



## Parks, Recreation and Historic Preservation

ANDREW M. CUOMO  
Governor

ROSE HARVEY  
Commissioner

Dear 2019 Lifeguard Candidate:

Our lifeguards are a vital asset to the NYS Parks system. They protect more than 25 million swimmers and perform thousands of rescues annually. I would like to take this opportunity to recognize the returning lifeguards for the excellent work performed in the past as well as welcome and encourage new candidates who are striving to join our team.

All seasonal lifeguard candidates must qualify annually. The lifeguard qualifying process is administered by the Office of Parks, Recreation & Historic Preservation (OPRHP) and the Department of Environmental Conservation (DEC). The DEC and OPRHP are two separate State agencies working together to provide upstate candidates additional qualifying opportunities throughout New York State. Please be aware that these results are not applicable in Long Island. OPRHP conducts a separate surf lifeguard program for our Long Island facilities. Likewise, the Long Island process does not qualify candidates for employment in our other Regions. Candidates seeking employment as a lifeguard for OPRHP (other than Long Island) must meet the standards outlined in this 2019 OPRHP Lifeguard Information packet.

Qualifying dates have closed out in the past and candidates are strongly encouraged to pre-register. Candidates should contact the OPRHP regional offices (list attached) at least two weeks prior to the scheduled date, or with DEC no later than one week prior by contacting the DEC central office. DEC will accept only 5 OPRHP registrants per location/date. If you decide NOT to attend we ask that you notify the host region as soon as possible to allow another person the opportunity to take your place. We reserve the right to cancel and will attempt to notify candidates in a timely manner.

### Reminders:

- All candidates are required to show identification prior to participating in the qualifying process. Acceptable forms of identification include but are not limited to: State issued driver license, non-driver ID, or Passport. A photo ID without a date of birth may be used provided a birth certificate is also presented.
- The qualifying process consists of two sections. Candidates must pass both sections to be qualified.
- **BRING YOUR POCKET MASK.** The use of a pocket mask is required for the CPR section. We **will not supply masks.**
- Each cycle of compressions for CPR must be completed within 14-19 secs.
- Candidates will be provided a second opportunity to complete the CPR section at each location. This second opportunity will be offered after the conclusion of the entire qualifying process (Water and CPR).
- The 2 arm tow will be the only acceptable towing technique for the rescue event.
- We **WILL NOT** offer a second attempt of the water section on the same day at OPRHP scheduled sites.
- **I urge you to review the "2019 Lifeguard Information" and "2019 Lifeguard Qualifications".** The American Red Cross (ARC) Lifeguard Course is valid for 2 years. We require certification to the Waterfront level (base course and a module) in all Regions with the exception of New York City, as the majority of our facilities are beaches. Also, **CPR certification is only recognized for a period of 1 year for lifeguards regardless of the expiration date indicated on your card (As per NYS Department of Health).** Please be sure you get the appropriate certification (CPR/AED for the Professional Rescuer and Healthcare Provider or equivalent). Candidates hired at facilities with waterslides will need to be certified to the Water Park level or successfully complete an in-house training program. Please contact your regional representative or the Water Safety Office if you have any questions.
- Please note: As per the Agency standard lifeguard candidates must meet the medical standards which includes the minimum vision requirements.

Sincerely,

Richard Alden, Director of Water Safety  
[Richard.Alden@parks.ny.gov](mailto:Richard.Alden@parks.ny.gov)





## **2019 LIFEGUARD QUALIFICATION INFORMATION for OPRHP sites except Long Island**

- The Qualifying Process consists of two (2) sections; a practical demonstration of lifesaving skills and a practical demonstration of Cardiopulmonary Resuscitation (CPR) skills. Each event will be evaluated on a PASS or FAIL basis and all events in each section must be completed on the same day for that section to qualify as a pass.
- Candidates must pass both sections to be eligible for employment.
- Candidates have unlimited attempts to pass each section; however, each candidate will have only one attempt per session for the water section and two attempts per day for the CPR section at OPRHP scheduled sites.
- Candidates may participate at any scheduled site for DEC or OPRHP and have the results forwarded to the desired region or area. Standards for employment with OPRHP are outlined for each event.
- All skills are evaluated using current standards of the American Red Cross.
- Sideline coaching and/or lap counting is not allowed. The qualifying procedure is designed to evaluate individual skills, endurance, and reasoning ability. Please listen closely and follow directions.
- Goggles will be allowed for the 200 and 50-yard swim events only.
- To prevent injury, all jewelry, including earrings, necklaces, body piercings, etc. MUST be removed or taped BEFORE starting the rescue portion.
- If you do not understand any part of the directions or specifics of an event, please ask for clarification.

