



# FALL AND WINTER PROGRAM GUIDE 2025 - 2026

Fall Session (Aquatics, Athletics & Cultural): October 1, 2025 – December 14, 2025

Fall/Winter Session (Skating): November 1, 2025 – March 15, 2026

Winter Session (Aquatics, Athletics & Cultural): January 2, 2026 – March 15, 2026



## PARK DIRECTORY

**Tara McGuire**, Assistant Regional Director

**Jared Leake**, Park Director

**Max Wycisk**, Operations Manager

**Aquatic Complex** (212) 694 – 3665

**Skating Complex** (212) 694 – 3642

**Athletic Complex** (212) 694 – 3637

**Revenue Office** (212) 694 – 3647

**Cultural Complex** (212) 694 – 3634

**Cashier's Booth** (212) 694 – 3599/3726

**Welcome Center** (212) 694 – 3654



@DennyFarrellRiverbankStatePark

<https://parks.ny.gov/parks/93/details.aspx>

## 2025 FALL PROGRAM REGISTRATION DATES

Priority Senior Registration <b>Classes with “✓” Only</b>	<b>August 18 – September 16</b> 9:00 AM – 5:00 PM	Submit application to department of choice
General Senior Registration	<b>Tuesday, September 16, 2025</b> 9:00 AM – 12:00 PM	Robert Frederick Smith Center for Performing Arts (Theatre)
Aquatics Registration	<b>Wednesday, September 17, 2025</b> 5:00 PM – 8:00 PM	Robert Frederick Smith Center for Performing Arts (Theatre)
General Registration	<b>Saturday, September 20, 2025</b> 9:00 AM – 1:00 PM	Cultural Complex Hallway <b>APPLICATION DROP OFFS ONLY</b>

## 2026 WINTER PROGRAM REGISTRATION DATES

Priority Senior Registration <b>Classes with “✓” Only</b>	<b>December 1 – December 16</b> 9:00 AM – 5:00 PM	Submit application to department of choice
General Senior Registration	<b>Tuesday, December 16, 2025</b> 9:00 AM – 12:00 PM	Robert Frederick Smith Center for Performing Arts (Theatre)
Aquatics Registration	<b>Wednesday December 17, 2025</b> 5:00 PM – 8:00 PM	Robert Frederick Smith Center for Performing Arts (Theatre)
General Registration	<b>Saturday, December 20, 2025</b> 9:00 AM – 1:00 PM	Cultural Complex Hallway <b>APPLICATION DROP OFFS ONLY</b>

**MISSED GENERAL  
REGISTRATION?**

EXTENDED REGISTRATION HOURS  
**(CLASS AVAILABILITY MAY BE LIMITED)**

**Athletics/Cultural Complex: Tuesday – Saturday**  
9:00 AM – 4:00 PM

**Skating Complex: Sunday – Saturday**  
10:00 AM – 4:00 PM

**Aquatics Complex: Monday – Friday**  
9:00 AM – 5:00 PM

**CASHIER BOOTH HOURS FOR PAYMENT**

**MONDAY:** 8:30 AM – 7:00 PM

**TUESDAY:** 8:30 AM – 7:00 PM

**WEDNESDAY:** 8:30 AM – 7:00 PM

**THURSDAY:** 8:30 AM – 7:00 PM

**FRIDAY:** 8:30 AM – 7:00 PM

**SATURDAY & SUNDAY:** 9:00 AM – 5:00 PM

## **REGISTRATION PROCESS**

1. Registration is first-come, first-served.
2. Applicants will receive a number and an application only for members of their household.
3. Participants may register for only **one** section of a class at a time.
4. Applicants will be called by their number to turn in their application to be reviewed by a park employee.
5. Applicants will receive a confirmation email of enrollment or denial if class has reached capacity.
6. **Applications with multiple classes may not be able to get into every class.**
7. **Applications with errors and/or missing information may not be able to be processed in order received.**

## **NEW MEMBER REQUIREMENTS**

- ❖ Proof of age (state ID, birth certificate, passport, official school transcript, immunization records, etc.)
- ❖ \$10 Park Membership Fee (one-time charge).
- ❖ Adaptive classes require proof of medical condition.  
NOTE: All adaptive classes have been audited and determined to be properly accessible.

## **PROGRAM REGISTRATION FEES**

- ❖ ALL FEES ARE NON-REFUNDABLE.
- ❖ All programs require registration and payment of a membership fee.
- ❖ Registration fees are charged **ONCE** per season for **EACH** registering patron.  
\$3 FOR SENIORS, \$4 FOR ALL OTHERS

## **PROGRAM PAYMENTS**

- ❖ Applicants who received a confirmation email may pay for their classes 72 hours after receiving their confirmation of enrollment.
- ❖ Registrants must **PAY IN FULL** by:
  - **Fall:** Friday, **September 26**
  - **Winter:** Friday, **December 26**
- ❖ **NO PARTIAL PAYMENTS.**
- ❖ **ALL PREVIOUS BALANCES MUST BE RESOLVED BEFORE PAYING FOR CURRENT CLASSES.**
- ❖ **PLEASE CANCEL ALL CLASSES YOU NO LONGER WISH TO TAKE BEFORE PAYING.**

## **PAYMENT OPTIONS**

1. **Money Order** payable to “NYSOPRHP-Denny Farrell Riverbank State Park”
2. **Credit Card** (Visa, Mastercard, American Express and Discover)
3. **NO PERSONAL CHECKS**
4. **Contactless Options:** Apple Pay, Google Pay, Samsung Pay
5. Telephone payments are available by calling the Cashier's Booth (212) 694-3726/3599.

## **CANCELLATIONS/REFUNDS**

- ❖ **All program fees must be paid by the noted payment deadlines of **Friday, September 26, 2025** /**Friday, December 26, 2025**. Any registration with unpaid fees as of the relevant deadline will be cancelled.**
- ❖ **Seasonal registration fees are due even if classes are cancelled.**
- ❖ The waitlists will be activated following the noted payment deadlines.
- ❖ If a program is cancelled by the park, a credit for the class fee will be made to your household account.
- ❖ **Participants have up to 30 days from original payment date to request a refund.**
- ❖ Refund/credit requests due to medical circumstances require medical documentation.

## **GENERAL INFORMATION**

- ❖ Programs are limited to registered participants only.
- ❖ **PARKING:** Denny Farrell Riverbank State Park offers free daily LOWER-LEVEL PUBLIC PARKING permits, which may be requested at the Ranger Booth at the park entrance on 145<sup>th</sup> Street and Riverside Drive.
- ❖ **By registering for a program at DFRBSP, you grant the park permission to take pictures and video during class for use in promotional materials. All participants must sign the photo release on the registration application.**
- ❖ **WE RESERVE THE RIGHT TO DISMISS ANY PARTICIPANTS DUE TO DISRUPTIVE OR UNACCEPTABLE BEHAVIOR.**
- ❖ **SCHEDULES ARE SUBJECT TO CHANGE.**

WE RESERVE THE RIGHT TO MAKE LAST MINUTE SCHEDULE AND PROGRAM CHANGES AND TO CLOSE FACILITIES/CANCEL CLASSES DUE TO EMERGENCY OR SAFETY REASONS. REGISTRATION/MEMBERSHIP FEES WILL NOT BE PRO-RATED; COMPENSATION OR REIMBURSEMENT REQUESTS WILL NOT BE HONORED.



## **WELCOME TO DENNY FARRELL RIVERBANK STATE PARK** **FALL & WINTER 2025 – 2026 REGISTRATION**



### ❖ **APPLICATION CHECKLIST**

- ☐ Is all required information in sections 1, 2, 3 and 4 filled in?
- ☐ Are the birth dates and ages of all registering members filled in?
- ☐ Are the codes for the classes that you are interested in entered correctly?
- ☐ Did you take a picture of your application for your records?

**\*\*\*An enrollment confirmation email will be sent to the Primary Member within 3 days for APPROVED classes.\*\*\***

### ❖ **WHEN CAN I MAKE A PAYMENT?**

1. Generally, after 3-5 days from the day you registered for the classes, you may begin making payment.
2. If you do NOT receive an email or receive a receipt in the mail, please inquire after 5 days.
3. **Review your bill and cancel any unwanted classes before you make your FULL PAYMENT!**
4. **We do not accept partial payments!**

### ❖ **NATURAL HERITAGE TRUST (NHT) PROGRAMS (NHT Programs are indicated with ★ )** **WHAT IS NHT?** A New York State program that directly supports specific recreational programs.

