that avenue was chosen, see vestiges of the aqueduct today, and immerse yourself in the historic and present-day activities of this part of Manhattan. Meet in front of the Highbridge Recreation Center at 173rd St. and Amsterdam Ave. We will end the walk in front of the gatehouse at 135th St. Public restrooms are available at the beginning and end of the walk. For this two-hour walk, wear comfortable shoes and bring water. The walk begins with the descent of a five-story staircase. Walk may be rescheduled if weather does not cooperate. Required: pre-registration:

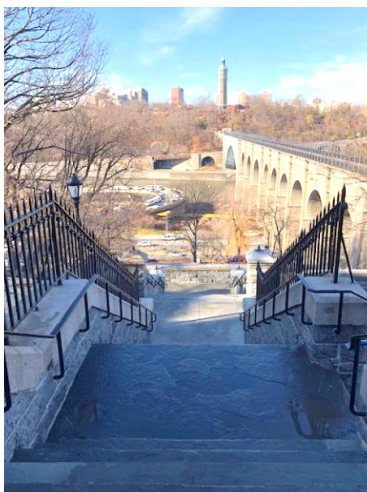
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May 10, Friday at 12 noon – The Aqueduct in Central Park Walk.

Uncover hidden clues to the Aqueduct in Central Park and discover links between the Aqueduct's presence and the park's design. Meet in front of the Central Park Tennis House in Central Park. From the southeast corner of 96th St. and Central Park West, walk east in the park until you see the tennis courts on your left. Walk around the tennis courts to the tennis house. (Locate the tennis house on [Google Maps](#).) We will end the walk at Central Park West and W. 81st Street. Public restrooms are available at the beginning and end of the walk. For this two-hour walk, wear comfortable shoes and bring water. Walk will be cancelled if weather does not cooperate. Required: pre-registration:

<https://aqueduct.org/civicrm/event/register?id=211&reset=1>



May 11, Saturday at noon – The OCA in the Bronx to the High Bridge.

The Friends of the Old Croton Aqueduct and the Bronx County Historical Society are excited to co-sponsor a walk along the Aqueduct in the Bronx to the High Bridge.

Our walk will begin at Jerome Ave. and Kingsbridge Road in front of the incredible Kingsbridge Armory – thought to be the largest armory in the world. Our route will continue along the Aqueduct, across the High Bridge and into Highbridge Park in Manhattan. We will talk about the history of the Bronx, some notable Bronxites of the past and how the Bronx has had an outsized influence on American culture. We will discuss the fascinating history of the High Bridge – the oldest surviving bridge in NYC. Meet at the northwest corner of Jerome Ave. and Kingsbridge Road at noon. Walk is a mostly level three

miles and will end on the Manhattan side of the High Bridge at approximately 3:30PM. *Public transportation is highly recommended.* From Westchester: Metro-North to Marble Hill, MTA Bus Bx #9 to Jerome Ave. From NYC: IRT# 4 to Jerome Ave. Return transportation: MTA subway IRT #1 to Marble Hill Metro-North station. Walk leader will be available to meet attendees at Dobbs Ferry Metro-North for those who would like to travel together (time to be announced pending train schedule). Wear comfortable shoes and bring water. Required: pre-registration: <https://aqueduct.org/civicrm/event/register?reset=1&id=212>



May 13, Monday at 12 noon – The Aqueduct in Central Park Walk.

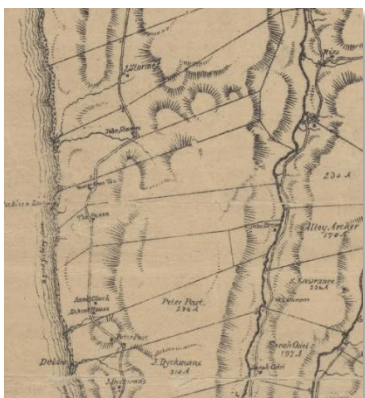
Uncover hidden clues to the Aqueduct in Central Park and discover links between the Aqueduct's presence and the park's design. Meet in front of the Central Park Tennis House in Central Park. From the southeast corner of 96th St. and Central Park West, walk east in the park until you see the tennis courts on your left. Walk around the tennis courts to the tennis house. (Locate the tennis house on [Google Maps](https://www.google.com/maps).) We will end the walk at Central Park West and W. 81st Street. Public restrooms are available at the beginning and end of the walk. For this two-hour walk, wear comfortable shoes and bring water. Walk will be cancelled if weather does not cooperate. Required: pre-registration: <https://aqueduct.org/civicrm/event/register?id=213&reset=1>



