



Spring 2024



RESERVATIONS

Reservations are required and are taken two weeks prior to the program.

- To register, please visit [Eventbrite.com](https://www.eventbrite.com) and search by program title, #HempsteadLake or #NatureAdventure.

Space is limited. If you are unable to keep your reservation, please cancel so others may have the opportunity to attend.

PAYMENT INFORMATION

- Tiny Tots (ages 3-5) - \$4 per child
- Children's Programs (geared for 6 & up) - \$4 per child
- Family Programs (geared for 5 & up) - \$4 per person
- Adult Programs (geared for 18 & up) - \$4 per person

Parking Fees may apply. Visit parks.ny.gov and search by park for more info.

CONTACT US!

📞 (516) 766-1029

✉ hempsteadlakeEE@parks.ny.gov

Add us on Facebook!



Follow us on Instagram!
@hempsteadlakestatepark



Environmental Education and Resiliency Center

Monday- Sunday
9:00 AM - 4:00 PM



Take Your Students on a Trip to New York State Parks with the Connect Kids Grant!



CLEAN UP
AT HEMPSTEAD
LAKE STATE PARK

SATURDAY
APRIL 20, 2024
10:00AM-11:30AM

NO REGISTRATION REQUIRED.

Join us at the Environmental Education and
Resiliency Center at Field 1!



June 8th 10:00am - 2:00pm

No registration is required, please meet at Field 1.

I LOVE
MY PARK
days
www.ptny.org

May 4th

9:00am-12:00pm

To register, please visit

www.ptny.org

April Activity: Color and Cut Earth Day Bookmark



Everyday is Earth Day at
Hempstead Lake State Park

Do you want to give back to the
community and Hempstead lake
State Park?

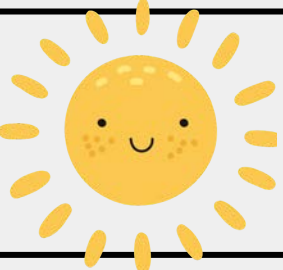
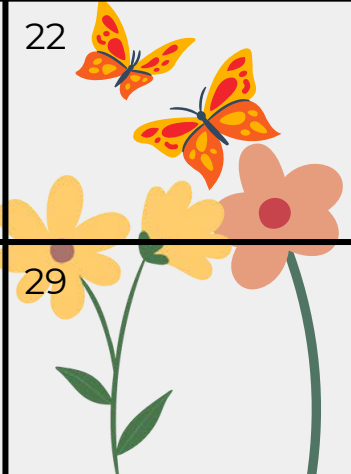
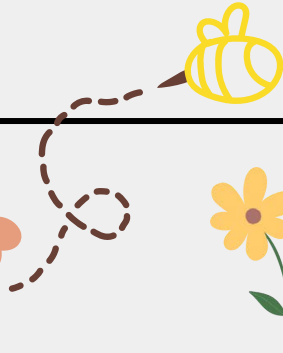
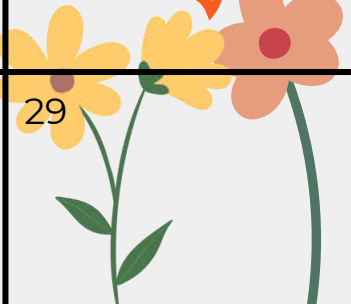
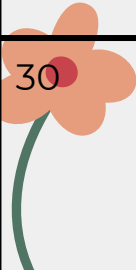

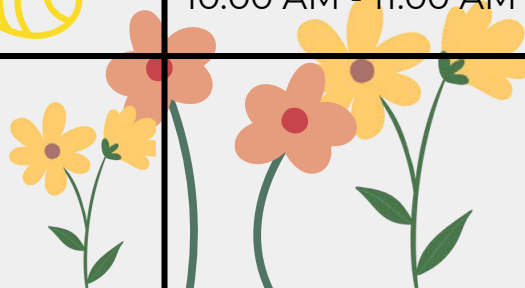

Please email HempsteadLakeEE@parks.ny.gov
to be added to our volunteer mailing list or to
schedule a park cleanup for your group!





