

****FITNESS ROOM****

Adult Open Fitness Room Program (Ages 18+)

Mon. - Fri.	7AM – 10PM
Sat., Sun & Holidays	7AM - 5PM

MUST PROVIDE YOUR OWN LOCK

Additional registration fees: Seniors **\$3.00**, all others **\$4.00**.
Plus, a one-time membership fee of **\$10.00** (new members only)

Fitness Fees:

1 Year \$200

6 Months \$110

3 Months \$60

1 Month \$40

1 Week \$20

Daily \$5

****All Fitness memberships (first time members) must register *in person* at the Cashier Booth inside the Skating Rink during normal business hours. Members who are renewing may renew their membership in person with cash or credit card or by phone with a credit card. Daily Guest Passes are available and may be purchased on the day of use or in advance at the Cashier Booth in the Skating Rink.**

For fitness room information, e-mail us at -

DFRBSPFitnessRoom@parks.ny.gov

Registration hours for fitness membership are

Monday/Tuesday/Friday 8:30 AM - 5:00 PM

Wednesday and Thursday 8:30 AM - 7:00 PM

Saturday - Sunday 9:00 AM to 1:00 PM