**RIVERBANK NHT PROGRAMS:** RIVERBANK'S BOYS AND GIRLS' BASKETBALL TEAMS, RIVERBANK BASEBALL PROGRAMS, RIVERBANK BASEBALL AND BASKETBALL ALUMNI, RIVERBANK DRILLS 4 SKILLS, ICE HOCKEY TEAMS, FIGURE SKATING PROGRAMS, TAEKWONDO, INDOOR T-BALL, SOCCER LEAGUE, FLAG FOOTBALL, FALL AND WINTER BASEBALL, YOUTH CHESS, RIVERBANK KNIGHTS, AND REDTAILS SWIM TEAM.

**PAYMENT OPTIONS:** NHT program fees are processed separately from all other program and registration fees.

1. **MONEY ORDERS** – Payable to Natural Heritage Trust (NHT) AND MUST BE IN THE AMOUNT OF THE PROGRAM FEE ONLY.
2. **CREDIT CARDS** – Online payment only. Website link will be provided after registration.

### **REMINDERS**

1. Registration applications are collected and inputted into our system in the order they are received by the **Revenue Department**.
2. You are responsible to pay for ALL classes you registered for.
3. **Registration Fees are due even if you cancel your classes.**
4. **FINAL DAY FOR SPRING PAYMENTS IS FRIDAY, SEPTEMBER 26, 2025.**
5. **FINAL DAY FOR WINTER PAYMENTS IS FRIDAY, DECEMBER 26, 2025.**

# DENNY FARRELL RIVERBANK STATE PARK REGISTRATION APPLICATION

## Application Instructions

### 1. Primary Member (18+)

First Name	Last Name	Household ID#
Address		Apt #
City	State	Zip Code
Home Phone		Work Phone
Email Address:		
<input type="checkbox"/> Changed Since Last Registration		<input type="checkbox"/> Name <input type="checkbox"/> Address <input type="checkbox"/> Phone <input type="checkbox"/> Email

- **PRINT CLEARLY**
- **Please complete sections 1, 2, 3 & 4** to avoid delay in processing your application.
- **New members must provide proof of age.**
- **Senior programs** (Ages 62+)
- **Adaptive programs** – Proof of disability / medical condition required.

#### Additional Park Fees:

- **Park Membership Fee \$10** (one-time charge to new members).
- **Registration Fee \$4** (seasonal charge)
- **Payment Information:** We accept cash, debit/credit cards and money orders.
- **NO PERSONAL CHECKS**
- **NO PARTIAL PAYMENT**
- For more information about payments call the Cashier's Booth (212) 694-3599/3726.
- **Fall Payments Due: September 26, 2025**
- **Winter Payments Due: December 26, 2025**

### 2. Emergency Contact

First Name	Last Name
Contact Phone	Relationship to Primary Member

### 3. Registering Household Members (Include Primary Member)

				Membership	
Name	M/F	DOB	Age	New	Returning
1.		/ /		<input type="checkbox"/>	<input type="checkbox"/>
2.		/ /		<input type="checkbox"/>	<input type="checkbox"/>
3.		/ /		<input type="checkbox"/>	<input type="checkbox"/>
4.		/ /		<input type="checkbox"/>	<input type="checkbox"/>

### 4. Program Registration (Include All Household Members on the Same Form)

PARK STAFF ONLY	Roster # RB Initials	Participants Name	Class Code	Age Group Class Title	Days Time	Fee

By signing below, I hereby affirm that I am 18 years or older and that I grant NYSOPRHP it's successors or assigns, agents or employee the right to use any image of me and/or my minor or custodial children, from the photographs taken during participation in DFRBSP programs, whether photographic or electronic, for any purpose, including but not limited to: exhibition, internet, publication or promotion, commercial and/or non-commercial.

I also hereby waive all claims to any fees or any other considerations or remuneration for use of such images regardless of their realized or potential commercial value and release its employees or agents and assigns from all claims and liability relating to said photographs and/or images.

\_\_\_\_\_  
Name (Printed)

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

#### For Official Riverbank Use Only

Application Received:	Date Processed and Initial:
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# Little Kids (Ages 5 – 7) Fall & Winter Programming

## Aquatic Programs

### Pre-School (Ages 5-6)

#### Please Note:

- Participating parent or guardian will be charged a registration fee for this class.

**Guardian is required to participate in each class with the child.**

**NO CLASSES:** October: 13<sup>th</sup>

November: 4<sup>th</sup>, 11<sup>th</sup>, 27<sup>th</sup> – 28<sup>th</sup>

January: 19<sup>th</sup>

February: 16<sup>th</sup> – 22<sup>nd</sup>

### Parent & Pre-Schooler (Ages 5-6)

Activity Code	Day(s)	Date Range	Time	Fee
311012-06	SA	10/04 – 12/13	1:00 – 1:30 PM	\$35
311012-6B	SA	10/04 – 12/13	1:00 – 1:30 PM	\$35
311012-6C	SA	10/04 – 12/13	1:30 – 2:00 PM	\$35
311012-6D	SA	10/04 – 12/13	1:30 – 2:00 PM	\$35

411012-06	SA	01/03 – 03/14	1:00 – 1:30 PM	\$35
411012-6B	SA	01/03 – 03/14	1:00 – 1:30 PM	\$35
411012-6C	SA	01/03 – 03/14	1:30 – 2:00 PM	\$35
411012-6D	SA	01/03 – 03/14	1:30 – 2:00 PM	\$35

**NO CLASSES:** October: 13<sup>th</sup>

November: 4<sup>th</sup>, 11<sup>th</sup>, 27<sup>th</sup> – 28<sup>th</sup>

January: 19<sup>th</sup>

February: 16<sup>th</sup> – 22<sup>nd</sup>

## Cultural Programs

### Little Kids (Ages 4 – 6)

#### Ballet (Age 4)

Activity Code	Day(s)	Date Range	Time	Fee
313143-06	SA	10/04 – 12/13	9:00 – 9:45 AM	\$60
413143-06	SA	01/03 – 03/14	9:00 – 9:45 AM	\$60

#### Ballet (Age 5 – 6)

313141-6B	SA	10/04 – 12/13	10:00 – 10:45 AM	\$60
413141-6B	SA	01/03 – 03/14	10:00 – 10:45 AM	\$60

#### Kids Arts & Crafts

313010-06	SA	10/04 – 12/13	1:00 – 2:00 PM	\$60
413010-06	SA	01/03 – 03/14	1:00 – 2:00 PM	\$60

#### Rhythm (Ages 4 – 6)

313090-06	SA	10/04 – 12/13	12:00 – 1:00 PM	\$60
413090-06	SA	01/03 – 03/14	12:00 – 1:00 PM	\$60

## Athletic Programs

### Little Kids (Ages 5 – 7)

**NO CLASSES:** October: 13<sup>th</sup>  
 November: 4<sup>th</sup>, 11<sup>th</sup>, 27<sup>th</sup> – 28<sup>th</sup>  
 January: 19<sup>th</sup>  
 February: 16<sup>th</sup> – 22<sup>nd</sup>  
 Classes marked with an \* will not meet  
 on Saturday, November 15

### Wendy Hilliard Gymnastics Foundation Presents Intro to Gymnastics Tumbling and Rhythmic Gymnastics

#### Sundays

10:30–11:15 AM Ages 5–6

11:30 AM–12:15 PM | Ages 7–9

12:30–1:15 PM | Ages 10–14

Fall Season: 10/05 - 12/14

Winter Season: 01/04 – 03/15

Register:

<https://portal.iclasspro.com/whgf/harlem/dashboard>

Cost: \$100 per season

★ = National Heritage Trust  
(NHT) Program

**WHAT IS NHT?** A New York State program that directly supports specific recreational programs.

**PAYMENT:** Please see page 4 for further details.

#### Soccer\*

Activity Code	Day(s)	Date Range	Time	Fee
312190-06	SA	10/04 – 12/13	9:00 – 10:00 AM	\$45
412290-06	SA	01/03 – 03/14	9:00 – 10:00 AM	\$45

#### Basketball\*

312150-06	SA	10/04 – 12/13	12:00 – 1:00 PM	\$45
412150-06	SA	01/03 – 03/14	12:00 – 1:00 PM	\$45

#### T-Ball League ★★

312140-06	SA	10/04 – 12/13	9:00 – 10:00 AM	\$50
412140-06	SA	01/03 – 03/14	9:00 – 10:00 AM	\$50

#### Karate\*

312250-06	SA	10/04 – 12/13	10:00 – 11:00 AM	\$45
412250-06	SA	01/03 – 03/14	10:00 – 11:00 AM	\$45

#### Tennis\*

312230-06	SA	10/04 – 12/13	9:00 – 10:00 AM	\$45
412230-06	SA	01/03 – 03/14	9:00 – 10:00 AM	\$45

## Skating Programs

### Little Kids (Ages 5 – 6)

**NO CLASSES:** November: 4<sup>th</sup>, 11<sup>th</sup>, 27<sup>th</sup> – 30<sup>th</sup>  
 December: 25<sup>th</sup>  
 January: 1<sup>st</sup>, 19<sup>th</sup>  
 February: 16<sup>th</sup> – 22<sup>nd</sup>  
 February 27-March 1

