

Fall 2023

Hempstead Lake State Park



RESERVATIONS

Reservations are required and are taken two weeks prior to the program.

- To register, please visit [Eventbrite.com](https://www.eventbrite.com) and search by program title, #HempsteadLake or #NatureAdventure.

Space is limited. If you are unable to keep your reservation, please cancel so others may have the opportunity to attend.

PAYMENT INFORMATION

- Tiny Tots (ages 3-5) - \$4 per child
- Children's Programs (geared for 6 & up) - \$4 per child
- Family Programs (geared for 6 & up) - \$4 per person
- Adult Programs (geared for 18 & up) - \$4 per person

Parking Fees may apply.

Visit parks.ny.gov and search by park for more info.

CONTACT US!

📞 (516) 766-1029

✉ hempsteadlakeEE@parks.ny.gov

Add us on
Facebook!



Follow us on Instagram!
@hempsteadlakestatepark



Environmental Education and Resiliency Center

Monday- Sunday
9:00 AM - 5:00 PM
Until 11/9

Monday- Sunday
9:00 AM - 4:00 PM
After 11/9



Take Your Students on a
Trip to New York State Parks
with the Connect Kids Grant!



Fall Fishing Festival

October 21st, 10:00am-3:00pm

No registration required.

Meet at field 3 by McDonald and South Ponds.

All ages are welcome to join us at this fall and Halloween themed festival! Costumes are encouraged!

Haunted House Tours

Connetquot River State Park Preserve

Walk the halls of the Connetquot River Preserve Clubhouse as spirits and monsters come back to life! Then find your way through the woods as you encounter the wandering ghosts of Long Island's local myths and legends.

3 Nights of Fright! 7:00pm-9:00pm

- Friday, Oct 20th
- Saturday, Oct 21st
- Sunday Oct 22nd



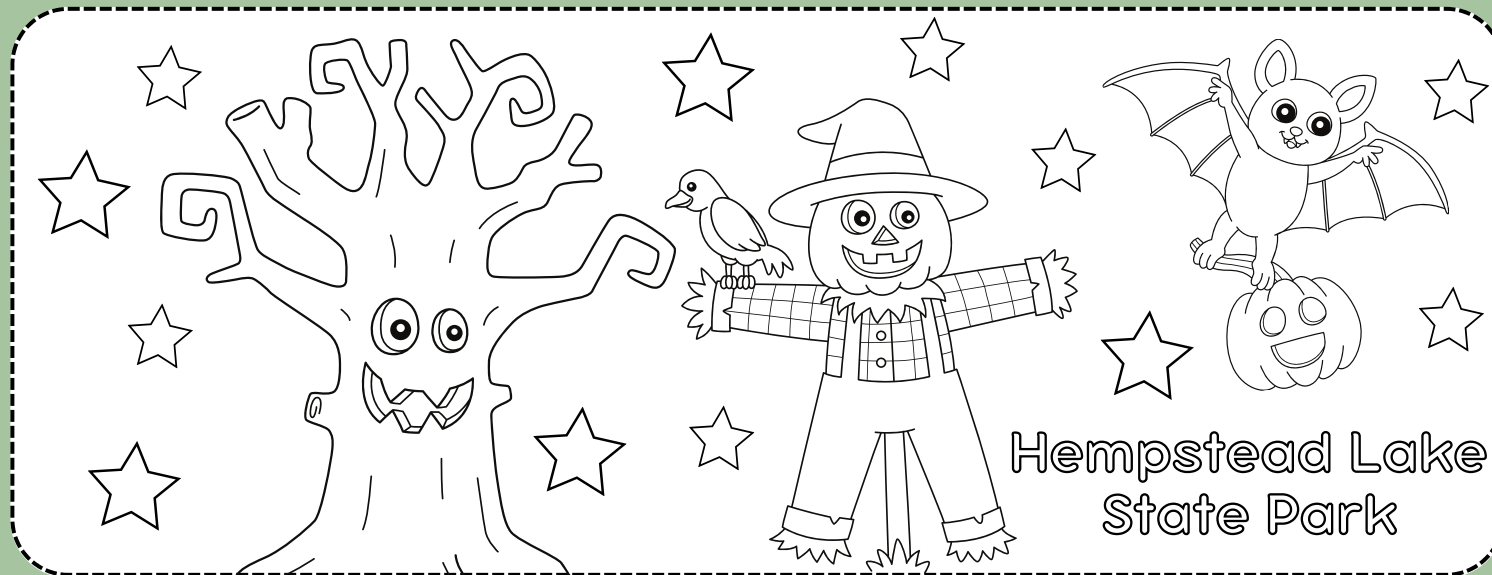
Register on Eventbrite.com
search #NatureAdventure

WE'RE HIRING

There are seasonal job opportunities available in the park! If interested, please call (516)-766-1029 for more information!