### **WATER TEST**

**Candidates will be permitted 5 minutes to warm up and familiarize themselves with the pool.**

**(Explain to candidates the starting procedure that will be used for the 200 and 50 yard timed events.)**

#### **1. 200 YARD SWIM**

- Candidates will dive from the deep end pool deck and swim 200 yards in four (4) minutes or less. Extra lengths or laps will be considered a failure.
- The only strokes allowed are the front crawl or breaststroke.
- Any type of turn is acceptable.
- Continuous swimming is required. Do not stand or push off the pool bottom.

## 2. 20 YARD UNDERWATER SWIM - SEARCH AND RECOVERY

- Stand or tread water at *the location indicated by the examiner*. The brick will be thrown when you are in position looking at the deep-water end wall.
- Candidates must start, using any form of plunge, upon hearing a whistle blown by an examiner. Begin moving IMMEDIATELY BUT ONLY when you hear the single whistle blast.
- Candidates will swim 20 yards underwater following the bottom contour of the pool, simulating an underwater search for a victim. You must touch the deep end wall before surfacing. Breaking the surface of the water before the end-wall is touched will be considered an immediate failure.
- After touching the deep end wall, surface, take a breath and immediately swim away from the wall and perform a surface dive to recover a 10-pound brick.
- **--DO NOT PUSH OFF THE WALL - AND DO NOT HANG ONTO THE WALL.**
- Two surface dive attempts are allowed for the brick recovery.
- Pushing off the bottom after recovering the brick is acceptable.
- Upon surfacing the candidate will swim back to the shallow end-wall of the pool without walking. Candidate must swim either on their side with the brick on their hip or swim on their back with the brick on their torso *simulating a victim carry*. The brick must be secured by at least one hand at all times. Underwater swimming while carrying the brick is not permitted. If the brick is dropped once during the swim, immediately recover the brick and continue the carry. Dropping the brick a second time will be considered a failure.
- Candidates must swim to and touch the shallow end-wall before standing up. The event will conclude when the candidate places the brick on the deck at the point where the swim concluded.
- Candidates will fail for not immediately following verbal instructions from an examiner.
- Reminder: Do not take deep breaths before underwater swimming – take no more than 3 or 4 short breaths prior to swimming underwater to avoid shallow water blackout.

## 3. 50 YARD SPRINT –

- Candidates will dive from the pool deck and swim 50 yards in 45 seconds or less.
- The only strokes allowed are the front crawl or breaststroke.
- Any type of turn is acceptable.
- Continuous swimming is required. Do not stand or push off the pool bottom.

#### 4. REAR CARRY WITH RESCUE TUBE -

- Candidates will start from the shallow end of the pool with their backs against the wall (or other designated starting point), holding a rescue tube and looking down the pool at the examiner. The examiner, who will be in deep water, will signal that the event is to begin and then begin struggling *as an active victim in need of rescue*. Candidates should immediately react to the struggling “victim”.
- Candidates will **swim quickly** to the examiner and make a REAR APPROACH, making contact by using the Active Victim Rear Rescue technique.
- The candidate must use only the double armpit towing technique for an active drowning victim. Using ONE arm to stroke will not be accepted.
- Once the examiner is correctly placed upon the rescue tube the candidate will tow the examiner back to the starting point until the examiner taps out.
- The examiner will end the event if forward progress ceases. The candidate may not stand or walk at any time while "towing" the examiner
- The examiner's face must be maintained above the water at all times. **The examiner may begin struggling if their face goes underwater or if the carry is ineffective.**
- If the examiner slips off the tube, the candidate must immediately position the examiner back onto the tube and continue the tow. The candidate will fail if the examiner slips off the tube a SECOND TIME.
- Deviation from published procedures resulting in abuse or injury to the examiner will result in FAILURE.

#### TAP OUT

A candidate may end the attempt for any reason by “tapping out”. If tapped, the Technician will stop the rescue and provide any assistance as needed. This will be considered a failure.

In the event a Technician needs to “tap out”, the candidate will release the Technician and back away. If the Technician “taps out”, through no fault of the candidate, the candidate will be permitted to either restart or continue the event based on the discretion of the Technician. Note: This does not affect a candidate who has failed to meet the standards of the event.