#### Ice Skate I

Activity Code	Day(s)	Date Range	Time	Fee
314010-06	SA	11/08-12/20	11:30 – 12:15 PM	\$92
314010-6B	SU	11/09-12/21	3:15 – 4:00 PM	\$92

414010-06	SA	01/03 – 03/14	11:30 – 12:15 PM	\$92
414010-6B	SU	01/04 – 03/15	3:15 – 4:00 PM	\$92

#### Learn to Play Hockey (Ages 5-8)

414020-06	SA	02/07 – 03/14	11:00 – 12:00 PM	\$100
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# Youth (Ages 7 – 14) Fall & Winter Programming

## Aquatic Programs

### Aquatics Registration Information

#### Fall & Winter Session Required Forms:

1. Confirmation of Skills Completion from Spring 2025 will be accepted.
2. Test required to enroll in Youth Levels 2,3 & 4.

If you do not have a Certificate of Completion from DFRBSP your child must be evaluated during the evaluation period: **August 11 – August 29, Monday-Friday, 11am-2pm**

#### Learn to Swim Level 2 & 3 Requirements:

Must complete Learn to Swim Level 1 or 2 at DFRBSP or be evaluated during the evaluation period **August 11 – August 29, Monday-Friday, 11am-2pm**

#### Please Note:

1. Only one parent or guardian per class session may sit in the designated waiting area.

**NO CLASSES:** October: 13<sup>th</sup>  
November: 4<sup>th</sup>, 11<sup>th</sup>, 27<sup>th</sup> – 28<sup>th</sup>  
January: 19<sup>th</sup>  
February: 16<sup>th</sup> – 22<sup>nd</sup>

#### Redtails swim team:

Contact coach for tryout (212) 694-3669

\*\*Redtails activity fee is due in full at time of registration and must be in the form of **MONEY ORDER** or **CREDIT CARD**. Credit cards accepted via online payment only. Website link will be provided after registration.\*\*

**ALL PROGRAMS ARE SUBJECT TO CHANGE**

### Youth (Ages 7 – 14)

#### Learn to Swim Level I

Activity Code	Day(s)	Date Range	Time	Fee
321011-01	T	10/07 - 12/09	4:30 – 5:15 PM	\$30
321011-03	W	10/01 – 12/10	4:30 – 5:15 PM	\$30
321011-02	TH	10/02 – 12/11	4:30 – 5:15 PM	\$30
321011-05	F	10/03 – 12/12	4:30 – 5:15 PM	\$30

#### Learn to Swim Level I

421011-01	M	01/05 – 03/09	4:00 – 4:45 PM	\$30
421011-03	W	01/07 – 03/11	5:00 – 5:45 PM	\$30

#### Learn to Swim Level I SATURDAY

321011-06	SA	10/04 – 12/13	9:15 – 10:00 AM	\$35
321011-6B	SA	10/04 – 12/13	10:00 – 10:45 AM	\$35

#### Learn to Swim Level I SATURDAY

421011-06	SA	01/03 – 03/14	9:15 – 10:00 AM	\$35
421011-6B	SA	01/03 – 03/14	10:00 – 10:45 AM	\$35
421011-6C	SA	01/03 – 03/14	9:15 – 10:00 AM	\$35

#### Learn to Swim Level II

321012-02	T	10/07 – 12/09	4:30 – 5:15 PM	\$30
321012-04	W	10/01 – 12/10	4:30 – 5:15 PM	\$20

#### Learn to Swim Level II

421012-02	T	01/06 – 03/10	4:30 – 5:15 PM	\$30
421012-04	TH	01/08 – 03/12	4:00 – 4:45 PM	\$30

#### Learn to Swim Level II SATURDAY

321012-06	SA	10/04 – 12/13	10:00 – 10:45 AM	\$35
321012-6B	SA	10/04 – 12/13	9:15 – 10:00 AM	\$35

#### Learn to Swim Level II SATURDAY

421012-06	SA	01/03 – 03/14	10:00 – 10:45 AM	\$35
421012-6B	SA	01/03 – 03/14	1:00 – 1:45 PM	\$35

#### Learn to Swim Level III

321013-02	TH	10/02 – 12/11	4:30 – 5:15 PM	\$30
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#### Learn to Swim Level III

421013-02	T	01/06 – 03/10	4:00 – 4:45 PM	\$30
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#### Learn to Swim Level III SATURDAY

321013-06	SA	10/04 – 12/13	11:00 – 11:45 AM	\$35
321013-6B	SA	10/04 – 12/13	12:00 – 12:45 PM	\$35

#### Learn to Swim Level III SATURDAY

421013-06	SA	01/03 – 03/14	11:00 – 11:45 AM	\$35
421013-6B	SA	01/03 – 03/14	12:00 – 12:45 PM	\$35

#### Learn to Swim Level IV

321014-01	F	10/03 – 12/12	4:30 – 5:15 PM	\$35
321014-06	SA	10/04 – 12/13	11:00 – 11:45 AM	\$35

421014-01	F	01/02 – 03/13	4:30 – 5:15 AM	\$35
421014-06	SA	01/03 – 03/14	11:00 – 11:45 AM	\$35



# Youth (Ages 7 – 14) Fall & Winter Programming

## Cultural Programs

### Cultural Registration Information

#### **NHT PROGRAMS**

1. Basic Chess (**Beginners**)
2. Riverbank Knights (**Intermediate/Advanced**)

**Must be paid in full by money order to NHT or credit card (online payment only).**

#### **Pre-requisites for Ballet Level II (Ages 8 – 14)**

- Must have completed Basic Ballet.

#### **Required Uniforms/Items for Class**

**ART CLASS:** Please wear painting clothing.

**BALLET CLASSES:** Black leotard, pink tights, and pink ballet shoes.

#### **Please Note:**

1. Only one parent or guardian per class session may sit in the designated waiting area.
2. PARENTS: Unless otherwise asked by the instructor, please wait outside until your child's class is over.
3. Class locations are subject to change.

**NO CLASSES:** October: 13<sup>th</sup>

November: 4<sup>th</sup>, 11<sup>th</sup>, 27<sup>th</sup> – 28<sup>th</sup>

January: 19<sup>th</sup>

February: 16<sup>th</sup> – 22<sup>nd</sup>

**ALL PROGRAMS ARE SUBJECT TO  
CHANGE**

### **Youth (Ages 7 – 14)**

#### **Ballet Level I (Ages 7 – 12)**

Activity Code	Day(s)	Date Range	Time	Fee
323140-06	SA	10/04 – 12/13	11:00 – 12:30 PM	\$60
423140-06	SA	01/03 – 03/14	11:00 – 12:30 PM	\$60

#### **Advanced Ballet II \***

323143-06	SA	10/04 – 12/13	12:30 – 2:00 PM	\$60
423143-06	SA	01/03 – 03/14	12:30 – 2:00 PM	\$60

#### **Hip Hop Expression**

323031-06	SU	10/05-12/14	1:00 – 1:45 PM	\$60
423031-06	SU	01/04-03/15	1:00 – 1:45 PM	\$60

#### **Riverbank Knights ★**

323281-06	SA	10/04 – 12/13	3:15 – 4:15 PM	\$60
423281-06	SA	01/03 – 03/14	3:15 – 4:15 PM	\$60

#### **Youth Art Workshop**

323010-06	SA	10/04 – 12/13	2:00 – 2:45 PM	\$60
423010-06	SA	01/03 – 03/14	2:00 – 2:45 PM	\$60

#### **Youth Chess ★**

323280-06	SA	10/04 – 12/13	2:15 – 3:15 PM	\$60
423280-06	SA	01/03 – 03/14	2:15 – 3:15 PM	\$60

#### **Dance, Dance, Dance**

323145-06	SA	10/04 – 12/13	1:00 – 2:00 PM	\$60
423145-06	SA	01/03 – 03/14	1:00 – 2:00 PM	\$60

#### **African Drumming by Bombazo Dance Company**

323045-06	W	10/01 – 12/10	4:00 – 4:45 PM	\$60
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#### **Bomba by Bombazo Dance Company**

323150-06	W	10/01 – 12/10	5:00 – 5:45 PM	\$60
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★ = National Heritage Trust  
(NHT) Program

**WHAT IS NHT?** A New York State program that directly supports specific recreational programs.

**PAYMENT:** Please see page 4 for further details.

# Youth (Ages 7 – 14) Fall & Winter Programming

## Athletic Programs

### Athletic Registration Information

#### NHT PROGRAMS

- T-Ball League
- Taekwondo
- Soccer League
- Flag Football
- Fall & Winter Baseball

**Must be paid in full by money order to NHT or credit card (online payment only).**

#### Pre-requisites for Advanced Classes

Must successfully complete beginners' classes and be selected by the management of the Athletic Complex.