APRIL 2024



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4	5 Tiny Tots: Hop into Spring 10:00 AM - 11:00 AM	6 Spring Scavenger Hunt 1:00 PM - 2:30 PM
7 Solar Eclipse Program 1:00 PM - 2:30 PM	8	9	10	11	12	13 Backyard Birds 1:00 PM - 2:30 PM
14 Earth Day Mindfulness Walk 1:00 PM - 2:30 PM	15	16	17	18	19	20 Earth Day Clean Up 10:00 AM - 11:30 AM
21 The Lorax Storytime 1:00 PM - 2:30 PM	22 	23	24	25 	26 Tiny Tots: Dino Madness 10:00 AM - 11:00 AM	27 Rainbow Science at Valley Stream State Park (free) 1:00 PM - 2:30 PM
28 Terrific Terrariums 1:00 PM - 2:30 PM	29 	30 				
						

APRIL 2024

PROGRAM DESCRIPTIONS



New York State
Parks, Recreation and
Historic Preservation

Eventbrite

Register here!



parks.ny.gov



@lhempsteadlakestatepark



Hempstead Lake State Park

Spring Scavenger Hunt

Saturday, April 6th 1:00PM - 2:30PM

Children Program

Join us as we search the park for the telltale signs of spring.

Solar Eclipse

Sunday, April 7th 1:00PM - 2:30PM

Family Program

Together we will learn about the solar eclipse and safe ways to view it from our very own backyard!

Backyard Birds

Saturday, April 13th 1:00PM - 2:30PM

Family Program

Explore the wonderful world of birds! Recognize the feathery friends living in our backyard and decorate a birdhouse for them!

Earth Day Mindfulness Walk

Sunday, April 14th 1:00PM - 2:30PM

Adult Program

Come create a nature journal and then join us as we hike through Hempstead Lake State Park.

Earth Day Cleanup (Free)

Saturday, April 20th 10:00AM - 11:30AM

Family Program

Get outside and celebrate Earth Day at Hempstead Lake State Park by helping to keep it clean!

The Lorax Storytime

Sunday, April 21st 1:00PM - 2:30PM

Family Program

Celebrate Earth Day with us as we enter the world of Dr. Seuss' The Lorax!

Rainbow Science at Valley Stream SP

Saturday, April 27th 1:00PM - 2:30PM

Children Program (free)

Together we will create fun rainbow science experiments and predict the results!

Terrific Terrariums

Sunday, April 28th 1:00PM - 2:30PM

Children Program

Discover the wonders of the water cycle! Join us as we get an up-close view of the Water Cycle in action and create your very own terrarium.

TINY TOTS

Explore the natural world around us. These programs will connect children and their parents with nature through short walks, animal visitors, and crafts.

10:00am-11:00am

Friday, April 5th: Hop into Spring

Friday, April 26th: Dino Madness



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Eventbrite

Register here!



New York State
Parks, Recreation and
Historic Preservation

MAY 2024



parks.ny.gov



@lhempsteadlakestatepark



Hempstead Lake State Park

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3 Tiny Tots: Beautiful Butterflies 10:00 AM - 11:00 AM	4 I LOVE MY PARK days <small>www.ptny.org</small> 9:00 AM - 12:00 PM
5 Mud Science 1:00 PM - 2:30 PM	6	7	8	9	10	11 Gardening 101 for Kids 1:00 PM - 2:30 PM
12	13	14	15	16	17 Tiny Tots: Moana Storytime and Craft 10:00 AM - 11:00 AM	18 Elephants Everywhere 1:00 PM - 2:30 PM
19 Haiku Hike and Workshop 1:00 PM - 2:30 PM	20	21	22	23	24	25
26	27	28	29	30	31 Tiny Tots: Gardening 10:00 AM - 11:00 AM	

MAY 2024

PROGRAM DESCRIPTIONS

I Love My Park Day Cleanup (Free)

Saturday, May 4th 9:00AM - 12:00PM

Join us for our annual I Love My Park Day trash cleanup. All ages welcome. Visit www.ptny.org/events/i-love-my-park-day to register.

Mud Science

Sunday May 5th 1:00PM - 2:30PM

Family Program

How do Scientists conduct experiments? Together we will create fun experiments and predict the results! Who knows what kinds of things we will discover with mud!

Gardening 101 for Kids

Saturday May 11 1:00PM - 2:30PM

Family Program

Join us for gardening tips and a fun craft! Paint your own pot and plant your own flower to take home.

