



# **Denny Farrell Riverbank State Park**

## **Fitness Room Rules**

The Mission of the Office of Parks, Recreation and Historic Preservation is to provide safe and enjoyable recreational and interpretive opportunities for all New York State residents and visitors. We ask that ALL members comply with these rules so we can ensure a safe, enjoyable environment and allow you to get the most out of your membership and time in the Fitness Room.

1. Please enjoy exercising in the Fitness Room.
2. Be considerate of others and share exercise equipment. Please allow other members to use the equipment when resting between sets.
3. Membership cards are only issued to users 18 years-of age or older. Membership cards may not be shared with other users.
4. Appropriate gym dress is required-including clean athletic attire. No dress shoes, boots or sandals, crocs are permitted.
5. Please clean equipment after use.
6. All weights, equipment and accessories should be returned to stand or designated storage area after use.
7. Food and open container drinks are not permitted. Plastic bottles are not allowed in the fitness room.
8. Personal music, vulgar conversation, video recording and horseplay are not permitted.
9. Please work out with a partner and seek assistance when lifting heavy weights.

Any issues of equipment, items needing repair, or an inappropriate behavior should be brought to the attention of Denny Farrell Riverbank State Park management as soon as possible.

**Phone:** (212) 694-3744

**Email:** [DFRBSPFitnessroom@parks.ny.gov](mailto:DFRBSPFitnessroom@parks.ny.gov)

Thanking you in advance for your cooperation.

Management

File/ Fitness Room 9/19/2023



# Denny Farrell Riverbank State Park

## Fitness Room Code of Conduct

Welcome to DFRBSP Fitness Room! Whether you're a first-time gym user or a longtime member, we're here to provide a safe workout environment in which anyone - and everyone - can be comfortable and healthy. As a member of the Fitness Room, we ask that you please observe the following Code of Conduct:

- Please treat everyone with respect.
- Bullying, verbal harassment or physical altercations with patrons or park staff are strictly forbidden.
- Violation of the above, by any member, may result in suspension or termination of membership at the discretion of Park Management or Park Police.

Incidents of harassment or inappropriate conduct should be reported to the Athletics Department (212) 694-3744 or Park Management as soon as possible. You can also fill out a Patron Complaint Form or send an email to: [DFRBSPFitnessroom@parks.ny.gov](mailto:DFRBSPFitnessroom@parks.ny.gov).

We thank you in advance for your patronage and compliance with the Code of Conduct above.

Management

File / Fitness room 9/19/2023