May 16, Thursday at 10 am –Weir Tour. Free, easy, 2-hour tour. Meet at the front (upper level/south side) of the Joseph Caputo Center, which is located at 95 Broadway, Ossining, NY 10562, just west of Rte. 9/Highland Ave. at the junction of Croton Ave., Rte. 133 (from Metro-North Ossining Train Station by taxi or 15-minute uphill walk - parking lots nearby). After a brief walk, descend into the Weir in Ossining and explore the original 1842 brick water tunnel and learn its history. Walk may be rescheduled if weather does not cooperate. Required: pre-registration:

<https://aqueduct.org/civicrm/event/register?reset=1&id=214>

May 18, Saturday at 10 am –Weir Tour. Free, easy, 2-hour tour. Meet at the front (upper level/south side) of the Joseph Caputo Center, which is located at 95 Broadway, Ossining, NY 10562, just west of Rte. 9/Highland Ave. at the junction of Croton Ave., Rte. 133 (from Metro-North Ossining Train Station by taxi or 15-minute uphill walk - parking lots nearby). After a brief walk, descend into the Weir in Ossining and explore the original 1842 brick water tunnel and learn its history. Walk may be rescheduled if weather does not cooperate. Required: pre-registration: <https://aqueduct.org/civicrm/event/register?reset=1&id=215>



Saturday, May 18th. 10:00. Divided Loyalties - Revolutionary War on the Aqueduct Part 2

10:00am-12:00pm |

Location: Smith Field, Mercy College, Dobbs Ferry | Free | Ages: All Ages

The Old Croton Aqueduct between Irvington and South Tarrytown crosses several colonial tenant farms impacted by the Revolutionary War. Walk and learn how the war divided neighbors and families into patriots or loyalists and everything in between. Discuss their lives in the dangerous, war-torn contested ground of Westchester County and how it shaped our area following its conclusion. This free, two-hour tour is offered in partnership with Revolutionary Westchester 250, the Old Croton Aqueduct State Historic Park, and Friends of the Old Croton Aqueduct and will cover about 4 miles. Tour starts at the Mercy College parking lot next to the Smith Ball Field and will proceed north along the trail. This walk may be rescheduled due to bad weather. To register, visit <https://aqueduct.org/events>.



S'morefest '24

Thursday, May 23rd, 4:00PM

4:00pm-6:00pm | Location: Dobbs Ferry | Free

Ages: All Ages

Come celebrate the start of summer with the staff of the OCA around the bonfire at the Keeper's House! Get to meet the workers who maintain the trail and hear about the different projects, jobs and initiatives being done across our

26 miles. Enjoy playing some of the best games from the 1800's and learn about the 180-year history of the Aqueduct all while making yourself some delicious S'mores!!



Movies on the Trail: Kung Fu Panda

Friday, May 31st, 8:30PM.

8:30pm-10:00pm | Location: Dobbs Ferry | Free | Ages: All Ages

Movies on the Trail series kicks off with the rise of the dragon warrior in *Kung Fu Panda*! Sometimes, all it takes is faith and hard work to make anything possible. Follow Po on a journey of self-discovery and transformation from noodle master to kung fu master! All movies are shown on the east lawn of the Keeper's house and is free of charge! Patrons are encouraged to bring their own refreshments and a chair or blanket to lay on.

JAY HERITAGE CENTER // 914.698.9275

210 Boston Post Rd, Rye, NY 10580

FAMILY

NATURE

HERITAGE



I Love My Park Day

May 4th 9am-12pm

Show Mother Nature some love and spend the day outside! JHC is pleased to be a returning participant in New York State's Annual I Love My Park Day.

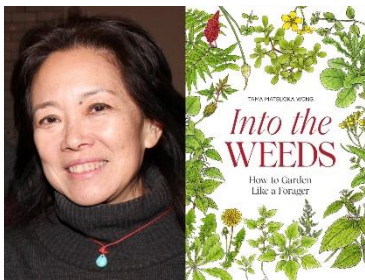
Volunteer your time working in our historic gardens or help out in the meadows. All ages welcome. Please visit our [website](#) to learn more and sign up for this FREE event.



Into the Weeds: How to Garden Like a Forager

May 4th at 12pm

Join us as Tama Matsuoka Wong returns to JHC to share her newest book, *Into the Weeds: How to Garden Like a Forager*. Tama empowers budding and experienced gardeners alike to embrace a gentler, less rigid and more sustainable approach to tending the land. Please visit our [website](#) for more information.



