#### How to Read Trail Blazes



These hiking trails are maintained by volunteers of the NY-NJ Trail Conference. They keep trails cleared and well marked using the following standard blazes:



## **The Highlands Trail**

The Highlands is a unique physiographic region that traverses 4 states – Pennsylvania, New Jersey, New York and Connecticut. Storm King and Breakneck Ridge are 2 of the more famous mountains in the range. The Highlands Trail - currently established in NJ and in NY west of the Hudson River – is expanding into the remaining areas. Plans are well underway in Pennsylvania, and this is the first segment in Putnam County. When completed, the Highlands Trail in NY and NJ will extend over 200 miles from the Connecticut border to the Delaware River. The route will connect major scenic attractions in both states. Ultimately, a network of trails including alternate routes and multi-use paths is envisioned. The Highlands Trail blaze is a teal-colored diamond.



### **History of Wonder Lake**

A.L. Cushman, owner of Cushman's Bakeries in New York, fell in love with his summer home in the Town of Patterson, and began acquiring property in the 1920's. In the early 30's he hired local residents to clear bridle trails within his large holdings, allowing them to take any lumber removed for their own use during the winter. He also had them dam a stream in the center of the property, creating 30 acre Wonder Lake, as well as 3 acre Laurel Pond just to its north.

In 1993, "Skip" Montgomery, a son of Robert Montgomery (Hollywood actor/director), and family friends of the Cushman's, returned to Patterson to assist the Cushman heirs in developing a portion of the estate, especially focusing on protecting the extensive hiking opportunities on the land he camped and hiked in his youth.

#### A Park is born

Wonder Lake State Park was acquired 1998 by NYS Office of Parks, Recreation and Historic Preservation. The land purchased was without road frontage, leaving it without access. In 2006, the State rectified the access problems by purchasing additional acres and constructing the current parking lot on Ludingtonville Road. An additional parcel was purchased in 2010 bringing the total to 1133 acres.

The yellow blazed bridle path was first opened by OPRHP in 2007. The New York-New Jersey Trail Conference was then invited to design and construct additional hiking trails. As of 2012 there are 8.6 miles of marked trails, with additional trails in the design stage for the east side of the park.

NYS Office of Parks, Recreation and Historic Preservation Contact: (845)225-7207



# Wonder Lake State Park Hiking Trails Map

This map is provided to hikers as a courtesy by the New York-New Jersey Trail Conference.

### New York-New Jersey Trail Conference

is a coalition of 100 clubs and 10,000 individual members dedicated to creating, protecting, and promoting over 1,700 miles of trails in the New York-New Jersey metropolitan area.

#### Taking care of the Trails:

The trails are maintained by New York-New Jersey Trail Conference volunteers. Become a Trail Maintainer or join a Trail Crew to help your favorite trails. To learn more, go to <u>www.nynjtc.org</u> or www.nynjtc.org/park/wonder-lake-state-park

Membership in the Trail Conference gives you opportunities to take part in volunteer projects and training workshops, and entitles you to discounts at many outdoor stores.

Don't take your access to nature for granted. Join the Trail Conference today.

#### Connecting People with Nature since 1920

NY-NJ Trail Conference 156 Ramapo Valley Road Mahwah, NJ 07430 201.512.9348 www.nynjtc.org

## **Guide to Trail Colors and Map Symbols**



- Teal Diamond– Highlands Trail (HT) (3.7m)
- B Blue Disc– Orchard Hill Trail (1.0m)
- Red Disc-Bare Hill Trail (.5m)
- Yellow Disc–
  Bridle Path Trail (3.1m)
- White Disc North Spillway Trail (.3m)
  South Spillway Trail (.1m)
  - Parking Area

## **Hike Recommendations**

**Short:** HT to Bare Hill to Yellow Bridle Path, back to parking lot (1.7m)

Moderate: HT to lake, and return (2.8m)

**Long:** HT around lake to Laurel Pond. Return using Yellow to White North Spillway trail (4.2m)

**Longest**: HT around lake and past Laurel Pond, return using Blue Orchard Hill trail (5.1m)

## **Continue the Trail Construction!**

Be a part of the continuing work at Wonder Lake. The existing trails need maintaining, and new trails on the east side of the park are being designed. Join our Trail Crew on a scheduled work day. **NO PREVIOUS EXPERIENCE REQUIRED!** We provide the tools and the training!

We provide the tools and the training! Please check for work dates on our Trail Crew Website listings, and contact the trip leader to RSVP. <u>www.nynjtc.org/content/wonder-lake-state-park-</u> <u>trails-project</u>