#### Required for Classes

- Proper gym attire/ exercise clothing.
- Please leave your personal equipment at home.

#### Please Note:

1. Class locations are subject to change.

#### NO CLASSES:

**October: 13<sup>th</sup>**

**November: 4<sup>th</sup>, 11<sup>th</sup>, 14-15, 27<sup>th</sup> – 28<sup>th</sup>**

**January: 19<sup>th</sup>**

**February: 16<sup>th</sup> – 22<sup>nd</sup>**

**Classes marked with an \* will not meet on Saturday, November 15**

### Wendy Hilliard Gymnastics Foundation Presents Intro to Gymnastics Tumbling and Rhythmic Gymnastics

#### Sundays

10:30–11:15 AM Ages 5–6

11:30 AM–12:15 PM | Ages 7–9

12:30–1:15 PM | Ages 10–14

Fall Season: 10/05 - 12/14

Winter Season: 01/04 – 03/15

Register:

<https://portal.iclasspro.com/whgfharlem/dashboard>

Cost: \$100 per season

### Youth (Ages 7 – 14)

#### T-Ball League ★★

312140-06	SA	10/04 – 12/13	9:00 – 10:00 AM	<b>\$85</b>
412140-06	SA	01/03 – 03/14	9:00 – 10:00 AM	<b>\$85</b>

#### Taekwondo ★

322400-06	W/F	10/01 – 12/12	6:00 – 7:00 PM	<b>\$60</b>
322400-6B	W/F	10/01 – 12/12	7:00 – 8:00 PM	<b>\$60</b>
422400-06	W/F	01/02 – 03/13	6:00 – 7:00 PM	<b>\$60</b>
422400-6B	W/F	01/02 – 03/13	7:00 – 8:00 PM	<b>\$60</b>

#### Beginner Tennis

322231-06	SA	10/04 – 12/13	10:00 – 11:00 AM	<b>\$45</b>
422231-06	SA	01/03 – 03/14	10:00 – 11:00 AM	<b>\$45</b>

#### Intermediate Tennis

322232-06	SA	10/04 – 12/13	11:00 – 12:00 PM	<b>\$45</b>
422232-06	SA	01/03 – 03/14	11:00 – 12:00 PM	<b>\$45</b>

#### Beginner Karate (Ages 8 – 12)\*

322251-06	SA	10/04 – 12/13	11:00 – 12:00 PM	<b>\$45</b>
422251-06	SA	01/03 – 03/14	11:00 – 12:00 PM	<b>\$45</b>

#### Fall & Winter Baseball Clinic (Ages 8 – 13) ★★

322221-7B	SA	10/04 – 12/13	12:15 – 2:15 PM	<b>\$50</b>
422221-7B	SA	01/03 – 03/14	12:15 – 2:15 PM	<b>\$50</b>

#### Super Biddy Basketball (Ages 8 – 10) \*

322150-06	SA	10/04 – 12/13	1:00 – 2:00 PM	<b>\$45</b>
422150-06	SA	01/03 – 03/14	1:00 – 2:00 PM	<b>\$45</b>

#### Soccer – Indoor/Outdoor Skills (Ages 8 – 10)\*

322360-06	SA	10/04 – 12/13	10:00 – 11:00 AM	<b>\$45</b>
422360-06	SA	01/03 – 03/14	10:00 – 11:00 AM	<b>\$45</b>

#### Soccer – Indoor/Outdoor Skills (Ages 11 – 13)\*

322361-06	SA	10/04 – 12/13	11:00 – 12:00 PM	<b>\$45</b>
422361-06	SA	01/03 – 03/14	11:00 – 12:00 PM	<b>\$45</b>

#### Flag Football Clinic (Ages 8 – 10)\*

322480-06	SU	11/09-12/21	10:00 – 11:00AM	<b>\$45</b>
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#### Flag Football Clinic (Ages 10 – 13)\*

322490-06	SU	11/09-12/21	11:15 – 12:15 PM	<b>\$45</b>
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#### Girls Volleyball (Ages 8-14)\*

322218-01	SA	10/04 – 12/13	2:15 – 4:00 PM	<b>\$50</b>
422218-01	SA	01/03-03/14	2:15 – 4:00 PM	<b>\$50</b>

#### Biddy Basketball (Ages 11-13)\*

322151-06	SA	10/04 -12/13	2:00 – 3:00 PM	<b>\$45</b>
422151-06	SA	01/03-03/14	2:00 – 3:00 PM	<b>\$45</b>

#### Flag Football Winter Clinic (Ages 8-13)\*

422491-06	SA	01/03 – 03/14	4:00 – 6:00 PM	<b>\$45</b>
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### ALL PROGRAMS ARE SUBJECT TO CHANGE



= National Heritage Trust (NHT) Program

**WHAT IS NHT?** A New York State program that directly supports specific recreational programs.

**PAYMENT:** See page 4 for further details.

# Youth (Ages 7 – 14) Fall & Winter Programming

## Skating Programs

### **Skating Registration Information**

**\*\*We are accepting seniors and groups\*\***

With disabilities on Wednesdays:

**November 12, 2025 - February 11, 2026**

For more information call (212) 694 – 3642

### **Program Notices:**

1. Rink admission and skate rentals are included for all classes.
2. Classes/programs are limited to registered participants only.
3. We suggest all skaters under 11 years old wear a helmet.
4. Other safety gear such as knee pads and wrists guards are highly recommended (not provided).

**NO CLASSES: November: 4<sup>th</sup>, 11<sup>th</sup>, 27<sup>th</sup>– 30<sup>th</sup>**

**December: 25<sup>th</sup>**

**January: 1<sup>st</sup>, 19<sup>th</sup>**

**February: 16<sup>th</sup> – 22<sup>nd</sup>**

**February 27-March 1**

**Please Note:** Only one parent or guardian per child can sit in the designated waiting area.

**ALL PROGRAMS ARE SUBJECT TO  
CHANGE**

## **Youth (Ages 7 – 14)**

### **Ice Skate I**

Activity Code	Days(s)	Date Range	Time	Fee
324011-05	F	11/07 – 12/12	6:00 – 6:45 PM	<b>\$92</b>
324011-5B	F	11/07 – 12/12	6:45 – 7:30 PM	<b>\$92</b>
324011-06	SA	11/08-12/20	1:00 – 1:45 PM	<b>\$92</b>
324011-07	SU	11/09-12/21	1:00 – 1:45 PM	<b>\$92</b>

424011-05	F	01/02 – 03/13	6:00 – 6:45 PM	<b>\$92</b>
424011-5B	F	01/02 – 03/13	6:45 – 7:30 PM	<b>\$92</b>
424011-6B	SA	01/03 – 03/14	1:00 – 1:45 PM	<b>\$92</b>
424011-07	SU	01/04 – 03/15	1:00 – 1:45 PM	<b>\$92</b>

### **Ice Skate II**

324012-07	SA	11/08-12/20	1:45 – 2:30 PM	<b>\$92</b>
324012-7B	SU	11/09-12/21	1:45 – 2:30 PM	<b>\$92</b>

424012-07	SA	01/03 – 03/14	1:45 – 2:30 PM	<b>\$92</b>
424012-7B	SU	01/04 – 03/15	1:45 – 2:30 PM	<b>\$92</b>

### **Ice Skate III**

524013-04	TH	11/13-03/12	4:00 – 5:30 PM	<b>\$92</b>
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# Teen/ Adults (15+) Fall & Winter Programming

## Aquatic Programs

### Aquatics Registration Information

#### Spring Session Required Forms:

1. Only Participation Certificates from Fall 2024 will be accepted to advance to next level.
2. Confirmation of Skills Completion from Fall 2024 will be accepted.
3. Test required to enroll in Youth Level 2 & 3.