Garden Workshops and Volunteer Opportunities

Thursday 10am-2pm; Sundays 10am-5pm

Come and discover the award-winning Jay Estate Gardens this spring!

The gardens will be open to the public two days a week. Enjoy docent-led experiences or follow a self-guided tour following our QR code signs. Drop in for a lesson, talks, and workshops led by **JHC's Director of Horticulture and**

Garden Education, Lucia Maestro and special guest speakers. Please visit our [website](#) or email Lucia for more information: hortdirector.JHC@gmail.com.



Mansion Tours

Sundays 2-5pm (closed holidays)

Travel back in time as you experience the 1838 Jay Mansion! Our docent-led tours share the stories of the many eras of the Jay Mansion and give you a behind-the-scenes look at our extensive restoration process. No reservation necessary. Please visit our [website](#) or email Meredith

Slater: m Slater.jhc@gmail.com

Rockefeller is a designated State Park Preserve. A Park Preserve is a protected area of importance for flora, fauna, or features of geological or other special interest, which is reserved and managed for conservation purposes. We are recognized as an Important Bird Area by the National Audubon Society and have a diverse population of animal residents. We are also part of the Old Growth Forest Network and are home to a number of rare and protected plants. We welcome passive recreation such as walking, jogging, photography or wildlife viewing but please leave the picnic and park games at home. Thank you!



Love My Park Day

May 4 from 9 am – 2 pm

Join Preserve staff and the Friends as we give back to our beloved park and build up our community in this state-wide day of volunteering! Become part of the team and take this opportunity to celebrate and enhance a place that holds fond memories for all of us. Free t-shirts and snacks will be available first come, first served at check-in. All ages are welcome. Project location and details will be announced in April, stay tuned! *Photo courtesy of Jessika Creedon.* Please register at: friendsrock.org/i-love-my-park-day



Fly Fishing Workshop Series

Saturdays from 10 am – 12 pm

Learn the basics of fly fishing and leave with the skills and confidence to get out on the water in this four-part workshop series led by expert, Len Savanella. Sessions 1 and 2 will cover the vocabulary and history of fly fishing, gear, casting, and fly tying. Sessions 3 and 4 will cover ecology and best practices and will take place in the stream so you can put your newfound skills to the test! Equipment will be provided but if you have your own, please bring it. Recommendations for gear and literary resources will be provided. Cost: \$50; registration includes all four classes in the series. Max: 10 people. RockefellerStateParkPreserve.org/events



The Buzz About Bees and Wasps

May 5 from 2 – 4 pm

Join D.J. Haverkamp of [Bedford Honeybee Service](http://BedfordHoneybeeService.com), to learn all about bees and wasps and their important role in the environment. We'll discuss their life cycle, nesting behavior, and threats to their existence as we approach World Bee Day on May 20. View live honeybees in a glass-walled hive to get a peek behind-the-scenes, and observe other nests for comparison. This is a great introduction for anyone interested in bees, beekeeping, or protecting these precious pollinators. Max: 20 people.

Cost: \$4. Parking: \$6 per vehicle. *Photo courtesy of Jeff Chapman.* RockefellerStateParkPreserve.org/events



Stargazing in the Preserve

May 5 from 8:30 – 10 pm

Peer into the cosmos with Vinny Coulehan of the Rockland Astronomy Club. We'll use a telescope to observe galaxies, globular clusters, double star systems, and more! With the new moon on May 7, we should have relatively dark skies. Max: 20 people. Cost: \$4. *Photo courtesy of Vinny Coulehan.* RockefellerStateParkPreserve.org/events



Postural Therapy: Living Comfortably

May 7 from 9 – 10 am

Start your day with movement! Get energized in this virtual session with postural therapist, Joey Zimet, and learn exercises to improve posture and function. The class will incorporate unique standing, sitting, and floor exercises that are gentle and easily adapted to fit your needs. These methods are well-studied and based upon neuroscience, biomechanics, the myofascial system, and other variables. Treat yourself to some maintenance and self-care! Cost: FREE. **Registered participants will receive a link to join.**

RockefellerStateParkPreserve.org/events



Sunset Yoga at Rockwood

Tuesdays from 6 – 7 pm

Relieve stress and explore the connection between breath and movement with instructor, Shivani Singh, as the sun sets over the Hudson with views of the Tappan Zee bridge and NYC in the distance. Appropriate for all levels of experience, ages 18+. Cost: \$6. *Photo courtesy of Kim Fendrich.*

RockefellerStateParkPreserve.org/events



Peony Celebration

May 9 from 6 – 9 pm

Join us for a cocktail and buffet celebration in the Visitor Center courtyard amidst the spectacular Japanese tree peony garden in full bloom! A fundraiser for the Friends and our projects in the Preserve, the evening features a fine art exhibit and a flower show presented by local gardening clubs. *Photo courtesy of Kim Fendrich.*

Please register at: friendsrock.org/peony-celebration



Sensory Hike: Rise and Shine!