## **CARDIOPULMONARY RESUSCITATION (CPR) TEST**

There is a change in the evaluation for the CPR component. Candidates will be permitted to continue the CPR event into a compression cycle even when they have received a “Fail” for a previous step. This will allow the Technician to provide additional feedback to the candidate on items such as, but not limited to, the pulse check and compression cycle. Items past the initial point of failure will not be evaluated as a Pass or Fail on the candidate form.

**Candidates will be evaluated based on the current standards of the American Red Cross CPR/AED for the Professional Rescuer and Healthcare Providers. Exam standards are consistent with the recently released “New First Aid, CPR and Emergency Cardiovascular Care (ECC) Guidelines”.**

**USE OF A POCKET MASK IS REQUIRED. Candidates must bring their own personal pocket mask.**

- Candidates will have at least one minute to practice on the manikin on which they will be evaluated. If there is a problem with the manikin please notify the Technician before the evaluation begins.
- Each candidate must demonstrate CPR competency by performing "professional level" one rescuer adult CPR for a suspected drowning victim.
- Once you begin, **DO NOT STOP** until told to do so by the examiner.
- The candidate must:
  - 1) Establish unresponsiveness.
  - 2) Establish an adequate airway and check for breathing and pulse for 5 to 10 seconds.
  - 3) Provide proper ventilations with the mask.
  - 4) Perform the correct ratio for one rescuer CPR. Each set of 30 compressions must be done between 14 - 19 seconds with the proper hand position. Compressions must be of the correct depth.

**CLEANING PROCEDURES:** We ask that candidates clean the manikins after performing CPR, by wetting or spraying the manikin's mouth and face using the supplied materials and solution. Leave the manikins face wet for at least 1 minute before wiping it dry with a clean pad. Each candidate may repeat the process, if so desired, when they arrive at the manikin.



## **2019 LIFEGUARD INFORMATION for all OPRHP sites except Long Island**

### **LIFEGUARD QUALIFICATIONS for 2019**

1. **Minimum age: 16 (preference given to individuals 18 years of age and older)**
2. **PRIOR to employment, you must have acceptable and current certifications in the following American Red Cross courses (or equivalent):**
  - **Lifeguarding/First Aid/CPR/AED – in the New York City Region**
  - **Lifeguarding/First Aid/CPR/AED with Waterfront Skills Module – for all regions except NYC.**
  - **CPR/AED for the Professional Rescuer and Healthcare Providers – which includes Adult and Child AED – all regions.**
  - **First Aid if not included in Lifeguard Training course material – all regions.**
  - **Waterpark Lifeguarding certification for any lifeguard working at a park with water slides.**

**Consult with the Agency Water Safety Office for equivalent courses.**

- **Lifeguard and First Aid certificates validity periods vary by provider. Please make sure you possess appropriate and valid certifications.**
- **Initial certification as a Lifeguard through ARC will include CPR. No separate certificate is necessary.**
- **CPR certificates must be dated within the last year as per the NYS DOH.**
- **A lifeguard will be terminated from lifeguard employment if any required certificate lapses during the operating season (recertification is acceptable).**
- **Please consult with the Regional or Albany Office if you have questions on certifications.**

3. **Candidates must successfully complete the qualifying process and any other training programs sanctioned by the Agency. Please note: Candidates may participate in the qualifying process without possessing certification; however, candidates that do possess current certifications will likely have an advantage in the process over those who do not due to familiarity with the subject matter.**
4. **New candidates must undergo an interview by regional staff; the purpose of which is to evaluate an individual's maturity and the ability to communicate.**
5. **After receiving a "conditional" offer of employment, each NEW candidate will be required to submit a current 2019 NYS Parks Medical form, containing a Physician's certification concerning the candidate and:**
  - **Candidates must meet the Agency vision requirement.**
  - **Candidates must be able to hear normal sounds in each ear, along with other medical standards.**
  - **Returning lifeguards, hired prior to 2013, will be required to submit a notarized form stating that they are physically capable of performing lifeguard duties, with no medical changes. Returning lifeguards may be required to secure a standard medical examination if there are questions concerning their physical status. All medical forms and records will be held in confidence.**
6. **All lifeguard candidates are subject to a criminal background check as a condition of employment.**







