

# Diving Guide



New York State  
Parks, Recreation and  
Historic Preservation



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**LONG ISLAND STATE PARK HEADQUARTERS**

P.O. BOX 247, BABYLON, NEW YORK 11702 (631) 669-1000

## SPECIFIC RULES AND REGULATIONS REGARDING THE USE OF DIVING PERMITS AT ROBERT MOSES STATE

1. Permits are valid for 4-wheel drive vehicles ONLY and allow access to the Fire Island inlet side of Democrat Point for the purpose of diving ONLY.
2. All vehicles must be equipped with a shovel, rope or tow chain, jack and jack board, approved tires, spare tire and a tire gauge capable of registering a minimum of 5 PSI.
3. Tires shall not exceed either 33" in diameter or 12.5" in width as measured at the widest point.
4. Before passing the beach vehicle point location, all beach vehicle tires must be aired down to one half the maximum rated tire pressure.
5. Follow designated access roads to the beach. Do not exceed 10 MPH at any time. Vehicles are permitted access to DEMOCRAT POINT ONLY. Vehicles are not permitted elsewhere in off-road travel. DO NOT DRIVE on dunes, wetlands or beach grass. Destruction of the dunes leads to erosion of the entire barrier beach.
6. Do not destroy sand fence. This fence is helpful in maintaining a stable beach environment.
7. Pedestrians have the right-of-way; please be courteous to people walking on the beach.
8. Hours of Operation: Please refer to the back of your permit for specific dates, hours and regulations.

## GENERAL INFORMATION AND SAFETY TIPS (Courtesy of the Long Island Divers Association)

1. Check weather and tide information on day of planned dive. Cancel your dive if conditions are questionable.
2. Survey the site for safe and appropriate entry and exit locations.
3. Let someone know where you are planning to go.
4. Utilize a dive flag.
5. Dive with a buddy and do an equipment check before entering the water.
6. Always carry a compass and keep navigation skills sharp.
7. Make sure to have a sharp dive knife as part of your gear.
8. Bring a supply of fresh drinking water with you.
9. Keep equipment as streamlined as possible to avoid entanglement.
10. Know your personal limitations and abide by them. Plan your dive and dive your plan.

Divers Alert Network (DAN):

Information Line 919-684-2948

DAN Emergency Hotline 919-684-9111

[www.lidaonline.com](http://www.lidaonline.com)

PERMITTEE MUST READ BOTH SIDES OF PERMIT, ABIDE BY ALL RULES AND REGULATIONS AND SIGN PERMIT.

**In case of an emergency, call 911**