**If you do not have a Certificate of Completion from DFRBSP your child must be evaluated during the evaluation period: August 11 – August 29, Monday-Friday, 11am-2pm**

#### Learn to Swim Level 2 & 3 Requirements:

Must complete Learn to Swim Level 1 or 2 at DFRBSP or be evaluated during the evaluation period: **August 11 – August 29, Monday-Friday, 11am-2pm**

#### Please Note:

1. Only one parent or guardian per class session may sit in the designated waiting area.
2. Pool admission fee is not charged for participation in the scheduled waiting area.

**NO CLASSES: October: 13<sup>th</sup>  
November: 4<sup>th</sup>, 11<sup>th</sup>, 27<sup>th</sup> – 28<sup>th</sup>  
January: 19<sup>th</sup>  
February: 16<sup>th</sup> – 22<sup>nd</sup>**

#### Redtails Swim Team:

Contact coach for tryout (212) 694-3669.

**\*\*Redtails activity fee is due in full at time of registration and must be in the form of a MONEY ORDER or CREDIT CARD. Credit cards accepted via online payment only. Website link will be provided after registration.\*\***

**ALL PROGRAMS ARE SUBJECT TO CHANGE**

### Teen/ Adult (Ages 15+)

#### Learn to Swim Level I

Activity Code	Days(s)	Date Range	Time	Fee
341011-01	M	10/06 – 12/08	7:00 – 7:45 AM	<b>\$45</b>
341011-03	W	10/01 – 12/10	6:30 – 7:15 PM	<b>\$45</b>

441011-01	M	01/05 – 03/09	6:30 – 7:15 PM	<b>\$45</b>
441011-03	W	01/07 – 03/11	6:30 – 7:15 PM	<b>\$45</b>
441011-05	F	01/02 – 03/13	7:00 – 7:45 PM	<b>\$45</b>

#### Learn to Swim Level I (SATURDAY)

341011-06	SA	10/04 – 12/13	11:00 – 11:45 AM	<b>\$50</b>
341011-6C	SA	10/04 – 12/13	12:00 – 12:45 PM	<b>\$50</b>

441011-06	SA	01/03 – 03/14	11:00 – 11:45 AM	<b>\$50</b>
441011-6C	SA	01/03 – 03/14	12:00 – 12:45 PM	<b>\$50</b>

#### Learn to Swim Level II

341012-02	T	10/07 – 12/09	6:30 – 7:15 PM	<b>\$45</b>
441012-02	T	01/06 – 03/10	6:30 – 7:15 PM	<b>\$45</b>

#### Learn to Swim Level II (SATURDAY)

341012-06	SA	10/04 – 12/13	11:00 – 11:45 AM	<b>\$50</b>
341012-6B	SA	10/04 – 12/13	12:00 – 12:45 PM	<b>\$50</b>

441012-06	SA	01/03 – 03/14	11:00 – 11:45 AM	<b>\$50</b>
441012-6B	SA	01/03 – 03/14	12:00 – 12:45 PM	<b>\$50</b>

#### Learn to Swim III

341013-04	TH	10/02 – 12/11	6:30 – 7:15 PM	<b>\$45</b>
341013-06	SA	10/04-12/13	1:00 – 1:45 PM	<b>\$45</b>

441013-04	TH	01/08 – 03/12	6:30 – 7:15 PM	<b>\$45</b>
441013-06	SA	01/03-03/14	1:00 – 1:45 PM	<b>\$45</b>

#### Adult Hydro-Aerobic Class (Ages 18+)

351080-02	T/TH	10/02 – 03/12	7:15 – 8:00 PM	<b>\$40</b>
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# Teen/ Adults (15+) Fall & Winter Programming

## Cultural & Skating Programs

**NO CLASSES:** October: 13<sup>th</sup>  
 November: 4<sup>th</sup>, 11<sup>th</sup>, 27<sup>th</sup> – 28<sup>th</sup>  
 January: 19<sup>th</sup>  
 February: 16<sup>th</sup> – 22<sup>nd</sup>

### Cultural Programs

#### Teen/Adult (Ages 15+)

##### Sunday Salsa

Activity Code	Day(s)	Date Range	Time	Fee
343131-07	SU	10/05-12/14	3:00 – 5:00 PM	\$60
443131-07	SU	01/04-03/15	3:00 – 5:00 PM	\$60

##### Swing N' Step Into Rhythm

343150-02	SU	10/05-12/14	2:00 – 3:00 PM	\$60
443150-02	SU	01/04-03/15	2:00 – 3:00 PM	\$60

## Skating Programs

#### Teen/ Adult (Ages 15+)

**NO CLASSES:** November: 4<sup>th</sup>, 11<sup>th</sup>, 27<sup>th</sup>– 30<sup>th</sup>  
 December: 25<sup>th</sup>  
 January: 1<sup>st</sup>, 19<sup>th</sup>  
 February: 16<sup>th</sup> – 22<sup>nd</sup>  
 February 27-March 1

##### Ice Skate

Activity Code	Day(s)	Date Range	Time	Fee
344011-06	SA	11/08-12/13	3:15 – 4:00 PM	\$92
444011-07	SA	01/03-03/14	3:15 – 4:00 PM	\$92

##### Open Hockey

544020-32	T	11/18-03/10	11:00 – 12:15 PM	\$160
	TH	11/13-03/12	9:15 – 10:30 AM	
	SU	11/09-03/15	9:15 – 10:30 AM	

##### Open Freestyle & Dance I

524130-01	SA	11/08-12/13	11:30 – 12:45 PM	\$100
	SU	11/09-03/15	12:00 – 12:45 PM	

##### Open Freestyle & Dance II

524131-02	T	11/18-03/10	8:00 – 9:15 AM	\$100
524131-2A	T	11/18-03/10	9:15 – 10:30 AM	
524131-04	TH	11/13-03/12	8:00 – 9:15 AM	
524131-4A	TH	11/13-03/12	9:15 – 10:30 AM	



# Teen/ Adults (15+) Fall & Winter Programming

## Athletic Programs

### Teen/ Adults (Ages 15+)

**NO CLASSES:** October: 13<sup>th</sup>  
 November: 4<sup>th</sup>, 11<sup>th</sup>, 27<sup>th</sup> – 28<sup>th</sup>  
 January: 19<sup>th</sup>  
 February: 16<sup>th</sup> – 22<sup>nd</sup>  
 Classes marked with an \* will not meet on  
 Saturday, November 15

★ = National Heritage Trust  
 (NHT) Program

**WHAT IS NHT?** A New York State  
 program that directly supports  
 specific recreational programs.

**PAYMENT:** Please see page 4 for  
 further details.

#### Rise & Shine Yoga (Ages 18+)\*

Activity Code	Day(s)	Date Range	Time	Fee
342320-13	SA	10/04 – 12/13	8:00 – 9:00 AM	\$65
	SU	10/05 – 12/14	9:00 – 10:00 AM	
442320-13	SA	01/03 – 03/14	8:00 – 9:00 AM	\$65
	SU	01/04 – 03/15	9:00 – 10:00 AM	

#### Zumba Cardio Exercise (Ages 18+)

352331-10	T/TH	10/02 – 12/11	7:00 – 8:00 PM	\$65
452331-10	T/TH	01/06 – 03/12	7:00 – 8:00 PM	\$65

#### Tennis Level I

342231-02	T	10/07 – 12/09	6:00 – 7:00 PM	\$65
442231-02	T	01/06 – 03/10	6:00 – 7:00 PM	\$65

#### Adult Intermediate Tennis (Ages 15+)

342232-02	T	10/07 – 12/09	7:00 – 8:00 PM	\$65
442232-02	T	01/06 – 03/10	7:00 – 8:00 PM	\$65

#### Tennis Level III

342233-01	T	10/07 – 12/09	8:00 – 9:00 PM	\$60
442233-01	T	01/06 – 03/10	8:00 – 9:00 PM	\$60

#### Cardio Boxing (Ages 18+)

342101-10	T/TH	10/02 – 12/11	6:00 – 7:00 PM	\$65
442101-10	T/TH	01/06 – 03/12	6:00 – 7:00 PM	\$65

#### Kickbox Fitness (Ages 18+)

342100-10	T/TH	10/02 – 12/11	7:00 – 8:00 PM	\$65
442100-10	T/TH	01/06 – 03/12	7:00 – 8:00 PM	\$65

#### Tai-Chi (Ages 18+)\*

352330-06	SA	10/04 – 12/13	10:00 – 11:00 AM	\$55
452330-06	SA	01/03 – 03/14	10:00 – 11:00 AM	\$55

#### Taekwondo (Ages 15+) ★

342400-01	W/F	10/01 – 12/12	8:00 – 9:00 PM	\$60
442400-01	W/F	01/02 – 03/13	8:00 – 9:00 PM	\$60

# Senior (Ages 62+) Fall & Winter Programming

## Aquatic Programs

### Registration Information

#### Pre-Requisites for Learn to Swim Level 2 & 3

Must complete Learn to Swim Level I or be evaluated by an instructor during the evaluation period: **August 11 – August 29, Monday-Friday, 11am-2pm**

#### \*Senior Intermediate Stroke Mechanics Requirements

Be able to swim minimum of:

- 150 yards freestyle with breathing.
- 100 yards backstroke.

