No alcohol or pets allowed on the Gorge Trail

HIKE THE GORGE TRAIL SAFELY!

This iconic trail can be accessed at sites marked on this map by filled in circles: 1, 2, 3, 4, 5, and 6.

- **NO DOGS OR ALCOHOL ALLOWED** on this trail.
- **STAY ON DESIGNATED TRAILS.** Serious accidents and fatalities occur when patrons go off the trails. **NO LITTERING.**
- **NO SWIMMING OR ENTERING THE GORGE**—$250 fine per person.
- **CLOSED IN WINTER** (early Nov. - mid May) for falling rock.
- **WEAR PROPER FOOTWEAR AND DO NOT PICK WILDFLOWERS.**

Features of the Gorge Trail

Learn more about the landmarks labeled on the map above. Look for interpretive panels along the way that reveal more about the natural history around you. **1. SENTRY BRIDGE** Look for a round flume hole in the rock where water was once diverted to power a mill in the 1800s where the visitor center now stands. **2. COUCH’S STAIRCASE** 120 stairs covered in shade-loving ferns.

**3. POINT LOOKOUT** Gaze down into the sculpted rocks of the gorge. **4. CAVERN CASCADE** Walk behind this waterfall in a narrow part of the gorge where water has undercut the layer of sandstone by eroding away crumbly shale beneath. Travel through the Spiral Tunnel, handcut in 1927. **5. SUSPENSION BRIDGE** Built in 1870, this bridge stands 85 feet above the creek and connects the Rim Trails. The dining room of the Glen Mountain House, a private resort, peered over the gorge next to the bridge before burning down in 1903. **6. LOVER’S LANE LOOKOUT** This poured concrete lookout is all that remains of the old trail that was destroyed by the flood of 1935. Look carefully in the steps to see the year stamped in which it was created. **7. GLEN CATHEDRAL** Notice the horizontal layers of sandstone and shale formed 380 million years ago! Look down and observe the ripples in the rock you stand upon. They were created by wave action on the bottom of an ancient seafloor that eventually turned to stone. **8. CENTRAL CASCADE** Plunging more than 60 feet, this is the highest waterfall in the gorge. **9. RAINBOW FALLS** On a sunny afternoon, the light strikes this waterfall creating a symphony of color. Notice the series of small, smooth, rounded plunge pools. These show us where waterfalls once were, and how the creek has changed the landscape over time. **10. FROWNING CLIFF** This narrow part of the gorge receives so little sunlight, that few plants grow here and ice remains on the trail through late spring. **11. SENTRY BRIDGE** Look for a round flume hole in the rock where water was once diverted to power a mill in the 1800s where the visitor center now stands. **12. COUCH’S STAIRCASE** 120 stairs covered in shade-loving ferns.