



New York State  
Parks, Recreation and  
Historic Preservation

KATHY HOCHUL  
Governor

RANDY SIMONS  
Commissioner *Pro Tempore*

LESLIE WRIGHT  
NYC Regional Director

**DENNY FARRELL RIVERBANK STATE PARK**  
**ATHLETICS COMPLEX FITNESS ROOM**  
ADULT OPEN FITNESS ROOM PROGRAM (AGES 18+)

DAYS	HOURS	MEMBERSHIP (DOES NOT INCLUDE PARK / REGISTRATION FEES)	PUNCH PASS MEMBERSHIP (PARK / REGISTRATION FEE NOT REQUIRED)
MON - FRI	6:30 AM – 10 PM	1 Day = \$5 7 Days = \$20 30 Days = \$40	2 Visits = \$10 5 Visits = \$25 11 Visits = \$50
SAT, SUN & HOLIDAYS	6:30 AM – 5 PM	3 Months = \$60 6 Months = \$110 12 Months = \$200	22 Visits = \$100

**KNOW BEFORE YOU GO!**

- ❖ PROPER WORKOUT ATTIRE REQUIRED (NO JEANS, CROCS, OPEN TOE SHOES, ETC).
- ❖ YOU MUST PROVIDE YOUR OWN LOCK FOR LOCKER USAGE.
- ❖ FITNESS MEMBERSHIP OR DAILY PASS REQUIRED FOR ENTRY.
- ❖ DAILY PASSES CAN ONLY BE USED ON DAY OF PURCHASE.

**FITNESS ROOM MEMBERSHIPS**

1. MEMBERSHIPS BEGIN FROM THE DAY OF PURCHASE.
2. A PARK MEMBERSHIP FEE OF \$10.00 (NEW PARK MEMBERS ONLY) IS REQUIRED FOR MONTHLY MEMBERSHIPS ONLY.
3. A SEASONAL REGISTRATION FEE IS REQUIRED: SENIORS (62+) \$3.00; ALL OTHERS \$4.00.
4. **NEW MEMBERS:** REGISTER IN PERSON AT THE CASHIERS BOOTH (NEAR SKATING RINK).
5. **RENEWALS:** IN PERSON AT THE CASHIERS BOOTH OR CALL (212) 694-3726/3599 TO PAY WITH A DEBIT/ CREDIT CARD.

**REGISTRATION HOURS FOR FITNESS MEMBERSHIPS:**

**MONDAY – FRIDAY: 8:30 AM – 7:00 PM..... SATURDAY & SUNDAY: 9:00 AM – 12:00 PM**

Hours of Operation and Pricing Subject to Change

For more information about the Fitness Room please call the Athletics Department (212) 694-3637