#### \*Senior Advanced Stroke Mechanics Requirements

Be able to swim all the following:

- 150 yards freestyle with breathing.
- 100 yards backstroke.
- 75 yards breaststroke with breathing.
- 25 yards butterfly.

**Must be able to fulfill requirements to enroll in the class and be evaluated by an instructor during the evaluation period: August 11 – August 29, Monday-Friday, 11am-2pm**

**\*\*Please Note\*\***

1. Daily pool admission fee is NOT required for class participants.

**NO CLASSES: October: 13<sup>th</sup>**

**November: 4<sup>th</sup>, 11<sup>th</sup>, 27<sup>th</sup> – 28<sup>th</sup>**

**January: 19<sup>th</sup>**

**February: 16<sup>th</sup> – 22<sup>nd</sup>**

● = Registration for this class is uncapped but day-of capacity is limited. Admission for each session will be granted on a first-come, first-serve basis to registered patrons until capacity is reached.

**ALL PROGRAMS ARE SUBJECT TO CHANGE**

### Senior/Adaptive

Older Adults (62+)/ Physically Challenged (All Ages)

#### ● Advanced Stroke Mechanics\*

Activity Code	Day(s)	Date Range	Time	Fee
561070-14	T/TH	10/02 – 03/12	10:00 – 10:45 AM	<b>\$10</b>

#### ● Intermediate Stroke Mechanics\*

561080-10	T/TH	10/02 – 03/12	11:00 – 11:45 AM	<b>\$10</b>
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#### ● Water Exercises

561021-10	M/W	10/01 – 03/11	10:00 – 10:45 AM	<b>\$10</b>
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#### ● Aqua Arthritis

561040-05	F	10/03 – 03/13	10:00 – 10:45 AM	<b>\$10</b>
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#### Learn to Swim Level 0 (For Nervous Swimmers)

561090-11	M	10/06 – 03/09	9:00 – 9:45 AM	<b>\$10</b>
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#### Senior/ Adaptive Learn to Swim Level I

361011-01	M	10/06 – 12/08	9:00 – 9:45 AM	<b>\$10</b>
361011-02	W	10/01 – 12/10	9:00 – 9:45 AM	<b>\$10</b>
361011-05	F	10/03 – 12/12	9:00 – 9:45 AM	<b>\$10</b>

461011-01	M	01/05 – 03/09	9:00 – 9:45 AM	<b>\$10</b>
461011-02	T	01/06 – 03/10	9:00 – 9:45 AM	<b>\$10</b>
461011-05	F	01/02 – 03/13	9:00 – 9:45 AM	<b>\$10</b>

#### Senior/Adaptive Learn to Swim Level II

361012-02	T	10/07 – 12/09	9:00 – 9:45 AM	<b>\$10</b>
361012-04	TH	10/02-12/11	9:00 – 9:45 AM	<b>\$10</b>

461012-02	T	01/06 – 03/10	9:00 – 9:45 AM	<b>\$10</b>
461012-04	TH	01/08-03/12	9:00 – 9:45 AM	<b>\$10</b>

#### Senior/ Adaptive Learn to Swim Level III

361013-05	F	10/03 – 12/12	12:00 – 12:45 PM	<b>\$10</b>
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461013-05	F	01/02 – 03/13	12:00 – 12:45 PM	<b>\$10</b>
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# Senior (Ages 62+) Fall & Winter Programming

## Cultural Programs

### Senior/ Adaptive

Older Adults (62+)/ Physically Challenged (All Ages)

**NO CLASSES:** October: 13<sup>th</sup>  
November: 4<sup>th</sup>, 11<sup>th</sup>, 27<sup>th</sup> – 28<sup>th</sup>  
January: 19<sup>th</sup>  
February: 16<sup>th</sup> – 22<sup>nd</sup>

#### Quilting Level I

Activity Code	Day(s)	Date Range	Time	Fee
363071-03	W	10/01 – 12/10	10:00 – 12:00 PM	\$0
463071-03	W	01/07-03/11	10:00 – 12:00 PM	\$0

#### Song Writing

363050-01	F	10/03 – 12/12	12:00 – 1:00 PM	\$0
463050-01	F	01/02 – 03/13	12:00 – 1:00 PM	\$0

#### Quilting Level II

363072-03	W	10/01 – 12/10	12:30 – 2:30 PM	\$0
463072-03	W	01/07-03/11	12:30 – 2:30 PM	\$0

#### On Line 2 The Club (Line Dance)

363060-01	W	10/01 – 12/10	12:00 – 1:00 PM	\$0
463060-01	W	01/07 – 03/11	12:00 – 1:00 PM	\$0

#### Beginner Keyboard Level I

363062-05	F	10/03 – 12/12	10:00 – 11:00 AM	\$0
463062-05	F	01/02 – 03/13	10:00 – 11:00 AM	\$0

#### Adaptive Crochet & Knitting

363063-05	F	10/03 – 12/12	11:00 – 12:00 PM	\$0
463063-05	F	01/02 – 03/13	11:00 – 12:00 PM	\$0

363050-01	T	10/07 – 12/09	10:00 – 12:00 PM	\$0
463050-01	T	01/06 – 03/10	10:00 – 12:00 PM	\$0

#### Guitar Level I

363100-04	TH	10/02 – 12/11	1:00 – 2:00 PM	\$0
463100-04	TH	01/08 – 03/12	1:00 – 2:00 PM	\$0

#### Guitar Level II

363102-04	TH	10/02 – 12/11	2:00 – 3:00 PM	\$0
463102-04	TH	01/08 – 03/12	2:00 – 3:00 PM	\$0

#### Dance Movement ✓

363170-14	M/F	10/03 – 12/12	1:00 – 2:30 PM	\$0
463170-14	M/F	01/02 – 03/13	1:00 – 2:30 PM	\$0

#### Beginner Drawing & Painting Level I

363021-05	F	10/03 – 12/12	10:00 – 12:00 PM	\$0
463021-05	F	01/02 – 03/13	10:00 – 12:00 PM	\$0

#### Intermediate Drawing & Painting

363022-02	T	10/07 – 12/09	10:00 – 12:00 PM	\$0
463022-02	T	01/06 – 03/10	10:00 – 12:00 PM	\$0

#### Line Dancing ✓

363190-02	T	10/07 – 12/09	11:00 – 12:00 PM	\$0
463190-02	T	01/06 – 03/10	11:00 – 12:00 PM	\$0

#### Chess Level I ✓

363330-01	W	10/01 – 12/10	11:00 – 12:00 PM	\$0
463330-01	W	01/07 – 03/11	11:00 – 12:00 PM	\$0

# Senior (Ages 62+) Fall & Winter Programming

## Athletic Programs

### Athletic Registration Information

#### Pre-Requisites for Advanced Classes

Must successfully complete beginners classes and/or be selected by the management of the Athletic Complex.