# Parks, Recreation and Historic Preservation

## REGIONAL LIFEGUARD CONTACTS 2019

Central New York Park Region  
6105 E. Seneca Tnpk.  
Jamesville, NY 13078

Bonnie Ward  
(315) 492 - 1756  
fax (315) 492- 3277  
[Bonnie.Ward@parks.ny.gov](mailto:Bonnie.Ward@parks.ny.gov)

Finger Lakes Park Region  
2221 Taughannock Park Rd.  
Trumansburg, NY 14886

Andrew Chouinard  
(607) 387 - 7041, ext. 104  
fax (607) 387 - 3390  
[Andrew.Chouinard@parks.ny.gov](mailto:Andrew.Chouinard@parks.ny.gov)

New York City Region  
Riverbank State Park  
679 Riverside Drive  
New York, New York 10031

Darren Green  
(212) 694 - 3664 or 65  
fax (212) 694 - 3668  
[Darren.Green@parks.ny.gov](mailto:Darren.Green@parks.ny.gov)

Palisades Interstate Park Commission  
Bear Mountain State Park  
Administration Building  
Bear Mountain, NY 10911

Erin Martin, ext. 232  
Janelle Lozina, ext. 269  
(845) 786 - 2701  
[Erin.Martin@parks.ny.gov](mailto:Erin.Martin@parks.ny.gov)

Saratoga/Capital District Park Region  
Saratoga Spa State Park  
19 Roosevelt Drive  
Saratoga Springs, NY 12866

Laura Smith  
(518) 584 - 2000, ext. 252  
fax (518) 584 - 5694  
[Laura.Smith@parks.ny.gov](mailto:Laura.Smith@parks.ny.gov)

Taconic Park Region  
P. O. Box 308  
Staatsburg, NY 12580

Gerri Covert  
(845) 889 - 3899  
fax (845) 889 - 8217  
[Geraldine.Covert@parks.ny.gov](mailto:Geraldine.Covert@parks.ny.gov)

Thousand Islands Park Region  
Keewaydin State Park  
PO Box 247  
Alexandria Bay, NY 13607

Shirley Denesha  
(315) 482 - 2593, ext. 213  
fax (315) 482 - 9413  
[Shirley.Denesha@parks.ny.gov](mailto:Shirley.Denesha@parks.ny.gov)

Allegany Park Region  
2373 ASP Ret 1, Suite 3  
Salamanca, NY 14779

John Snyder  
(716) 354 - 9101, ext. 269  
[John.Snyder@parks.ny.gov](mailto:John.Snyder@parks.ny.gov)

Genesee Park Region  
1 Letchworth State Park  
Castile, NY 14427

Mary Jane Brooks  
(585) 493 - 3604  
fax (585) 493 - 5272  
[MaryJane.Brooks@parks.ny.gov](mailto:MaryJane.Brooks@parks.ny.gov)

Niagara Frontier Park Region  
P.O. Box 1132  
Niagara Falls, NY 14303

Melissa Emhardt  
(716) 278 - 1761  
[Melissa.Emhardt@parks.ny.gov](mailto:Melissa.Emhardt@parks.ny.gov)



# Parks, Recreation and Historic Preservation

## REGIONAL LIFEGUARD CONTACTS 2019

### Long Island Information

Long Island Region  
P.O. Box 247  
Babylon, NY 11702

[LIWaterSafety@parks.ny.gov](mailto:LIWaterSafety@parks.ny.gov)

Long Island Region  
Jones Beach State Park Box 1000  
Wantagh, NY 11793

Long Island Water Safety Office  
(631) 321 - 3568

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### NYS DEC

Lifeguard Testing  
NYS DEC  
625 Broadway, Third Floor  
Albany, NY 12233

Patty Wright (to register)  
(518) 457 - 2500  
[Info.LifeGuard@dec.ny.gov](mailto:Info.LifeGuard@dec.ny.gov)

\*Questions for DEC exams should be directed to Barb Palmateer.