October Activity: Color and Cut Halloween Bookmark



Interested in volunteering?

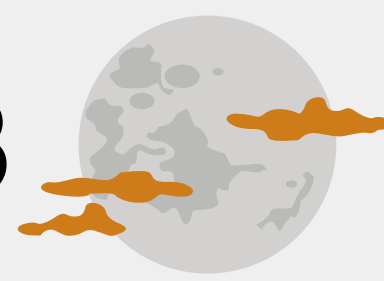
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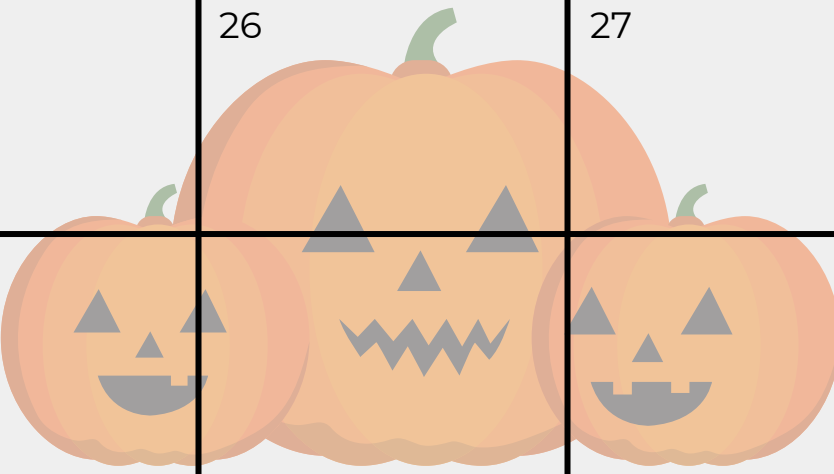

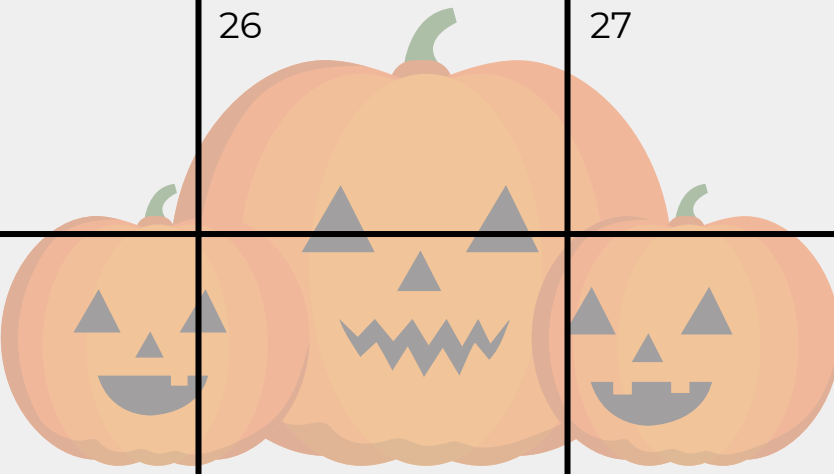
HempsteadLakeEE@parks.ny.gov
to be added to our volunteer mailing list or to schedule a park cleanup for your group!





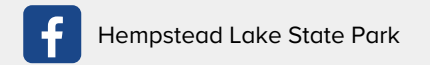
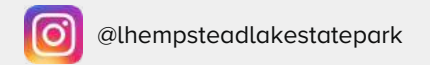
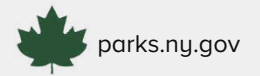
OCTOBER 2023



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
1 Owl Pellet Dissection (Children 8+) 1:00pm-2:30pm	2	3 	4	5 	6 Tiny Tots (Ages 3-5) 10:00am-11:00am	7 Harvest Wreath Making (Family) 1:00pm-2:30pm	
8 FREE! Harvest Wreath Making @ Valley Stream State Park (Family) 1:00pm-2:30pm	9 	10 	11 	12 	13	14 FREE! Storytime Saturday 10:00am-11:00am (ages 3-5)	
15 Hispanic Heritage Month Science Experiments (Children 6+) 1:00pm-2:30pm	16	17	18	19	20 Tiny Tots (Ages 3-5) 10:00am-11:00am	21 Fall Fishing FREE! Festival (Family) Meet at field 3 by McDonald Pond! 10:00am-3:00pm	
22 Fall Bird Migration (Adult) 10:00am-11:30am	23	24	25	26 	27	28 FREE! Storytime Saturday 10:00am-11:00am (ages 3-5) Spooky Spider Webs 1:00pm-2:30pm (Children 6+)	
29 Trek or Treat (Family) 10:00am-11:30am	30	31 					

OCTOBER 2023

PROGRAM DESCRIPTIONS



Owl Pellet Dissection

October 1st, 1:00pm-2:30pm

Children (8+) Program

Explore the world of owls! Learn how they survive and hunt at night. Dissect a real owl pellet to discover what creatures are eaten by these fascinating birds.