Elephants Everywhere

Saturday, May 18th 1:00PM - 2:30PM

Family Program

Celebrate Asian American Pacific Islanders Heritage month and learn about the incredible Indian elephant. Create and take home a beautiful elephant craft.



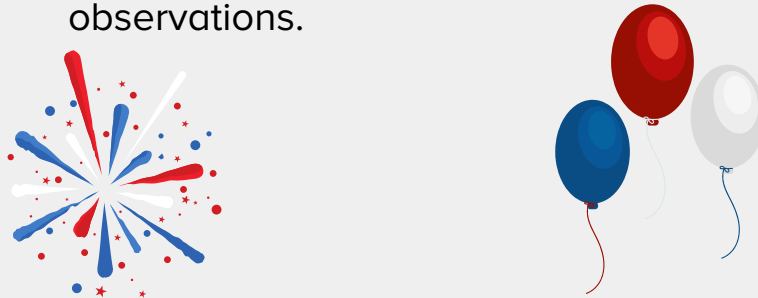
New York State
Parks, Recreation and
Historic Preservation

Haiku Hike and Workshop

Sunday, May 19th 1:00PM - 2:30PM

Family Program

Celebrate Asian American Pacific Islanders Heritage month and join us for a workshop on the traditional Japanese poetry form of Haiku. We will go on a hike and compose Haikus based on our surroundings and observations.



MEMORIAL DAY



Eventbrite

[Register here!](#)



parks.ny.gov



@lhempsteadlakestatepark



Hempstead Lake State Park

TINY TOTS

Explore the natural world around us. These programs will connect children and their parents with nature through short walks, animal visitors, and crafts.

10:00am-11:00am

Friday, May 3rd: Beautiful Butterflies
Friday, May 17th: Moana Storytime and Craft

Friday, May 31st: Gardening

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JUNE 2024



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 Bear Bonanza 1:00 PM - 2:30 PM
2 Beautiful Bees 1:00 PM - 2:30 PM	3	4	5	6	7	8 Get Outdoors and Get Together Day 10:00 AM - 2:00 PM
9 Nature Meditation Walk 10:00 AM - 11:30 AM	10	11	12	13	14 Tiny Tots: Animal Habitats 10:00 AM - 11:00 AM	15 Spring Awakening at Valley Stream 1:00 PM- 2:30 PM
16	17	18	19  Juneteenth	20	21	22
23 Rainbow Science 1:00 PM - 2:30 PM	24	25	26	27	28 Tiny Tots: Baby Marine Bio 10:00 AM - 11:00 AM	29 Backyard Camping 1:00 PM - 2:30 PM
30						

JUNE 2024


PROGRAM DESCRIPTIONS





Eventbrite

[Register here!](#)



 parks.ny.gov

 @lhempsteadlakestatepark

 Hempstead Lake State Park

Bear Bonanza

Saturday, June 1st 1:00PM - 2:30PM

Children Program

Celebrate National Bear Day with us by learning about all things bears! There will be bear trivia and a fun craft.



Beautiful Bees

Sunday, June 2nd 1:00PM - 2:30PM

Adult Program

We will be discussing the importance of bees in our ecosystem and how they contribute to our daily lives. We will also paint candles.

Nature Meditation Walk

Sunday, June 9th 10:00AM - 11:30AM

Family Program

Join us on a meditative and peaceful walk around Hempstead Lake State Park.

Spring Awakening at Valley Stream SP

Saturday, June 15th 1:00 PM - 2:30 PM

Family Program

Prepare to use your green thumbs in this hands on program. Help us ready our gardens for the upcoming season and discover the fun of gardening.

Rainbow Science

Sunday, June 23rd 1:00PM - 2:30PM

Family Program

Together we will create fun rainbow science experiments and predict the results!

Backyard Camping

Saturday, June 29th 1:00PM - 2:30PM

Family Program

Come learn about the basics of camping and how you can go camping in your own backyard!



TINY TOTS

Explore the natural world around us. These programs will connect children and their parents with nature through short walks, animal visitors, and crafts.

10:00am-11:00am

Friday, June 14th: Animal Habitats

Friday, June 28th: Baby Marine Bio



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