# NYS PARKS LIFEGUARD QUALIFYING DATES 2019 Season

| Date       | Location                | Region                    | Time    | Address              | City               | St. | Zip   | To Register      | Telephone            |
|------------|-------------------------|---------------------------|---------|----------------------|--------------------|-----|-------|------------------|----------------------|
| 12/27/2018 | Monroe Woodbury MS      | Palisades                 | 10:00AM | 199 Dunderberg Rd.   | Central Valley     | NY  | 10917 | Erin Martin      | (845) 786-2701 x.232 |
| 12/27/2018 | Salamanca H.S.          | Allegany                  | 9:00 AM | 50 Iroquois Drive    | Salamanca          | NY  | 14779 | John Snyder      | (716) 354-9101 x.269 |
| 1/5/2019   | Albany Academy          | Saratoga/Capital District | 12 Noon | 135 Academy Rd.      | Albany             | NY  | 12208 | Laura Smith      | (518) 584-2000 x.252 |
| 1/12/2019  | Jamesville-DeWitt M.S.  | Central                   | 9:30 AM | 6280 Randal Road     | Jamesville         | NY  | 13078 | Bonnie Ward      | (315) 492-1756       |
| 3/3/2019   | Monroe Woodbury MS      | Palisades                 | 9:00 AM | 199 Dunderberg Rd.   | Central Valley     | NY  | 10917 | Erin Martin      | (845) 786-2701 x.232 |
| 3/9/2019   | Niagara University      | Niagara                   | 8:30 AM | Robert Moses Parkway | Niagara University | NY  | 14109 | Melissa Emhardt  | (716) 278-1761       |
| 3/9/2019   | George Washington HS    | New York City             | 8:00 AM | 549 Audubon Ave.     | New York           | NY  | 10140 | Darren Green     | (212) 694-3666       |
| 3/15/2019  | Odessa-Montour          | Finger Lakes              | 5:30 PM | 300 College Ave.     | Odessa             | NY  | 14869 | Andy Chouinard   | (607) 387-7041 x.104 |
| 3/23/2019  | Letchworth Cent. School | Genesee                   | 9:00 AM | 5550 School Rd.      | Gainesville        | NY  | 14066 | Mary Jane Brooks | (585) 493-3604       |
| 3/30/2019  | Brockport H.S.          | Genesee                   | 9:00 AM | 40 Allen St.         | Brockport          | NY  | 14420 | Mary Jane Brooks | (585) 493-3604       |
| 4/5/2019   | Cato Recreation Center  | Finger Lakes              | 5:30 PM | 2851 NY-370          | Cato               | NY  | 13033 | Andy Chouinard   | (607) 387-7041 x.104 |
| 4/6/2019   | SUNY Potsdam Maxcy Hall | Thousand Islands          | 9:30 AM | 44 Pierpont Ave.     | Potsdam            | NY  | 13676 | Shirley Denesha  | (315) 482-2593 x.213 |
| 4/6/2019   | Jamesville-Dewitt M.S.  | Central                   | 9:30 AM | 6280 Randal Road     | Jamesville         | NY  | 13078 | Bonnie Ward      | (315) 492-1756       |
| 4/6/2019   | Niagara University      | Niagara                   | 8:30 AM | Robert Moses Parkway | Niagara University | NY  | 14109 | Melissa Emhardt  | (716) 278-1761       |