May 10 from 9 – 10:30 am

Awaken your senses and tune in to nature in this embodied experience with Linda Parker. You'll be amazed at what you notice when you home in on one sense at a time. We'll begin in the Visitor Center courtyard surrounded by the scent and vivid colors of the Japanese tree peony garden in bloom before we set out on a short hike. Take this opportunity to quiet your mind and connect with the forest using this unique approach. Max: 15 people. Cost: \$4.

Parking: \$6 per vehicle; NYS residents over 62 park free on weekdays.

Photo courtesy of RangerSu. RockefellerStateParkPreserve.org/events



Hike With Mike: Intro to Hiking

May 11 from 9 – 10:30 am

If you're thinking of making hiking part of your life, the wide trails and varied vistas of the Rockefeller State Park Preserve are an ideal place to start, especially while the peony garden is in bloom! A discussion about what to wear, what to bring, using maps, and the varied terrain in the Preserve will increase your comfort when hiking in the future. A short family-friendly hike around Swan Lake will follow to see if any questions come to mind. Leashed dogs are welcome. Max: 20 people. Cost: FREE. Parking: \$6 per vehicle.

Photo courtesy of Shayla Schott. RockefellerStateParkPreserve.org/events



Forest Sound Healing

May 12 from 3 – 4:30 pm

Tickets available on April 22 at 10 am

This Mother's Day, treat yourself or the special woman in your life to a unique restorative sound healing experience in the woods. Immerse yourselves in nature as the sounds of crystal singing bowls, chimes, and a variety of soothing instruments allow your minds to drift from an active state to a relaxed and meditative state. This special 75-minute session will take place at the Glacial Erratic, a 15-minute walk from the main parking lot. We

encourage you to begin or end your journey at the Visitor Center courtyard to admire the beauty of the peony garden. Ages 10+. Max: 30 people. Cost: \$8. Parking: \$6 per vehicle. *Photo courtesy of Briana Codella.*

RockefellerStateParkPreserve.org/events



Birdwatching with the Saw Mill River Audubon Society

May 13 and 25 from 7 – 9 am

Dawn Chorus: May 29 from 5:30 – 7:30 am

Get to know our feathered residents! Join an expert from the Saw Mill River Audubon Society on a bird walk around the Preserve. Great for all levels of birding experience, beginners welcome! Binocular loans available upon request. Ages 8+. Max: 25 people. Cost: FREE. Parking: \$6 per vehicle. NYS Residents over 62 park for free on weekdays. *Photo courtesy of Bill Golden.*

Please register at: sawmillriveraudubon.org/register-trips/



House Hunters: Cavity-Nesting Birds

May 15 from 12 – 2 pm

The Preserve has been designated an Important Bird Area by the National Audubon Society; it is a critical habitat for breeding migratory birds, including cavity-nesting species. Become part of our stewardship team for the day and shadow naturalist, Josh DiPaola, as he performs nest inspections on a variety of breeding sites in the Rockwood Hall area. Gain insight into their unique ecology and learn what you can do to help protect these species in recognition of World Migratory Bird Day. Max: 20 people. Cost: \$4.

Photo courtesy of Bill Golden. RockefellerStateParkPreserve.org/events



Community Day

May 18 from 11 am – 3 pm

Please join us for the Pocantico Center's second annual Community Day at the David Rockefeller Creative Arts Center. Preserve educator, Kim Fendrich, will have a display of rocks, minerals, and fossils from around the world, uncovering the mysteries of Earth's 4.5-billion-year history one sample at a time. The day will include family-friendly interactive performances, hands-on art and STEAM activities, bilingual story time, garden activities, face painting, an open artist's studio, and complimentary pizza and ice cream. Attendance is free; advance

registration required at pocantico.org/events. *Photo courtesy of Margaret Fox.*



C.A.S.T for Kids

May 19 from 9 am – 12:30 pm

Take to the water with C.A.S.T. for an unforgettable morning of fishing! This event is designed to provide children with disabilities, ages 6-18, the opportunity to enjoy a quality outdoor recreational experience through the sport of fishing. All abilities can be accommodated. You can expect 2 hours of fishing, a delicious lunch, and an awards celebration where your child will receive a personalized plaque. They will also leave equipped with their own rod and tackle box so they're prepared for their next fishing adventure!

