BELMONT LAKE STATE PARK (631)667-5055
North Babylon, Long Island – South Shore (inland)

Distance from New York City: 42 miles

DIRECTION – FROM WESTCHESTER, BRONX, MANHATTAN, NORTHERN QUEENS:

VIA AUTO:

1) Throgs Neck Bridge or
2) Whitestone Bridge to Cross Island Parkway south to:  
   a) Long Island Expressway east to:
   or     b) Grand Central Parkway east to:
   or     c) Southern State Parkway east to Park (Exit 38N)
   or
3) Triboro Bridge to: (b) above
   or
4) Queensboro/59th Street Bridge to Queens Boulevard to: (a) above
   or
5) Midtown Tunnel to: (a) above

VIA BUS:

1) Throgs Neck Bridge to Route 295 (Clearview Expressway) south
   or
2) Whitestone Bridge to Route 678 (Whitestone/Van Wyck Expressway) south
   or
3) Triboro Bridge to Route 278 (Brooklyn-Queens Expressway) south
   or
4) Queensboro/59th Street Bridge to Queens Boulevard
   or
5) Midtown Tunnel

DIRECTIONS – FROM BROOKLYN & SOUTHERN QUEENS:

VIA AUTO:

1) Shore/Belt Parkway to: 1 – (c) auto route above
   or
2) Atlantic Avenue east, to So. Conduit Avenue east, to Belt Parkway to: 1 – (c) auto route above

VIA BUS:

1) Route 278 (Brooklyn-Queens Expressway) north to: Route 495 and follow bus route above
   or
2) Atlantic Avenue east, to So. Conduit Avenue east, to Sunrise Highway east, to Deer Park Avenue north to Sylvan Road. Left (west) on Sylvan Road to park.

PUBLIC TRANSPORTATION:

Long Island Railroad to Babylon Station – about 4 miles from the park. No scheduled bus service between the railroad station to the park.

PARK FACILITIES:

Picnic and play areas, softball, row boating/pedal boating (in season), hiking trails, bridal path*, horseshoe courts, basketball court, refreshment stand, and picnic pavilions (Birch, Maple, Oak, and Pine) for organized groups.

Please call (631) 321-3515, or 3777, or 3776 for more information about renting a pavilion or obtaining a permit.

*Stables are not under jurisdiction of the Long Island State Park and Recreation Commission; operated outside park area. Call (631)587-7778 for more information.