| Date      | Location                       | Region                    | Time     | Address                       | City           | St. | Zip   | To Register     | Telephone            |
|-----------|--------------------------------|---------------------------|----------|-------------------------------|----------------|-----|-------|-----------------|----------------------|
| 4/7/2019  | SUNY Plattsburgh Memorial Hall | Thousand Islands          | 9:30 AM  | 44 Rugar St.                  | Plattsburgh    | NY  | 12901 | Shirley Denesha | (315) 482-2593 x.213 |
| 4/13/2019 | SUNY Oneonta                   | Central                   | 10:00 AM | 108 Ravine Parkway            | Oneonta        | NY  | 13820 | Bonnie Ward     | (315) 492-1756       |
| 4/13/2019 | George Washington HS           | New York City             | 8:00 AM  | 549 Audubon Ave.              | New York       | NY  | 10140 | Darren Green    | (212) 694-3666       |
| 4/14/2019 | Monroe Woodbury MS             | Palisades                 | 9:00 AM  | 199 Dunderberg Rd.            | Central Valley | NY  | 10917 | Erin Martin     | (845) 786-2701 x.232 |
| 4/20/2019 | Chautauqua Institute           | Allegany                  | 9:00 AM  | 4840 West Lake Road           | Mayville       | NY  | 14757 | John Snyder     | (716) 354-9101 x.269 |
| 4/20/2019 | Taconic Hills HS               | Taconic                   | 9:00 AM  | 73 County Rt. 11A             | Craryville     | NY  | 12521 | Gerri Covert    | (845) 889-3899       |
| 4/27/2019 | Chenango Forks H.S.            | Central                   | 9:30 AM  | 1 Gordon Drive                | Binghamton     | NY  | 13901 | Bonnie Ward     | (315) 492-1756       |
| 4/27/2019 | Indian River M.S.              | Thousand Islands          | 9:30 AM  | 32735A County Rt. 29          | Philadelphia   | NY  | 13673 | Shirley Denesha | (315) 482-2593 x.213 |
| 5/3/2019  | Kips Bay Boys and Girls Club   | New York City             | 4:30 PM  | 1930 Randall Ave.             | Bronx          | NY  | 10473 | Darren Green    | (212) 694-3666       |
| 5/4/2019  | South Jefferson H.S.           | Thousand Islands          | 9:30 AM  | 11060 US Route 11             | Adams          | NY  | 13605 | Shirley Denesha | (315) 482-2593 x.213 |
| 5/4/2019  | Brocton H.S.                   | Allegany                  | 9:00 AM  | 138 W. Main St.               | Brocton        | NY  | 14716 | John Snyder     | (716) 354-9101 x.269 |
| 5/5/2019  | SUNY Cobleskill Bouck Hall     | Saratoga/Capital District | 9:00 AM  | 107 Schenectady Ave., Route 7 | Cobleskill     | NY  | 12043 | Laura Smith     | (518) 584-2000 x.252 |
| 5/11/2019 | Hamburg HS                     | Niagara                   | 8:30 AM  | 4111 Legion Dr.               | Hamburg        | NY  | 14075 | Melissa Emhardt | (716) 278-1761       |
| 5/11/2019 | Ballston Spa                   | Saratoga/Capital District | 9:00 AM  | 220 Ballston Ave.             | Ballston Spa   | NY  | 12020 | Laura Smith     | (518) 584-2000 x.252 |
| 5/11/2019 | Thousand Islands HS            | Thousand Islands          | 9:30 AM  | 8481 County Rt. 9             | Clayton        | NY  | 13624 | Shirley Denesha | (315) 482-2593 x.213 |

| Date      | Location                     | Region                    | Time     | Address               | City               | St. | Zip   | To Register     | Telephone            |
|-----------|------------------------------|---------------------------|----------|-----------------------|--------------------|-----|-------|-----------------|----------------------|
| 5/18/2019 | Mohonasen High School        | Saratoga/Capital District | 9:00 AM  | 2072 Curry Road       | Schenectady        | NY  | 12303 | Laura Smith     | (518) 584-2000 x.252 |
| 5/18/2019 | N. Rockland HS               | Palisades                 | 10:30 AM | 196 Hammond Rd.       | Thiells            | NY  | 10984 | Erin Martin     | (845) 786-2701 x.232 |
| 5/18/2019 | Salamanca H.S.               | Allegany                  | 9:00 AM  | 50 Iroquois Drive     | Salamanca          | NY  | 14779 | John Snyder     | (716) 354-9101 x.269 |
| 5/19/2019 | Taconic Hills HS             | Taconic                   | 9:00 AM  | 73 County Rt. 11A     | Craryville         | NY  | 12521 | Gerri Covert    | (845) 889-3899       |
| 5/19/2019 | Kips Bay Boys and Girls Club | New York City             | 8:30 AM  | 1930 Randall Ave.     | Bronx              | NY  | 10473 | Darren Green    | (212) 694-3666       |
| 5/31/2019 | Odessa-Montour               | Finger Lakes              | 5:30 PM  | 300 College Ave.      | Odessa             | NY  | 14869 | Andy Chouinard  | (607) 387-7041 x.104 |
| 6/1/2019  | Ballston Spa                 | Saratoga/Capital District | 9:00 AM  | 220 Ballston Ave.     | Ballston Spa       | NY  | 12020 | Laura Smith     | (518) 584-2000 x.252 |
| 6/1/2019  | Niagara University           | Niagara                   | 8:30 AM  | Robert Moses Parkway  | Niagara University | NY  | 14109 | Melissa Emhardt | (716) 278-1761       |
| 6/2/2019  | Copper Beech MS              | Taconic                   | 9:00 AM  | 3401 Old Yorktown Rd. | Yorktown Heights   | NY  | 10598 | Gerri Covert    | (845) 889-3899       |
| 6/7/2019  | Odessa-Montour               | Finger Lakes              | 5:30 PM  | 300 College Ave.      | Odessa             | NY  | 14869 | Andy Chouinard  | (607) 387-7041 x.104 |
| 6/8/2019  | Brocton H.S.                 | Allegany                  | 9:00 AM  | 138 W. Main St.       | Brocton            | NY  | 14716 | John Snyder     | (716) 354-9101 x.269 |
| 6/8/2019  | Taconic Hills HS             | Taconic                   | 9:00 AM  | 73 County Rt. 11A     | Craryville         | NY  | 12521 | Gerri Covert    | (845) 889-3899       |
| 6/9/2019  | Copper Beech MS              | Taconic                   | 9:00 AM  | 3401 Old Yorktown Rd. | Yorktown Heights   | NY  | 10598 | Gerri Covert    | (845) 889-3899       |
| 6/15/2019 | N. Rockland HS               | Palisades                 | 10:30 AM | 196 Hammond Rd.       | Thiells            | NY  | 10984 | Erin Martin     | (845) 786-2701 x.232 |