Cost: FREE. Space is limited, registration required: castforkids.org/event/swanlake



Full Moon Hike: "Flower Moon"

May 22 from 8 – 10 pm

Tickets available on April 22 at 10 am

Experience the Preserve after dark! Join Shayla, Hailey, and Dave for a 4-mile hike on carriage roads lit by moonlight. We walk at a brisk pace and there will be hills; some hiking experience is recommended. Leashed dogs are welcome. Max: 40 people. Cost: \$4. *Photo courtesy of Kim Fendrich.*

RockefellerStateParkPreserve.org/events



Tree Identification Walk

May 23 from 10 – 11:30 am

Join conservation steward, Devyani Mishra, for a leisurely stroll to learn about trees and how to identify them. The hike will be short with frequent stops for discussion. Leashed dogs are welcome. Max: 15 people. Cost: \$4.

Photo courtesy of Shayla Schott. RockefellerStateParkPreserve.org/events



Sound Healing

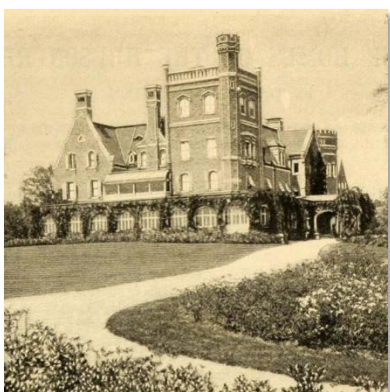
May 23 from 4 – 5 pm & 5:30 – 6:30 pm

Tickets available on April 22 at 10 am

Join Dayna Gralla for a therapeutic and restorative sound healing experience. Envelop yourself in the sounds of crystal singing bowls, chimes, and a variety of soothing instruments as you allow your mind to drift from an active state to a relaxed and meditative state. Ages 10+. Max: 20 per session.

Cost: \$8. Parking: \$6 per vehicle until 4:30 pm.

Photo courtesy of Kim Fendrich. RockefellerStateParkPreserve.org/events



History of Rockwood Hall

May 26 from 10 am – 12 pm

Join Rockwood docent, David Teich, on an adventure into the past as we explore the remains of Rockwood Hall and its rich history dating back to prehistoric times. Former estate of William A. Rockefeller Jr., this site boasts scenic views overlooking the Hudson, lush forests, and remnants of 19th century luxuries. Leashed dogs are welcome. The hike is about 2 miles roundtrip. Max: 40 people. Cost: \$4. RockefellerStateParkPreserve.org/events

SAVE THE DATE!

Upcoming Fundraisers, Charity Walks, Marathons and more!

DATE	EVENT NAME	NY STATE PARK
May 5	Hudson Valley Marathon	Walkway Over the Hudson
May 5	Lupus Awareness	FDR
May 5	Lake Effect Charity Car Meet for Miles of Hope	James Baird
May 11	NAMI Mid Hudson	Walkway Over the Hudson
May 12	Taconic Runners Mother's Day 5K	FDR
May 18	Northeast Haitian	Walkway Over the Hudson
May 18	SPCA Westchester Walk/Fair	FDR
May 19	Ronald McDonald House Walk	Walkway Over the Hudson
June 1	Rockwood Ramble 10K	Rockefeller
June 2	MS	James Baird
July 10	Taconic Runners Beer Mile 1M	FDR
Sept. 8	Parkinson's Awareness	Walkway Over the Hudson
Sept. 14	Brain Injury Walk	Walkway Over the Hudson
Sept. 15	Marathon	Walkway Over the Hudson
Sept. 21	Premier Cares	Walkway Over the Hudson
Sept 14	Barn Dance Fundraiser	John Jay Homestead
Sept 28	Suicide Awareness	Walkway Over the Hudson
Sept. 28	Run for Recovery	FDR
Sept. 29	St. Christopher's	Walkway Over the Hudson
Oct. 5	Rocky's 5K	Rockefeller
Oct. 6	Miles of Hope Breast Cancer Walk	James Baird
Oct. 13	Huntington's	Walkway Over the Hudson
Oct. 19	Alzheimer's	Walkway Over the Hudson
Oct. 20	ALS	Walkway Over the Hudson
Nov. 9 or 16	Pocantico Marathon & Half Marathon	Rockefeller