#### Required for Classes

1. Proper gym attire/exercise clothing.
2. Please leave your personal equipment at home.

#### Please Note:

1. Class locations are subject to change

**NO CLASSES:** October: 13<sup>th</sup>

November: 4<sup>th</sup>, 11<sup>th</sup>, 27<sup>th</sup> – 28<sup>th</sup>

January: 19<sup>th</sup>

February: 16<sup>th</sup> – 22<sup>nd</sup>

Classes marked with an \* will not meet on Friday, November 14

#### TENNIS

For tennis court or permit info please email:  
[RiverbankTennisReservations@parks.ny.gov](mailto:RiverbankTennisReservations@parks.ny.gov)

**ALL PROGRAMS ARE SUBJECT TO  
CHANGE**

### Senior/ Adaptive

Older Adults (62+)/ Physically Challenged (All Ages)

#### Flexible You Exercise\* ✓

Activity Code	Day(s)	Date Range	Time	Fee
362031-12	M/W/F	10/01 – 12/12	12:00 – 1:00 PM	\$0
462031-12	M/W/F	01/02 – 03/13	12:00 – 1:00 PM	\$0



362031-11	T/TH	10/02 – 12/11	12:00 – 1:00 PM	\$0
462031-11	T/TH	01/06 – 03/12	12:00 – 1:00 PM	\$0

#### Advanced Exercise ✓

362031-10	M/W	10/01 – 12/10	9:00 – 10:00 AM	\$0
462031-10	M/W	01/05 – 03/11	9:00 – 10:00 AM	\$0

#### Wellness Exercises ✓

362310-11	T/TH	10/02 – 12/11	9:00 – 10:00 AM	\$0
462310-11	T/TH	01/06 – 03/12	9:00 – 10:00 AM	\$0

#### Pilates ✓

362320-11	T/TH	10/02 – 12/11	8:00 – 9:00 AM	\$0
462320-11	T/TH	01/06 – 03/12	8:00 – 9:00 AM	\$0

#### Somatic Yoga\* ✓

362021-01	T/F	10/03 – 12/12	1:00 – 2:00 PM	\$0
462021-01	T/F	01/02 – 03/13	1:00 – 2:00 PM	\$0

#### Beginner Pickleball ✓

362331-01	T/TH	10/02 – 12/11	10:00 – 11:00 AM	\$0
462331-01	T/TH	01/06 – 03/12	10:00 – 11:00 AM	\$0

#### Intermediate Pickleball ✓

362332-01	T/TH	10/02 – 12/11	11:00 – 12:00 PM	\$0
462332-01	T/TH	01/06 – 03/12	11:00 – 12:00 PM	\$0

#### Tai Chi for Arthritis ✓

362010-01	M/TH	10/02 – 12/11	1:00 – 2:00 PM	\$0
462010-01	M/TH	01/05 – 03/12	1:00 – 2:00 PM	\$0

#### Brains & Balance ✓

362251-05	M/W	10/01 – 12/10	10:00 – 11:00 AM	\$0
462251-05	M/W	01/05 – 03/11	10:00 – 11:00 AM	\$0

#### Tennis Skills Level I ✓

362230-05	F	10/03 – 12/12	10:00 – 11:00 AM	\$0
462230-05	F	01/02 – 03/13	10:00 – 11:00 AM	\$0

#### Tennis Skills Level II ✓

362231-05	F	10/03 – 12/12	11:00 – 12:00 PM	\$0
462231-05	F	01/02 – 03/13	11:00 – 12:00 PM	\$0

#### Advanced Tennis Club ✓

362400-02	F	10/03 – 12/12	8:00 – 10:00 AM	\$0
462400-02	F	01/02 – 03/13	8:00 – 10:00 AM	\$0

#### Early Bird Walkers and Wheelers Club

(No Registration Required) \*

M/W/F	10/01 – 03/13	6:00 – 7:00 AM	\$0
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# Youth/ Teen (Ages 7-17) & Adult (18+) Fall & Winter Programming

## Athletic Programs

### YOUTH/ TEEN OPEN GYM AND FREE PLAY

New Members Registration Fee: \$14; Returning; \$4

#### High School Indoor Volleyball (Ages 15-17)

Day(s)	Date Range	Time	Fee
M/TH	10/01 – 03/11	3:00 – 5:30 PM	\$0

#### Youth Open Gymnasium (Ages 7-14)

WEEKDAYS	10/01 – 03/13	3:00 – 5:00 PM	\$0
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#### High School Gymnasium “Basketball” (Ages 15-17)

W	10/01 – 03/11	5:00 – 7:00 PM	\$0
F & SA	10/03 – 03/14	8:00 – 10:00 PM	\$0



### ADULT OPEN GYM AND FREE PLAY

Must register with the Athletics Department  
New Members Registration Fee: \$14; Returning; \$4

#### Old Timer’s Gymnasium (Ages 40+)

Day(s)	Date Range	Time	Fee
SU	10/05 – 03/15	7:30 – 10:00 AM	\$24*

#### Adult Open Gymnasium (Ages 18+)

F/SA	10/03 – 03/14	8:00 – 10:00 PM	\$14*
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#### Women’s Basketball (Ages 18+)

SU	10/05 – 03/15	7:00 – 9:00 PM	\$14*
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#### Indoor Volleyball

M/W	10/01 – 03/11	7:30 – 10:00 PM	\$24*
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#### Indoor Soccer

T/TH	10/02 – 03/12	8:00 – 10:00 PM	\$24*
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\*Includes applicable member registration fees



# Athletic Fitness Room Information

## Athletic Programs

### **DENNY FARRELL RIVERBANK STATE PARK**

#### **ATHLETICS COMPLEX FITNESS ROOM**

ADULT OPEN FITNESS ROOM PROGRAM (AGES 18+)

DAYS	HOURS	MEMBERSHIP (DOES NOT INCLUDE PARK/ REGISTRATION FEES)	PUNCH PASS MEMBERSHIP (PARK/ REGISTRATION FEE NOT REQUIRED)
MON – FRI	8:30 AM – 5:00 PM	1Day = \$5 7 Days = \$20 30 Days = \$40	2 Visits = \$10 5 Visits = \$25
SAT, SUN & HOLIDAYS	6:30 AM - 5:00 PM	3 Months = \$60 6 Months = \$110 12 Months = \$200	11 Visits = \$50 22 Visits = \$100

#### **KNOW BEFORE YOU GO!**

- ✚ PROPER WORKOUT ATTIRE REQUIRED (NO JEANS, CROCS, OPEN TOE SHOES, ETC).
- ✚ YOU MUST PROVIDE YOUR OWN LOCK FOR LOCKER USAGE.
- ✚ FITNESS MEMBERSHIP OR DAILY PASS REQUIRED FOR ENTRY.
- ✚ DAILY PASS CAN ONLY BE USED ON DAY OF PURCHASE.

#### **FITNESS ROOM MEMBERSHIPS**

1. MEMBERSHIPS BEGIN FROM THE DAY OF PURCHASE.
2. A PARK MEMBERSHIP FEE OF \$10 (NEW PARK MEMBERS ONLY) IS REQUIRED FOR MONTHLY MEMBERSHIPS.
3. A SEASONAL REGISTRATION FEE IS REQUIRED EVERY SEASON: SENIORS (62+): \$3; ALL OTHERS: \$4.
4. NEW MEMBERS: REGISTER IN PERSON AT THE CASHIER'S BOOTH (NEAR SKATING RINK).
5. RENEWALS: IN PERSON AT THE CASHIER BOOTH OR CALL (212) 694 – 3726/3599 TO PAY WITH DEBIT/ CREDIT CARD.

#### **REGISTRATION HOURS FOR FITNESS MEMBERSHIP**

**MONDAY – FRIDAY: 8:30 AM – 7:00 PM..... SATURDAY & SUNDAY: 9:00 AM – 12:00PM**

Hours of operation and pricing are subject to change

**SIGNED CODE OF CONDUCT AGREEMENT REQUIRED FOR MEMBERSHIP.**

For more information about the Fitness Room, please call the Athletics Department (212) 694 – 3637

# Figure Skating Fall & Winter Programming

## Skating Programs

### **FIGURE SKATING CLUB RECRUITMENT**

2025 – 2026 FALL/ WINTER SEASON

November 08, 2025 - March 15, 2026

#### **SKATING CLUB GROUPS**

YOUTH SKATING CLUB (AGES 7 – 10)

TEEN SKATING CLUB (AGES 11 – 13)

JUNIOR SKATING CLUB (AGES 14 – 18)

#### **Youth Skating Club**

Day(s)	Date Range	Time	Fee
SA/SU	11/08 – 03/15	4:15 – 5:45 PM	<b>\$150</b>

#### **Teen Skating Club**

Day(s)	Date Range	Time	Fee
SA/SU	11/08 – 03/15	4:15 – 5:45 PM	<b>\$150</b>

#### **Junior Skating Club**

Day(s)	Date Range	Time	Fee
SA/SU	11/08 – 03/15	4:15 – 5:45 PM	<b>\$150</b>

**No Classes:** November: 4<sup>th</sup>, 11<sup>th</sup>, 27<sup>th</sup>– 30<sup>th</sup>

December: 25<sup>th</sup>

January: 1<sup>st</sup>, 19<sup>th</sup>

February: 16<sup>th</sup> – 22<sup>nd</sup>

February 27<sup>th</sup>-March 1<sup>st</sup>

#### **PREREQUISITE**

All participants must successfully complete a beginner skating class and be assessed by a Skating Rink Manager before registering.