Harvest Wreath Making

October 7th, 1:00pm-2:30pm

Family Program

Join us as we create fall-themed wreaths using natural materials found in the park! One wreath per family.

Harvest Wreath Making

@ Valley Stream State Park

October 8th, 1:00pm-2:30pm

Family Program

Join us as we create fall-themed wreaths using natural materials found in the park! One wreath per family. Meet at the park office.



Hispanic Heritage Month Science Experiments

October 15th, 1:00pm-2:30pm

Children (6+) Program

Celebrate Hispanic Heritage Month by taking a closer look at Hispanic scientists and their amazing contributions to the world. Conduct experiments that explore concepts and designs discovered by a Hispanic scientist.

Fall Fishing Festival

October 21st, 10:00am-3:00pm



Family Program

Enjoy a free, fun day of fishing provided by the DEC. Learn about the different freshwater fish that live in Hempstead Lake State Park as you complete games and hands on activities. No registration is required, meet at Field 3 by McDonald and South Pond.

Fall Bird Migration Walk

October 22nd, 10:00am-11:30am

Adult Program

As the days get shorter it signals the birds to be on the move. Join us for a walk along the lake as we observe the birds migrating through our park.

Spooky Spider Webs

October 28th, 1:00pm-2:30pm

Children (6+) Program

Join us in discovering all about the benefits of spiders, how they make webs and where they fit into our local ecosystems.

Trek or Treat

October 29th, 10:00am-11:30am

Family Program

Join us on our search for all things spooky on this Halloween themed scavenger hunt! Costumes are encouraged and welcomed!

TINY TOTS (AGES 3-5)

10:00am-11:00am

October 6th: Owls

October 20th: Happy Halloween

Explore the natural world around us. These programs will connect children and their parents with nature through short walks, animal visitors, and crafts.

STORYTIME SATURDAY

October 14th & 28th, 10:00am-11:00am



Spend your Saturday morning with us for a story, coloring, and more! (Ages 3-5)

Registration and adult supervision is required.

RESERVATIONS

Registration for each program will open two weeks in advance at 9:00am. Registration is **required** for admittance unless otherwise stated.

To register, please visit [Eventbrite.com](https://www.eventbrite.com) and search #NatureAdventure or #HempsteadLake