Featured Trail of the Month

River Trail: Mills-Norrie State Park

9 Old Post Rd. Staatsburg, NY 12580

Distance: 1.8 miles

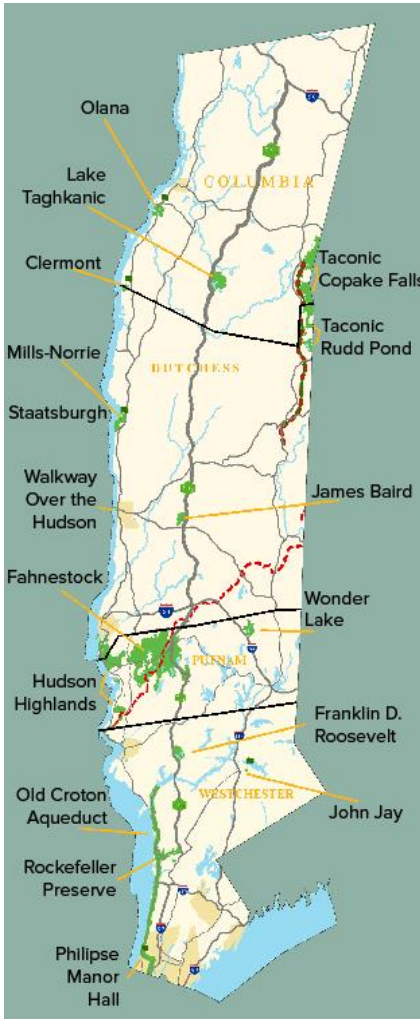
Difficulty rating: Moderate

The featured hiking trail of the park, The River Trail follows the Hudson River shoreline for the length of Mills-Norrie. Three major access points at the southern, central, and northern trailheads provide options for hiking a portion of the trail, the entire trail from end to end, and making connections with other trails in the park to form loops. This trail is a must see for any visit to Mills-Norrie.

Trail Map: <https://parks.ny.gov/documents/parks/MargaretLewisNorrieMillsNorrieTrailMap.pdf>

NEW YORK STATE PARKS—TACONIC REGION FACILITY LOCATIONS & PHONE NUMBERS

Please contact the park/site for information regarding fees & availability



STATE PARKS

- Clarence Fahnestock Memorial**
Carmel (845) 225-7207
- Fahnestock Winter Park**
Administration (845) 225-7207
Snow conditions (845) 225-3998
- Franklin D. Roosevelt**
Yorktown Heights (914) 245-4434
- Hudson Highlands**
Peekskill to Beacon (845) 225-7207
- James Baird**
Pleasant Valley (845) 452-1489
- Lake Taghkanic**
Ancram (518) 851-3631
- Margaret Lewis Norrie/
Ogden Mills & Ruth Livingston Mills (Mills-Norrie)**
Staatsburg (845) 889-4646
- Rockefeller Preserve**
Pleasantville (914) 631-1470
- Taconic/Copake Falls**
Copake Falls (518) 329-3993
- Taconic/Rudd Pond**
Millerton (518) 789-3059
- Wonder Lake**
Kent/Patterson (845) 225-7207

STATE GOLF COURSES

- Dinsmore**
Staatsburg (845) 889-4071
- James Baird**
Pleasant Valley (845) 452-1489

STATE HISTORIC SITES

- Clermont**
Germantown (518) 537-4240
- John Jay Homestead**
Katonah (914) 232-5651
- Olana**
Hudson (518) 828-0135
- Philipse Manor Hall**
Yonkers (914) 965-4027
- Staatsburgh**
Staatsburg (845) 889-8851

EDUCATION/NATURE CENTERS

- Taconic Outdoor Education Center (OPRHP) By Group Reservations Only**
Cold Spring (845) 265-3773
- Norrie Point Environmental Center (DEC)**
Staatsburg (845) 889-4745

STATE HISTORIC PARKS

- Old Croton Aqueduct**
Dobbs Ferry (Park Office) (914) 693-5259
- Walkway Over the Hudson**
Highland/Poughkeepsie (845) 834-2867

PROPERTIES OWNED BY NYSOPRHP AND MANAGED BY NON-PROFITS

- Bannerman Island**
Beacon, (845) 831-1001
- Jay Heritage Center**
Rye, (914) 698-9275



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