#### **CLUB FEES & PAYMENT INFORMATION**

Skating Club Fee: \$150 NHT

Fee Includes: Club uniform & gloves

Registration Fee: \$4 for returning

\$14 for new members



#### **NHT PAYMENT OPTIONS**

1. Money order of \$150 payable to NHT.
2. NHT credit card form for skating club fee only (\$150).

*ALL DENNY FARRELL RIVERBANK STATE PARK  
FIGURE SKATING **CLUB FEES** MUST BE PAID  
IN FULL*

#### **FOR FURTHER INFORMATION REGARDING FIGURE SKATING PROGRAM**

Contact: Ricky Davis

Telephone: (212) 694 – 3642

Email: [DFRBSPSKATING@parks.ny.gov](mailto:DFRBSPSKATING@parks.ny.gov)

# Ice Hockey Fall & Winter Programming

## Skating Programs

### DENNY FARRELL RIVERBANK STATE PARK ICE HOCKEY

2025 – 2026 FALL/ WINTER SEASONS

Dates: 11/8/25-2/8/26

#### NY RANGERS JUNIOR PROGRAM

Register Online:

<https://rangersltp.leagueapps.com/events/4595777-riverbank-state-park>

PROMO CODE: RBK25

Ages: 5-8 yrs old

Price: \$195

>>“LEARN TO PLAY HOCKEY” CLASS INFO<<

January 31, 2026 – March 14, 2026

Saturdays @ 8:30 – 9:30 AM

Instructor: Stephen McCarthv

#### FOR FURTHER INFORMATION REGARDING ICE HOCKEY PROGRAMS CONTACT

RICKY DAVIS OR KEMAR MALCOLM

PHONE: (212) 694 – 3642

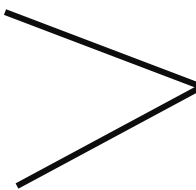

EMAIL: [RICKY.DAVIS@PARKS.NY.GOV](mailto:RICKY.DAVIS@PARKS.NY.GOV)

[KEMAR.MALCOLM@PARKS.NY.GOV](mailto:KEMAR.MALCOLM@PARKS.NY.GOV)

### ICE HOCKEY TEAM RECRUITMENT

#### DFRBSP ICE HOCKEY PROGRAM

#### ICE HOCKEY SEASON FEES

8U Team		
10U Team		
12U Team		
14U Team		
18U Team		Fee: \$200

Fee: \$175

Fee: \$200

\*\*\*TEAM FEES INCLUDE\*\*\*

UNIFORM JERSEY & UNIFORM SOCKS

#### ADDITIONAL REGISTRATION FEES

RETURNING MEMBERS: \$4

NEW MEMBERS: \$14

#### ★ TEAM FEES NHT PAYMENT OPTIONS

1. MONEY ORDER PAYABLE TO NHT
2. CREDIT CARDS VIA ONLINE PAYMENT

THE PROGRAM OPERATES UNDER USA HOCKEY GUIDELINES. EACH TEAM MEMBER MUST BE REGISTERED IN USA HOCKEY (FEE VARIES) AT TIME OF PARK PROGRAM REGISTRATION

Title	Day(s)	Time	Fee
8U Hockey Team (Ages 7 – 8)	M	4:30 – 6:00 PM	\$175
	W	4:30 – 6:00 PM	
	SA	7:00 – 8:15 AM	
10U Hockey Team (Ages 9 – 10)	W	4:30 – 6:00 PM	\$175
	TU	4:30 – 6:00 PM	
	SU	7:00 – 8:15 AM	
12U Hockey Team (Ages 11 – 12)	M	4:30 – 6:00 PM	\$175
	TU	4:30 – 6:00 PM	
	SA	9:45 – 11:15 AM	
14U Hockey Team (Ages 13 – 14)	W	8:00 – 9:15 PM	\$175
	F	9:15 – 10:30 PM	
	SU	8:30 – 10:00 AM	
18U Hockey Team (Ages 15 – 18)	W	8:00 – 9:15 PM	\$200
	F	9:15 – 10:30 PM	
	SU	10:15 – 11:45 AM	

NO CLASSES: November: 4<sup>th</sup>, 11<sup>th</sup>, 27<sup>th</sup> – 30<sup>th</sup>  
 December: 25<sup>th</sup>  
 January: 1<sup>st</sup>, 19<sup>th</sup>  
 February: 16<sup>th</sup> – 22<sup>nd</sup>  
 February 27<sup>th</sup>-March 1<sup>st</sup>

# Schedule Information Fall & Winter

## Complex Information

### **AQUATICS COMPLEX RECREATION SWIM** **FALL/WINTER SCHEDULE**

Beginning September 2025  
(See website for details)

#### **Monday – Friday**

9:00 AM – 11:00AM	Senior lap & classes & special population
11:00 AM – 2:00 PM	Adults (18 & older) Rec Swim
3:30 PM – 5:30 PM	Youth (Ages 11 – 15)
6:30 PM – 8:00 PM	Family/ Adults (16 & older)

#### **Saturday**

9:00 AM – 2:00 PM	Aquatic classes only
3:00 PM – 6:00 PM	Family/ Adults (16 & older)

#### **Sunday**

9:00 AM – 2:00 PM	Youth/ Family (16 & older)
3:00 PM – 6:00 PM	Family/ Adults (16 & older)

### **Recreation Swim** **Admission Fees**

<b><u>Child (Ages 5 – 15)</u></b>	<b>\$1</b>
<b><u>ADULT (Ages 16+)</u></b>	<b>\$2</b>
<b><u>SENIOR (Ages 62+)</u></b>	<b>\$1</b>

### **ICE-SKATING HOURS & PRICING**

**Fridays:** 6:00 – 9:00 PM

**Saturdays & Sundays:** 1:00 – 4:00 PM  
6:00 – 9:00 PM

### **General Admission**

\$5.00 for Adults (12 & up)  
\$3.00 for Children (11 & under)

### **Skate Rental**

\$6.00 per person

## **SKATING COMPLEX EVENTS**

**Holiday Ice Show: December 13, 2025**

**Youth Ice Hockey Lightening Tournament: February 27-March 1, 2026**

**DFRBSP Figure Skating Club End of Season Ice Show: March 15, 2026**

# Greenhouse Information Fall & Winter

## Greenhouse



### Fall Session (Greenhouse)

*The Greenhouse & Learning Garden is open 7 days a week.\* All classes free and drop-in. While not required, to pre-register for classes, please visit <https://www.thehort.org/events>*

\*No classes on Thursday November 27<sup>th</sup>

### **Tues | 11 am – 12 pm | Sauté Sizzle Savor | Free | All Ages Welcome with Adult Supervision**

Gather around the kitchen table, cook, eat, and build community as we share recipes, food stories, and helpful tips for how to cook with garden and farm-fresh plants.

### **Wed | 5:30 – 6:30 pm | Recipes & Rituals for Community Care | Free | All Ages Welcome with Adult Supervision**

Weave in plant-based rituals and recipes for self and community care through weekly explorations in herbalism, folk remedies, and other plant-based wild-crafts and meditative activities that foster a deeper connection with local ecologies.

### **Thurs | 5 – 6 pm | Art in the Garden Class | Free | Geared for Adults, Recommended for 10+, All Ages Welcome with Adult Supervision**

Immerse yourself in the learning garden, greenhouse, and across Riverbank State Park's green roof to create artwork that is rooted in place and in partnership with plants.

### **Thurs | 6:00 – 7:00 pm | Art & AgriCulture | Free | Geared for Adults, Recommended for 10+, All Ages Welcome with Adult Supervision**

Learn various techniques introduced by visiting artists to create art that explores our storied relationship to food, agriculture, and the histories that shape how we all connect with the foods we grow and eat.



# Greenhouse Information Fall & Winter

**Saturdays | 11 am – 1 pm | Family Farmacy | Free| All Ages Welcome with Adult Supervision**

Everyone is invited to learn the art of gardening, herbalism, and kitchen-skills to support healthy and happy bodies, minds, and hearts. Each week folks will be welcomed into this drop-in program to learn gardening and greenhouse skills and to craft their own home remedies, meals, and garden-inspired artworks.

## **Select Mondays | Urban Gardening 101**

In step with the growing season, beginner gardeners are invited to gain hands-on learning experiences at the learning garden and greenhouse. In Spring unfurling, we'll cover fundamental principles and practices of growing plants for specific urban green spaces, preparing soil, designing a garden suitable for each gardener's specific needs, regenerative and climate-wise gardening, starting seeds, proper planting techniques, and basic plant care. Gardeners in this course will contribute to collective beds in our learning garden as well as tend seedlings to take to their own urban green spaces.