

ABOUT HYDE PARK TRAILS

Dozens of trails thread through the town of Hyde Park, linking parks, preserves, historic sites and more. Some trails follow wide and gentle woods roads left by generations of farms and estates. Others are true hiking trails that can be narrow and steep. In-between are sidewalks and linkages to neighborhoods and businesses. A single trail may weave together scenic views, woodlands, gardens, Hudson Valley history and healthy physical activity.

The logo of the Hyde Park Trail is the leaf of the tulip tree (*Liriodenron tulipifera*), which was a particular favorite of FDR. Our other trails are marked with colorcoded blazes painted on trees.

The Hyde Park Trail Committee has

worked since 1988 to build and maintain these trails for local residents and visitors alike. Since its beginning, the Hyde Park Trail has grown from a single link between the FDR and Vanderbilt Sites into a trail system with links to Val-Kill, Top Cottage, Pinewoods and Hackett Hill Parks, and the Winnakee Land Trust's Nature Preserve.

Designated a Hudson River Valley Greenway Trail in 1992 and a National Recreation Trail in 2006, the long term goal is to extend the trail north and south along the Hudson River to connect with to Rhinebeck and Poughkeepsie.

A LEGACY OF GREAT ESTATES

The Franklin D. Roosevelt Home, Library & Museum preserves the legacy of America's only four-term President. The trails follow woods roads, highlighted in places by forest plantations established by FDR. Between 1912 and 1945, FDR



planted over a half million trees on his property. Visits to the site begin at the Henry A. Wallace Visitor Center.

Eleanor Roosevelt's home, Val-Kill, is where she wrote, found quiet solace, enjoyed family activities, and entertained leaders from around the world. Eleanor was the author of the United Nations "Universal Declaration of Human Rights." Eleanor's Walk is a loop trail which Eleanor often walked.

Top Cottage is the hilltop retreat FDR built in 1938 to "escape the mob." The trail to Top Cottage begins at Val-Kill. No private vehicles are permitted, but a seasonal shuttle bus is operated from the FDR site.

Vanderbilt National Historic Site showcases the mansion of railroad industrialist and philanthropist Frederick W. Vanderbilt, along with its elaborate gardens. Nearby, the trail skirts a bluff with famous views of the Hudson and Catskills.

Mills-Norrie State Park was donated to the state in the 1930's and hosted a Civilian Conservation Corps (CCC) camp. The CCC was a work relief program for young men, established as part of FDR's New Deal during the Great Depression. Staatsburgh State Historic Site is highlighted by the Beaux-Arts mansion and grounds to the State in 1938. Its lawn sweeps to the river's edge, and trails radiate through rolling woodlands. The trail from here to Norrie Point is the only major trail in Hyde Park which leads directly along the bank of the Hudson.

FACING THE HUDSON RIVER

The Hudson River has been the lifeblood of the Valley since before history, providing food, water and transport. It is a tidal estuary, known to Algonquian-speaking



Hyde Park Railroad Station

natives as "Muhheakantuck," translated as "the river that flows both ways." Since Colonial times, the Hyde Park riverfront has been used for shipping, boatbuilding, a prolific sturgeon fishery and a level route for the railroad. The river itself is a trail; the Hudson River Water Trail provides dozens of access points for paddlers between New York City and Albany.

THE HERITAGE OF OUR HILLS

Stone walls built for the roads and farms of previous generations still cross many Hyde Park neighborhoods, woodlands and trails. Rocky knolls and wetlands made farming difficult, but provided streams and waterfalls that were harnessed for water-powered mills. In one part of town, today's trail follows a road that housed a thriving African American community in the 1790s. In another, a boggy pond was excavated in the year 2000, to yield the skeleton of a mastodon that lived some 11,500 years ago. These and many other stories continue to enrich Hyde Park's landscape and community.

GENERAL INFORMATION

WALK SAFELY

- Some trails cross public roads, or even run along them.
 Obey all traffic laws and BE CAREFUL.
- Use of trails is at your own risk. Surfaces may be rough, uneven, wet or slippery. Use appropriate footwear.
- Poison ivy is common along the trail. (NOTE: include photo or line-art image?)
- Stay off of railroad tracks.
- Drinking water is not available along the trails. Be sure to bring your own.
- Lyme disease is spread by black-legged ticks. Avoid brushing against vegetation where they live. Use insect repellant on clothing, and tuck pants into socks to avoid tick bites. Learn more at www.stopticks.org

BECOME A TRAIL VOLUNTEER

The Hyde Park Trails are YOURS. We welcome individuals, groups and families to help us grow and sustain the Hyde Park Trails. Here are some ways we can help you meet new people, learn new skills and have lots of fun:

- Adopt a Trail Keep a trail well-marked and free of brush
- Build a Trail Help maintain trail signs, benches and kiosks, or build new trails
- Programs & promotion Help organize walks, events or public outreach
- Do you have a special skill or interest? There's probably a role for you.
- Call Hyde Park Recreation at 229-8086, and we will help you find a role.



For more information: www.hydeparkny.us/recreation/trails 845-229-8086.

Trails are good for health. Please see our "Hyde Park Healthy Trails Walkabout Brochure" www.hydeparkny.us/recreation/trails

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Hyde Park Trails



Great trails to great places