## 2019 DEC Lifeguard Qualifying Dates and Locations

| Date                      | Time   | Location                                                   | Address            | City           |
|---------------------------|--------|------------------------------------------------------------|--------------------|----------------|
| Saturday<br>January 19th  | 9:00am | Lynch Literacy Academy                                     | 55 Brandt Place    | Amsterdam      |
| Saturday<br>January 26th  | 9:00am | Catskill Recreation Center<br><b>(DEC candidates only)</b> | 651 County Hwy 38  | Arkville       |
| Friday<br>February 22nd   | 4:30pm | Lynch Literacy Academy                                     | 55 Brandt Place    | Amsterdam      |
| Saturday<br>February 23rd | 9:00am | Gloversville Middle School                                 | 234 Lincoln Street | Gloversville   |
| Saturday<br>March 16th    | 9:00am | Glens Falls High School                                    | 5 Quade Street     | Glens Falls    |
| Friday<br>March 22nd      | 5:00pm | Catskill Recreation Center<br><b>(DEC candidates only)</b> | 651 County Hwy 38  | Arkville       |
| Saturday<br>March 23th    | 9:00am | Holland Patent High School                                 | 8079 Thomson Road  | Holland Patent |
| Sunday<br>March 24th      | 9:00am | Paul Smiths College<br>(Saunders Sports Complex)           | Route 30           | Saranac Lake   |
| Saturday<br>April 6th     | 9:00am | Moriah Central School                                      | 39 Viking Lane     | Port Henry     |
| Saturday<br>April 20th    | 9:00am | Gloversville Middle School                                 | 234 Lincoln Street | Gloversville   |
| Saturday<br>April 27th    | 9:00am | Lynch Literacy Academy                                     | 55 Brandt Place    | Amsterdam      |
| Saturday<br>May 11th      | 9:00am | South Lewis Central School                                 | 4264 East Road     | Turin          |
| Saturday<br>May 18th      | 9:00am | Queensbury Elementary School                               | 431 Aviation Road  | Queensbury     |
| Saturday<br>June 1st      | 9:00am | Lynch Literacy Academy                                     | 55 Brandt Place    | Amsterdam      |
| Sunday<br>June 9th        | 9:00am | Paul Smiths College<br>(Saunders Sports Complex)           | Route 30           | Saranac Lake   |
| Saturday<br>June 22nd     | 4:00pm | Catskill Recreation Center<br><b>(DEC candidates only)</b> | 651 County Hwy 38  | Arkville       |

PRE-REGISTRATION IS REQUIRED: (518)457-2500 EXT.1 or email [Info.Lifeguard@dec.ny.gov](mailto:Info.Lifeguard@dec.ny.gov)

The above qualifying procedures begin promptly and on time. Late arrivals will not be accepted.

**YOU MUST BRING YOUR OWN CPR MASK, THEY WILL NOT BE PROVIDED.**

We reserve the right to cancel. In the event of a cancellation, we will do our best to notify you in a timely manner.

For further information please call 518-457-2500 ext. #1, email us at [Info.LifeGuard@dec.ny.gov](mailto:Info.LifeGuard@dec.ny.gov) or visit us on Facebook NYS DEC Campgrounds or at [www.dec.ny.gov/about/726.html###LifeguardPositions](http://www.dec.ny.gov/about/726.html###LifeguardPositions)

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