



Fall 2024



Environmental Education and Resiliency Center



RESERVATIONS

Reservations for programs are required and are taken two weeks prior to the program.

To register, please visit [Eventbrite.com](https://www.eventbrite.com) and search by program title, #HempsteadLake or #NatureAdventure.

Space is limited. If you are unable to keep your reservation, please cancel so others may have the opportunity to attend.

PAYMENT INFORMATION

- Tiny Tots (ages 3-5) - \$4 per child
- Children's Programs (geared for 6 & up) - \$4 per child
- Family Programs (geared for 6 & up) - \$4 per person
- Adult Programs (geared for 18 & up) - \$4 per person

Parking Fees may apply. Visit parks.ny.gov and search by park for more info.

CONTACT US!

📞 (516) 766-1029

✉ hempsteadlakeEE@parks.ny.gov

Add us on
Facebook!



Follow us on Instagram!
[@hempsteadlakestatepark](https://www.instagram.com/hempsteadlakestatepark)



Open Daily
9:00AM - 4:00PM

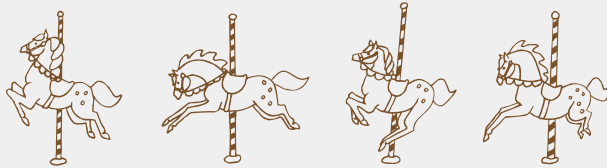
Carousel Information

Open weekends and holidays

12PM to 6PM until October 14

\$2 per ride

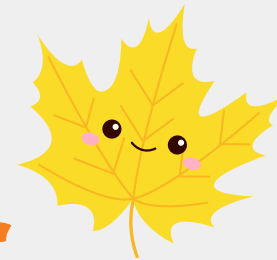
Located in Field 1



hello

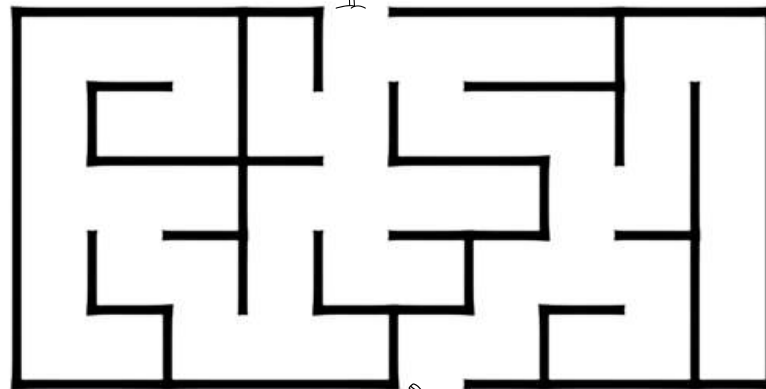


FALL



Please email
hempsteadlakeee@parks.ny.gov
to inquire about school trips,
scout programs, and volunteer
opportunities!

Help the
scarecrow
get back
to his
pumpkins!



Don't miss our annual events!

October 19: Fall Fishing Festival

January 1: First Day Hike












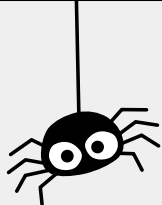




Calendar Key

- (A) indicates Adult Program
- (C) indicates Children's Program
- (F) indicates Family Program

OCTOBER 2024



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3 Pumpkin Party (C) 1:00 - 2:30 PM	4 Tiny Tots: Nocturnal Animals 10:00 - 11:00 AM	5 Celebrating Hispanic Heritage Month (F) 10:00 - 11:30 AM
6 Hispanic Female Artists and the Environment (A) 10:00 - 11:00 AM Hempstead Lake Helpers 1:00 - 2:30 PM	7	8	9 	10 	11	12
13	14 	15 	16	17	18 Tiny Tots: Spiders 10:00AM- 11:00 AM	19 FALL FISHING FESTIVAL!  10:00 AM - 4:00 PM
20 Otherworldly Adaptations (C) 10:00 - 11:30 AM	21	22 Crafts & Coffee (A) 10:00 - 11:30 AM	23 	24 	25	26
27 Micro-Season Nature Hike (A) 10:00AM - 12:00 PM	28	29	30	31 		

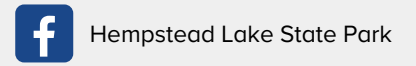
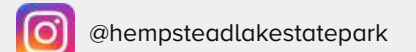
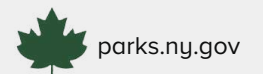
OCTOBER 2024

PROGRAM DESCRIPTIONS



Eventbrite

Register here!



Pumpkin Party | Thurs, October 3rd | 1:00PM- 2:30PM | Children's Program (ages 6+)

Spooky season is here! Join us for pumpkin painting and a lesson on how pumpkins became associated with the Halloween season.