Eventbrite

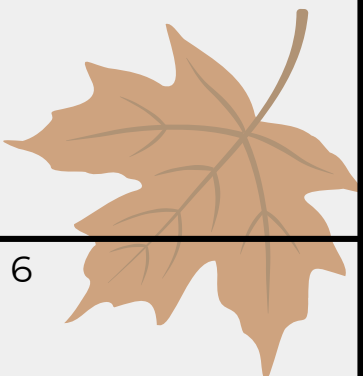

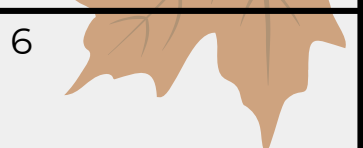

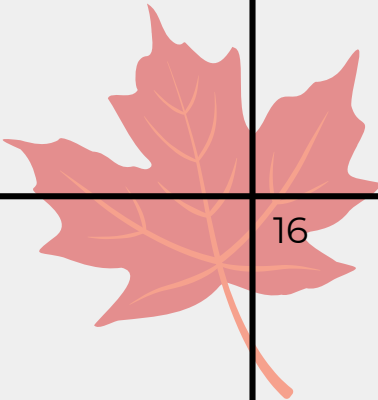

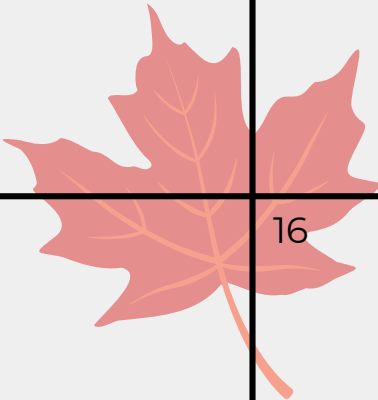

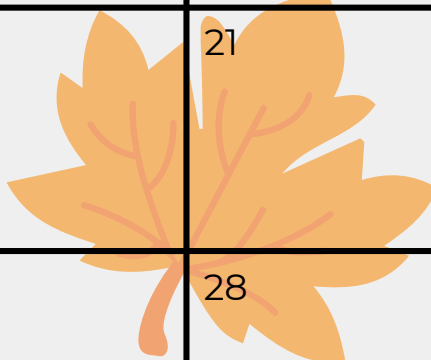
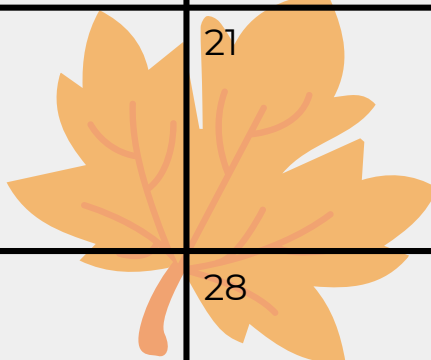


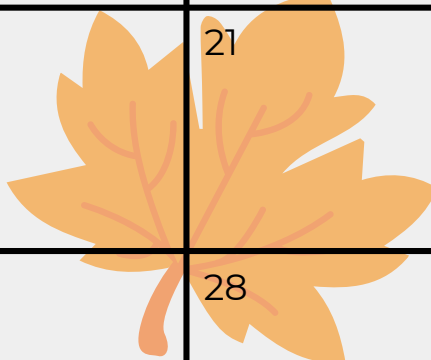
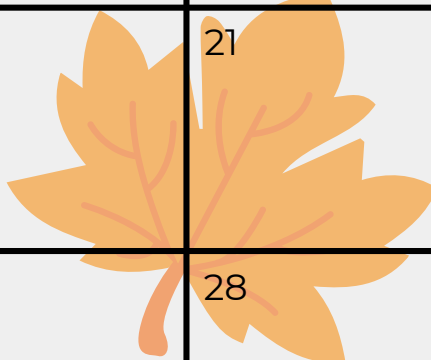
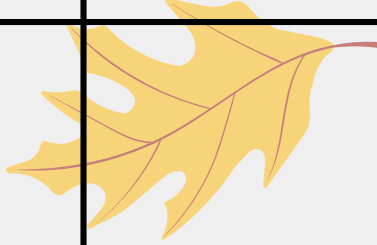
[Register here!](#)





NOVEMBER 2023



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 Happy American Indian Heritage Month!	2 	3 Tiny Tots (Ages 3-5) 10:00am-11:00am	4 Art in the Park (Teens 13+) 1:00pm-2:30pm
5 Seasonal Scavenger Hunt (Children 6+) 10:00am-11:30am	6 	7 	8	9 	10	11  Storytime Saturday 10:00am-11:00am (ages 3-5)
12 Trees are Terrific (Children 6+) 10:00am-11:30am	13	14	15	16 	17 Tiny Tots (Ages 3-5) 10:00am-11:00am	18  Leaves and Trees Activity @ Valley Stream State Park (Children 6+) 1:00pm-3:00pm
19 It's a Small World (Children 8+) 1:00pm-2:30pm	20 	21 	22	23 HAPPY 	24 Turkey Trek (Family) 10:00am-11:30am	25  Storytime Saturday 10:00am-11:00am (ages 3-5)
26 How Animals Prepare for Winter (Children 6+) 10:00am-11:30am	27 	28 	29	30 		

NOVEMBER 2023

PROGRAM DESCRIPTIONS



Art in the Park

November 4th, 1:00pm-2:30pm

Teens (13+) Program

We can look to nature for art inspiration. Collect different natural materials such as seeds, leaves, and twigs to create a unique work of art.

Seasonal Scavenger Hunt

November 5th, 10:00am-11:30am

Children Program

Experience fall at Hempstead Lake State Park! Join us as we search the park for signs of the changing seasons.

Trees are Terrific

November 12th, 10:00am-11:30am

Children (6+) Program

Explore the fascinating world of trees and their importance to the ecosystems at the park. Discover fun new ways to identify trees.

Leaves and Trees Activity

@ Valley Stream State Park

November 18th, 1:00pm-3:00pm

Family Program



- Stop by the park office between 1:00pm and 2:30pm to participate in a tree-themed activity.
- No registration required.

It's a Small World

November 19th, 1:00pm-2:30pm

Children (8+) Program

Discover a whole new world! Join us for a walk in the park in search of nature's hidden secrets. We will gather materials from throughout the park to examine under a microscope.

Turkey Trek

November 24th, 10:00am-11:30am

Family Program

Take a leisurely trek around the Bridle Path to burn off those Thanksgiving calories. The hike is 3 miles long.

How Animals Prepare for Winter

November 26th, 10:00am-11:30am

Children (6+) Program

Have you ever wondered where all the animals go during the winter? Let's explore the winter behavior of animals and see how they adapt to make it through the cold months.

STORYTIME SATURDAY

November 11th & 25th, 10:00am-11:00am

Spend your Saturday morning with us for a story, coloring, and more! (Ages 3-5) Registration and adult supervision is required.



TINY TOTS (AGES 3-5)

10:00am-11:00am

November 3rd: Leaves and Trees

November 17th: Fun in Fall

Explore the natural world around us. These programs will connect children and their parents with nature through short walks, animal visitors, and crafts.

RESERVATIONS

Registration for each program will open two weeks in advance at 9:00am.

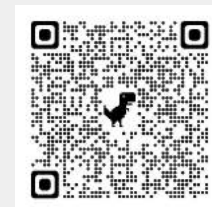
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#HempsteadLake

Eventbrite

[Register here!](#)





DECEMBER 2023



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 Tiny Tots (Ages 3-5) 10:00am-11:00am	2 Holiday Wreath Making (Family) 1:00pm-2:30pm
3 Holiday Wreath Making (Family) 1:00pm-2:30pm	4 FREE! Holiday Wreath Making (Family) 3:00pm-4:30pm	5	6	7	8 <i>Happy Hanukkah</i>	9 FREE! Storytime Saturday 10:00am-11:00am (ages 3-5)
10 Furs and Skulls (Children 6+) 10:00am-11:30am	11	12	13	14	15 Tiny Tots (Ages 3-5) 10:00am-11:00am	16 Feathered Friend Feeders (Children 6+) 10:00am-11:30am
17 Sticky Ice Science (Children 6+) 1:00pm-2:30pm	18	19	20	21 <i>Happy Winter</i>	22	23 FREE! Storytime Saturday 10:00am-11:00am (ages 3-5)
24 Wintering Waterfowl (Adult) 10:00am-11:30am	25 <i>Merry Christmas</i>	26 <i>Happy Kwanzaa</i>	27	28	29 Tiny Tots (Ages 3-5) 10:00am-11:00am	30 FREE! Winter Wonders Walk @ Valley Stream State Park (Family) 1:00pm-2:30pm
31						

DECEMBER 2023

PROGRAM DESCRIPTIONS



Holiday Wreath Making

December 2nd, 1:00pm-2:30pm

December 3rd, 1:00pm-2:30pm

December 4th, 3:00pm-4:30pm (FREE)

Family Program

Hanging a beautiful wreath on your door is a great way to celebrate the holiday season. We will provide the wreath and plant material but feel free to bring bows, ribbons or ornaments to decorate with. One wreath per household.

Furs and Skulls

December 10th, 10:00am-11:30am

Children (6+) Program

Observing the fur and skulls of different animals can tell us how they adapt to living in the wild. Investigate animal adaptations and make an animal track booklet.

Feathered Friend Feeders

December 16th, 10:00am-11:30am

Children (6+) Program

How do birds stay warm in the winter? Learn about the winter birds that make their homes in Hempstead Lake State Park. Create your own pinecone bird feeder to take home and feed your feathery friends.

Sticky Ice Science

December 17th, 1:00pm-2:30pm

Children (6+) Program

Can we make an ice cube stick to the end of a string? Together we will observe how water changes phase from liquid, to solid, to gas and conduct icy experiments.

Winter Wonders Walk @ Valley Stream State Park

December 30th, 1:00pm-2:30pm

Family Program



Enjoy the crisp winter air during a walk through the forest. Take in all the beauty winter has to offer. Please dress for the weather and meet at the park office.

Wintering Waterfowl

December 31st, 10:00am-11:30am

Adult Program

Winter is coming and so are our feathery friends from the north! Let's see which waterfowl we can spot and whether they have migrated to our park.

STORYTIME SATURDAY



December 9th & 23rd, 10:00am-11:00am

Spend your Saturday morning with us for a story, coloring, and more! (Ages 3-5) Registration and adult supervision is required.

TINY TOTS (AGES 3-5)

10:00am-11:00am

December 1st: Animal Tracks

December 15th: Winter Birds

December 29th: Winter Wonderland

Explore the natural world around us. These programs will connect children and their parents with nature through short walks, animal visitors, and crafts.

RESERVATIONS

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