Celebrating Hispanic Heritage Month | Sat, October 5th | 10:00AM- 11:30AM | Family Program (ages 6+)

Hispanic Heritage Month is September 15th to October 15th- join us in celebrating! We will create art inspired by Hispanic traditions and learn about the cultural history of the art we are creating.

Hispanic Female Artists and the Environment | Sun, October 6th | 10:00AM- 11:00AM | Free Lecture Event | Adults (ages 18+)

In recognition of Hispanic Heritage Month, join us for a lecture on Hispanic female artists whose brilliant works are inspired by nature.

Hempstead Lake Helpers | Sun, October 6th | 1:00PM- 2:30PM | Free Volunteer Event | Ages 12+

Join us every first Sunday of the month for a volunteer event. This month we will be conducting maintenance on our pumpkin patches.

Otherworldly Adaptations | Sun, October 20th | 10:00AM- 11:30AM | Children's Program (ages 6+)

Certain organisms have such unique adaptations that they almost look like aliens! Join us in learning about the wacky adaptations certain plants and animals have before you create your own otherworldly creature.

Craft & Coffee | Tues, October 22nd | 10:00AM- 11:30AM | Adult Program (ages 18+)

Join us one Tuesday a month to sip some coffee and make a craft inspired by nature! This month we will be painting wood cuts.

Micro-season Nature Hike | Sun, October 27th | 10:00AM- 12:00PM | Free Adult Program (ages 18+)

Meet up with us to hike around Hempstead Lake and bask in the beautiful fall foliage! This hike will go the entire distance around the lake, which is 3 miles, so come prepared with your hiking shoes and adventurous spirit! We will meet at the Field 1 Education Center and we will begin hiking promptly at 10am.

TINY TOTS

Explore the natural world around us. These programs will connect children and their parents with nature through short walks, animal visitors, and crafts.

10:00am-11:00am

Friday, October 4: Nocturnal Animals

Friday, October 18: Spiders



RESERVATIONS

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NOVEMBER 2024



New York State
Parks, Recreation and
Historic Preservation



parks.ny.gov



@hempsteadlakestatepark



Hempstead Lake State Park

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 Tiny Tots: Pumpkins 10:00 - 11:00 AM	2 Pumpkin Palooza (F) 1:00 - 3:00 PM 
3 Hempstead Lake Helpers 1:00 - 2:30 PM	4	5	6	7	8	9 Fall Harvest Wreaths (F) 10:00 - 11:30AM
10 Fall Sights Scavenger Hunt (C) 1:00 - 2:30 PM	11 Free Play 10:00 - 11:00 AM	12	13	14	15 Tiny Tots: Hibernation 10:00 - 11:00 AM	16 Celebrating Native American Heritage Month (F) 10:00 - 11:30 AM
17 Sounds of Nature (C) 10:00 - 11:30 AM	18	19 Crafts & Coffee (A) 10:00 - 11:30 AM	20	21	22	23
24 Walking the Wetlands (A) 10:00 - 11:30 AM	25	26	27	28 Center Closed 	29	30

NOVEMBER 2024

PROGRAM DESCRIPTIONS



New York State
Parks, Recreation and
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parks.ny.gov



@hempsteadlakestatepark



Hempstead Lake State Park

Pumpkin Palooza | Sat, November 2nd | 1:00PM- 3:00PM | Free Family Program (ages 6+)

Don't throw out your porch pumpkins! Instead, drop them off with Educators at the park's pumpkin patches. Ask us about farming, gardening, and composting while you watch as we smash down and break apart the pumpkins you provide to begin our new pumpkin crop.

Hempstead Lake Helpers | Sun, November 3rd | 1:00PM- 2:30PM | Free Volunteer Event | Ages 12+

Join us every first Sunday of the month for a volunteer event. This month we will be prepping for public programs occurring in December.

Fall Harvest Wreaths | Sat, November 9th | 10:00AM- 11:30AM | Family Program (ages 6+)

Autumn is here! It's time to welcome the new season into our homes by using natural materials found in the park to decorate a fall-themed wreath! Only one wreath will be supplied per household.

Fall Sights Scavenger Hunt | Sun, November 10th | 1:00PM- 2:30PM | Children's Program (ages 6+)

As the days get shorter and the temperature continues to drop, many things in nature are changing. Join us in a fun Fall Scavenger Hunt throughout the park to identify and admire the many fascinating changes that occur in this season!

Free Play | Mon, November 11th | 10:00AM- 11:00AM | Free Tiny Tots Program (Ages 3-5)

Spend some time with your little one in the Center's classroom. An educator will be present, but the time and space is yours- play with our toys, put together our puzzles, or read one of our storybooks. The hour is what you make of it!

Celebrating Native American Heritage Month | Sat, November 16th | 10:00AM- 11:30AM | Family Program (ages 6+)

November is Native American Heritage Month! Join us for a discussion on the Three Sisters- corn, squash, and beans- and learn all about the significance of these mighty crops.

Sounds of Nature | Sun, November 17th | 10:00AM- 11:30AM | Children's Program (ages 6+)

Whether it be an owl screeching, leaves blowing in the wind, or a rock falling to the ground, there are sounds all around! Join us in exploring the sounds of nature and come make your own instrument using repurposed materials!

Crafts and Coffee | Tues, November 19th | 10:00AM- 11:30AM | Adult Program (ages 18+)

Join us one Tuesday a month to sip some coffee and make a craft inspired by nature! This month we will be decorating picture frames.

Walking the Wetlands | Sun, November 24th | 10:00AM- 11:30AM | Adult Program (ages 18+)

Join us in a leisurely walk along the northern pond trails, where we may spot waterfowl, songbirds, mammals, and more! Plus, see some of the storm resiliency devices the park has in place.

TINY TOTS

Explore the natural world around us. These programs will connect children and their parents with nature through short walks, animal visitors, and crafts.

10:00am-11:00am

Friday, November 1st: Pumpkins

Friday, November 15th: Hibernation

RESERVATIONS

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DECEMBER 2024



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Hempstead Lake Helpers 1:00 - 2:30 PM	2	3	4	5	6	7 Wreath Making (F) 1:30 - 3:00PM
8 Wreath Making (F) 1:30 - 3:00PM	9	10	11	12	13 Tiny Tots: Snowflakes 10:00 - 11:00AM	14
15 Winter Wonderland (C) 10:00 - 11:30AM	16	17 Crafts & Coffee (A) 10:00 - 11:30AM	18	19	20	21 Solstice Hike (A) 10:00 - 11:30AM
22	23	24	25 Center Closed 	26	27 Tiny Tots: Arctic Animals 10:00 - 11:00AM	28 Antlered Friends (C) 10:00 - 11:30AM
29 Winter Bird Walk (A) 10:00 - 11:30AM	30	31 Free Play 10:00 - 11:00AM				

DECEMBER 2024



New York State
Parks, Recreation and
Historic Preservation

Eventbrite

Register here!



parks.ny.gov



@lhempsteadlakestatepark



Hempstead Lake State Park

PROGRAM DESCRIPTIONS

Hempstead Lake Helpers | Sun, December 1st | 1:00PM- 2:30AM | Free Volunteer Event | Ages 12+

Join us every first Sunday of the month for a volunteer event. This month we will create goodie bags to hand out to patrons.

Wreath Making | Sat, December 7th | 1:30PM- 3:00PM | Family program (ages 6+)

Join us inside the Center, where we'll decorate wreaths in preparation for the holiday season! Only one wreath will be supplied per household.

Wreath Making | Sun, December 8th | 1:30PM- 3:00PM | Family program (ages 6+)

Join us inside the Center, where we'll decorate wreaths in preparation for the holiday season! Only one wreath will be supplied per household.

Winter Wonderland | Sun, December 15th | 10:00AM- 11:30AM | Children's program (ages 6+)

What do snowflakes and people have in common? Every single one is unique! Join us in learning about the uniqueness and beauty of snowflakes, the wonders of Winter, and come make some Winter themed crafts.

Crafts and Coffee | Tues, December 17th | 10AM- 11:30AM | Adult program (ages 18+)

Join us one Tuesday a month to sip some coffee and make a craft inspired by nature! This month we will be creating wintery mason jar votives.

Solstice Hike | Sat, December 21st | 10:00AM- 12:00PM | Adult program (ages 18+)

Celebrate the Winter Solstice at Hempstead Lake! Learn what the solstice is and how it has been celebrated in time immemorial during a nature hike around the lake. Please dress warmly and come prepared for a 3 mile hike.

Antlered Friends | Sat, December 28th | 10:00AM- 11:30AM | Children's program (ages 6+)

Reindeer aren't our only antlered animal friends! Join us for a lesson on antlered animals and make a craft.

Winter Bird Walk | Sun, December 29th | 10:00AM- 11:30AM | Adult program (ages 18+)

What can we spot flying in Winter skies? Come find out! We will walk along the lake and learn about some of the bird species that may be spotted across Long Island at this time of year. Participants are encouraged to bring their own binoculars.

Free Play | Tues, December 31st | 10:00AM- 11:30AM | Free Tiny Tots Program (Ages 3-5)

Spend some time with your little one in the Center's classroom. An educator will be present, but the time and space is yours- play with our toys, put together our puzzles, or read one of our storybooks. The hour is what you make of it!

TINY TOTS

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10:00am-11:00am

Friday, December 13th: Snowflakes

Friday, December 27th: Arctic Animals

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